

11 10 2021

Dear Roberts Annex Families,

This week, I thought I would take some time to share with you the bulletin board displays inside the school. With few visitors to the inside of the school building, we have been enjoying student work but wanted to share it with a broader audience. Please take a moment to enjoy our students work.



BRITISH COLUMBIA	
DAILY HEALTH CHECK	
KEY SYMPTOMS OF ILLNESS	WHAT TO DO
Fever (above 38°C)	If yes to 1 or more of these symptoms: Stay home. Contact a health care provider or call 8-1-1 about your symptoms and next steps.
Chills	
Cough	
Difficulty breathing	
Loss of sense of smell or taste	
OTHER SYMPTOMS:	WHAT TO DO
Sore throat	If yes to 1 symptom: Stay home until you feel better.
Loss of appetite	
Headache	If yes to 2 or more of these symptoms: Stay home for 24 hours. If symptoms don't get better or get worse, contact a health care provider or call 8-1-1 about your symptoms and next steps.
Body aches	
Extreme fatigue or tiredness	
Nausea or vomiting	
Diarrhea	
INTERNATIONAL TRAVEL	WHAT TO DO
Have you returned from travel outside Canada in the last 14 days?	If yes: Fully vaccinated students, staff and other adults who have travelled outside of Canada may qualify for the <u>fully vaccinated traveller exemption</u> . Students, staff and other adults who are not <u>fully vaccinated</u> and have travelled outside of Canada CANNOT attend school for 14 days after arrival , as part of <u>federal requirements</u> .
CLOSE CONTACT	WHAT TO DO
Have you been notified by public health that you are a close contact of a person confirmed to have COVID-19?	If yes: Follow the instructions provided by Public Health.

You can also check your symptoms with the [8-1-1 Health Check](#) or the [BC Self-Assessment Tool](#).

Call 8-1-1 with any questions about symptoms of illness. If you have severe symptoms, like difficulty breathing (struggling to breathe or you can only speak single words) or chest pain, call 9-1-1 or go to the nearest Emergency Department.

Visit the [BC Centre for Disease Control website](#) for more information on COVID-19.

Daily Health Check – new form

Thank you for your continued diligence in following our Communicable Diseases protocols which include completing a [daily health check](#) each day before students head off to school. This week, a new and updated version was shared with our school team. It is also available on the [VSB Covid 19 website](#) in several languages. One important point worth noting is the emphasis on the 14-day required self-isolation following international travel for anyone who is not or cannot be fully vaccinated. If you are thinking about booking a trip with your family, please note that **students not yet eligible for a vaccination will not be able to attend school for 14 days following their return to Canada from out of country trips.**

Common Sense Media

We have been having a few discussions lately with students about their digital citizenship – specifically making responsible choices with selection of TV/Streaming shows and video games. With so much to choose from, parents often find it difficult to preview to ensure for age-appropriate content. [Common Sense Media](#) is a great resource for parents which offers ratings and lists of a variety of media entertainment to help guide your choices together.

Have a safe weekend and enjoy each other!
Elyssa

Upcoming Dates of Note:

- Nov. 17 – PAC meeting 6:30 on Zoom
- Nov. 26 – District Indigenous Focus Day (No School for students)