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L'ÉCOLE BILINGUE

Friday October 3, 2025

Newsletter #3

Hello / Bonjour L'École Bilingue Families,

Welcome to October! With the return of the rain and the arrival of autumn, we kindly remind all students to dress appropriately for the weather, as recess continues to take place outdoors. Items such as rain boots, rain pants, umbrellas, and waterproof jackets can help keep students warm and dry throughout the day.

As we wrapped up September, our school community was actively engaged in meaningful events:

On Thursday, September 25th, we held our annual LEB Terry Fox Run. A sincere thank you to Mme Gabrielle and M. Guillaume for organizing this important event, and to the Grade 7 students from Mme Fenrich's class for leading our warm-up. We also extend our gratitude to all families who contributed a "Toonie for Terry" in support of cancer research. If you would still like to donate, you can do so using the link below:

[L'École Bilingue Elementary - Vancouver, BC | Terry Fox School Run](#)



On Monday, September 29th, ahead of the National Day for Truth and Reconciliation, our school recognized Orange Shirt Day with a special assembly. Thank you to Mme Alison and the students of Division 7 for hosting this thoughtful gathering. As part of our ongoing journey in reconciliation, each class shared and taught a word from an Indigenous language spoken in Canada—an enriching experience for all.

Looking ahead, October promises to be an exciting month, with informal learning updates, a celebration of Thanks, and a PAC-sponsored event, *"The Halloween Haunt"*.

Warm regards,
Evelyn Marcus, Principal
Louise Plante, Vice-Principal



Lice Awareness Reminder

We've had a few cases of lice reported in some classrooms. We kindly ask all families to remain vigilant by regularly checking their child's hair. If lice are found, please begin treatment promptly to help prevent further spread. Thank you for your cooperation and support.

Cold & Flu Season Reminder

As we enter cold and flu season, we ask that families keep children home if they are feeling unwell—especially if they have a **fever**, **persistent cough**, or **excessive nasal congestion**, as these symptoms can be highly contagious. Your help in keeping our school community healthy is greatly appreciated.

Sports Equipment and Exploration materials - Donations Welcome

We are currently seeking donations of **new or used sports equipment** to support active play during recess. Items such as **soccer balls, basketballs, skipping ropes, frisbees**, and **exploration materials** (e.g., magnifying glasses, buckets, and shovels) are all greatly appreciated.

These contributions help keep our students engaged, active, and curious during outdoor time. If you have items to donate, please drop them off at the **school office**.

Thank you for your generosity and support!

Counsellor's Corner

Hello L'École Bilingue Families!

Can you believe it is already October? I hope you and your family are all settling back into routine and enjoying the start of fall.

As the school counsellor, I wanted to bring a couple of great resources to your attention.

Kelty Mental Health is a centre and resource hub run by BC Children's Hospital. They have a wealth of information and resources including Empowered Parenting and Healthy Living.

<https://keltymentalhealth.ca/>

The other resource is Anxiety Canada. This website has fantastic information about many different aspects of anxiety. There are videos, podcasts and webinars on a range of topics related to anxiety.

<https://www.anxietycanada.com/>

Finally, I would like to mention the Confident Parents, Thriving Kids program. This is a completely free program to support caregivers. There is a behaviour program and an anxiety program. If you are interested in knowing any more about either of these programs, you can take a look at the website, and get in touch with me for more information.

<https://welcome.cmhacptk.ca/>

That's all for now! Have a great weekend.

Laura

Safe Arrival

Absent/Late: If your child will be **absent from school** or **arriving late**, please inform the office by contacting the Safe Arrival line before 9am. Children who are not reported absent will receive a phone call from our office staff to ensure their safety.
If your child is arriving late, they must **sign in at the office before heading to class**.

Safe Arrival email: lec-safearrival@vsb.bc.ca (You can CC your classroom teacher!)

Safe Arrival phone: 604-713-4585

Please remember to state the **STUDENT'S FULL NAME**, **division**, and **reason** for absence.

Leaving Early: if a student is leaving school early, **parents - please present yourself at the office to sign the student out**. We will call the student down to the office. Thank you for your cooperation with this important safety measure.

Utensils

Please note the office has NO FORKS OR SPOONS. Please remember to send utensils with your child's lunch – especially for sushi day.

If you would like to donate clean/unused disposable forks/spoons, this helps our students who may have forgotten lunch utensils. Please send donations to the office. Merci!

Parking Lot & Traffic Safety

Please be reminded that the school parking lot located at the corner of Alder and 14th is for staff use only during school hours. Parents may park on the street to escort their children to their pick up/drop off spot. Additionally, please be reminded not to use the parking lot as a pathway to and from the school as it can be dangerous if there are cars coming and going. We are encouraging our families to move in a clock-wise direction around our school in order to help ease the traffic flow.

Punctuality Matters: A Reminder for Families

We kindly remind all families that school begins promptly at **9:00 AM**. Arriving on time is essential—it sets a positive tone for the day, supports classroom routines, and helps students build lifelong habits of responsibility and readiness.

Thank you for your continued support in ensuring students begin their day with their classmates, prepared to learn and thrive.

If your child arrives after 9:00 AM, please note that our **late sign-in clipboard** has been relocated to the tables just outside the office. Please write your child's **name and division**, and students should proceed directly to class **independently**.

 Student Highlight: Kirby Gabriel-Yu

We're thrilled to celebrate **Kirby Gabriel-Yu**, who made history this past June by becoming the **youngest Canadian ever** to earn a medal at the **WBC Muay Thai World Championships** in Verona, Italy!

What makes this achievement even more remarkable? Kirby accomplished this after just **11 months of training**—a testament to her dedication, discipline, and passion for the sport. Congratulations, Kirby! Your LEB community is incredibly proud of you.



Important Dates:

Wednesday October 8 and Thursday October 9 – Dismissal at 2pm for informal learning updates. More information to come from classroom teachers about booking times for informal learning updates.

Monday October 13 – Thanksgiving Monday – No school

Tuesday October 14 – Individual Photo Day

Tuesday October 21 – Trout Lake district cross-country meet (afternoon)

Friday October 24 – Provincial Pro-D Day – No school for students

LEB PAC NEWS

PAC Updates - Subscribe!

The school newsletter shares official school information only. Updates from the LEB Parent Advisory Council (PAC) - such as early notice of lunch and after-school programs, PAC-led events and initiatives, volunteer and fundraising opportunities, and how PAC funds support LEB students come through the PAC bi-weekly newsletter.

Subscribe at <https://lebpac.ca/newsletter> so you don't miss out on important updates. Join other LEB families and stay in the loop. Questions? Contact the PAC at hello@lebpac.ca.

LEB Yearbook

We enjoyed meeting you and your kids at the Welcome Back BBQ. We would love any pictures you took at the BBQ - please send them to our email address: yearbook@lebpac.ca letting us know the event and your kid/kids division.

We are changing our policy this year for accepting photos. For the yearbook sections, we will collect pictures up to 60 days after events. So, we will collect Welcome Back BBQ pictures until Nov 18th for that section. This way our volunteers can spread the work on the book out throughout the year. We thank you in advance for your cooperation!