



L'ÉCOLE BILINGUE

Monday, February 24, 2025

OUR VSB

Evelyn Harcus, Principal
Alice Jungclaus, Vice-Principal
Christopher Wong, Director of Instruction

Newsletter #12



Dear LEB Families,

This upcoming Wednesday (February 26) is Pink Shirt Day – a day to celebrate themes of acceptance, inclusion and kindness. Please encourage your child to wear pink this day to celebrate these themes and to show their school spirit!

This month, each grade group had their turn for a mini assembly to talk about recess time – play zones and options, as well as expected behaviour. We've also delved into discussions about how to be a good friend, showing respect, kindness, a flexible mind and self-advocacy. Please continue to check in with your child to hear about what their recess time experiences are like, what they are playing, with whom and how they are enjoying themselves. A large part of our student learning is what takes place during unstructured recess times.

Also, below I've included two book reviews from a couple of our library monitors. Check out their reviews of some popular novels. A culture of reading and talking about literature is wonderful and I encourage you to make time to promote literature in your home together, whether it's modelling it, talking about favourite books or reading together before bedtime. Reading and literature should be celebrated!

A reminder that Learning Update #2 is going home on March 10th – one week prior to Spring Break. Also, a reminder that the second informal learning update will take place in early May – a change from last year.

We hope you are enjoying the longer days, increasing daylight and the warmer temperatures.

Kind regards,
Evelyn Harcus, Principal & Alice Jungclaus, Vice-Principal

Lost and Found

Missing a jacket, mitts, toque? Please come by to check out the lost and found for those missing items, it's really piling up! We've moved our lost and found into the hallway by the music room while our LEB Art is on display in the main foyer.

LEB Art Show

Come check out our LEB artists and immerse yourself in the wonderful works of art! Families are welcome to come into the main foyer before or after school to enjoy the art pieces.



SAFE ARRIVAL – How to notify the school

If your child will be **absent from school** or **arriving late**, please inform the office by contacting the Safe Arrival line before 9am:

Safe Arrival phone: 604-713-4585

Safe Arrival email: lec-safearrival@vsb.bc.ca (You can CC your classroom teacher!)

Dress for the weather

It looks like the rainy and cold weather upon us! Students are expected to be outside during our two recesses, therefore, please ensure that your child is coming to school dressed to play outside. Sending a change of clothes is a good idea.

Punctuality

A friendly reminder to all that **school starts at 9:00am** and we would like to emphasize the importance of punctuality. Arriving at school on time is crucial as it sets a positive tone for the day and helps establish good habits that will benefit our students throughout their lives.

Thank you for your continued support in ensuring our students start their day together with their class, ready to learn and succeed!

Extra Snacks

We regularly have a number of hungry students coming to the office looking for an extra snack. If you could please have a chat with your child(ren) to see if they need a bit more lunch/snacks to get them through the school day, that would be most appreciated. It's important that bellies are satisfied so that students can focus on their learning and we're happy to help out where we can but our snacks are running low. Merci!

Utensils

If you have plastic forks to donate to the school, please send them to the office.

If you are ordering SUSHI lunch, please remember to send utensils, as each week several students are in the office asking for supplies.

FREE Parent, Guardian and Caregiver Sessions on Substance Use Prevention **Part 2: Mental Health & Decision-Making**

The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson, will host three, free virtual sessions for parents, guardians and caregivers that will focus on practical skills you can teach your child and youth (ages 0-19) to prevent substance use and mental health needs. These sessions will build on a previous presentation, which focused on practical conversation tools for speaking about substance use prevention with your children/youth. The [previous session](#) is not a pre-requisite for this session.

Key takeaways for participants during this session:

- Learn the factors that lead to substance use and mental health needs from a trauma-informed lens
- Focus on prevention rather than intervention/response
- Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
- Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of parents, guardians and caregivers

Participants must register in advance. Session dates are:

- [February 25, 6:00-7:30 pm PST](#)
- [February 26, 6:00-7:30 pm PST](#)

SUBSTANCE USE PREVENTION:
MENTAL HEALTH & DECISION-MAKING

A COMPLIMENTARY WEBINAR FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading adolescent Clinical Psychologist Dr. Hayley Watson for an online event that aims to help parents, guardians and caregivers gain a deeper understanding of substance use prevention and learn practical tools for supporting youth mental health.

Key Takeaways:

- Learn the factors that contribute to youth mental health/substance use
- Understand the skills that youth need to overcome these needs
- Acquire practical tools for empowering your child and youth to make positive choices
- Increase your ability to support your own mental health

Time: 6-7:30pm PST
Date: 20th, 25th, 26th Feb 2025

REGISTER NOW

Scan the QR Code to Register

2025 IMPORTANT DATES

Wednesday, February 26: Pink Shirt Day

Monday, March 10: Learning Update #2 goes home

March 17-28: Spring Break

Monday March 31: Return to school after spring break

LEB PAC NEWS

Spring 2025 Extracurricular Activities are being confirmed!

Registration will start next week.

There is more information on Choir, Lights Up! and Clay Positive! attached.

Below is the tentative schedule:

April to June 2025 Extracurricular Programs				
	Monday*	Tuesday	Wednesday	Thursday
Gym/ Gravel field	Vancouver Ultimate League Gravel Field Grades 5-7 Time: 3:15- 4:45 p.m. Fee: \$200 (8 sessions) Dates: April 7 to June 16 *No sessions on 4/21, 4/28 & 5/19. Registration link Contact: misfit@vul.ca		JR Tennis Gym Grades 2-5 Time: 3:05-4:35pm (Group) Fee: \$ + tax (11 sessions) Registration link Contact: Rilan rilanjrtennis@gmail.com	RBL Basketball Gym Grades 4-6 3:30 to 5:00 p.m. \$160+ tax (6 sessions) April 24 to May 29 Registration link - ? Contact: Leland Chung leland@rblbasketball.com
Music Room #166	WIZE Interactive Programming in Python Grades 3-7 Dates: ? (? sessions) Time: 3-4:30pm Fee: \$? Registration link?? Contact: Namrata Sood namrata.sood@wizeacademy.com	Lights Up Musical Theatre-Magical School Bus Grades K to 7 3:00-5:15 PM \$365+ GST (9 sessions) April 8 - June 3 Registration Link Contact: Billie Murphy billie@lightsuptheatre.ca	WIZE Scratch Jr. -Coding, & Animation Grades 1-2 Dates: ? (? sessions) Time: 3-4:30 pm Fee: \$? Registration link? Contact: Namrata Sood namrata.sood@wizeacademy.com	Clay Positive! Grades 3-7 3:00 - 4:30pm \$200+ GST (10 sessions) April 10 to June 12 Registration link? Contact: Syama Montenegro clayjolie.arts@gmail.com
	Monday*	Tuesday	Wednesday	Thursday
LUNCH TIME. Music Room #166		VEMS Junior Choir Grades K-3 Lunch time \$120+ GST (10 sessions) April 15 to June 17 Registration link Contact: president@vems.ca		VEMS Junior Choir Grades 4-7 Lunch time \$120+ GST (10 sessions) April 17 to June 19 Registration link Contact: president@vems.ca
* No classes on Pro-D days and holidays (April 21, April 28, May 19)				
Please remember that these programs are not school-sanctioned nor supervised by the PAC or by L'Ecole Bilingue staff. The instructors rent school space from the VSB Rentals Department and are fully responsible for the supervision of the students. Please ensure your child knows exactly where and when to go (or be there to help on the first day of the program).				

LEB STUDENT BOOK REVIEWS

THE LOST HERO BOOK REVIEW

School paper

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The lost Hero was a great book! It's the first book in the second series, and a great liftoff to get readers hooked for a new rollercoaster of new characters, new feuds, and friends, and a new enemy stirring in the ground! JASON Has absolutely No Memory, PIPER Has a secret that is killing her, and LEO Has a way with tools and junk! Percy fans are probably wondering where the heck their hero went, well, buckle yourself in, a new gang of heroes are in town! -A Must Read!

- New creatures + gods!
- Heroes galore!
- READ IT NOW!!!!

The Lost HeroThe Heroes of OlympusBook 1

Rick Riordan

Book ReviewWings of Fire

Wings of fire was a great series. It had action, adventure, mystery and great characters. It was based in a world of dragons and had tons of magic. A great read. I read each book at least twice. The first book is about 5 dragonets (young dragons) hidden under a mountain said to fulfill a great prophecy. Sounds cool, right? If you haven't read it yet, (it's quite a popular series) then I definitely recommend it. And if you're not the type of person who likes reading 200 paged novels, don't fret! There's a graphic novel version to! But so far the graphic novels only go up to book 8, whereas the novels go up to book 15. But the 9th graphic novel is in the making. Any way, overall a great series. We have all the copies at the library so if you want to read it come on down!

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