

April 15, 2024



Sir Richard McBride Elementary

1300 East 29th St., Vancouver, V5V 2T3

Telephone (604) 713-4971

Principal: Ms. Carrie Sleep OAA: Ms. Carmen Roig Torres

Trustee: Ms. Suzie Mah

Director of Instruction: Ms. Janis Myers

Website: <https://www.vsb.bc.ca/schools/sir-richard-mcbride>



1 - With deep gratitude and respect, we are honoured to be learning and unlearning on the ancestral and unceded lands of thex^mməθk^wəyəm (Musqueam), Sḵwxwú7mesh Úxwumixw (Squamish Nation) & səlilwətał (Tsleil-Waututh Nation).





Daffodils and tulips are blooming on our school grounds telling us spring has arrived. Thank-you Ms. Ali Shaw, Ms. Mark and Ms. Ponce for organizing the planting. The school gardens are beautiful this time of year.



Social Media Awareness, Digital Citizenship, and Cyber-Bullying: May 8, 6:30 - 8:00

A PAC Sponsored Event

Dear Parents,

I encourage parents to attend the parent information session titled: ***Social Media Awareness, Digital Citizenship, and Cyber-Bullying***. In my role as elementary school principal, I unfortunately see negative consequences for students who engaging with social media in an unsafe way. Missteps on-line causes serious harm to others and irrevocable repercussions for students. Join us to support your child to interact responsibly on-line and to better understand current trends in how youth use social media.

Along with the parent session, students in Grade 4 - 7 will be participating in a 60 minutes presentation titled: *Establishing Safe, Caring, and Respectful Digital Communities*. Students will be in grade groups for these sessions held on April 29 and May 6.

Thank-you to the McBride PAC for supporting this valuable training for parents and students.

Ms. Sleep

SOCIAL MEDIA AWARENESS, DIGITAL CITIZENSHIP, AND CYBERBULLYING

FOR PARENTS/CAREGIVERS OF SCHOOL-AGED STUDENTS



DATE: Wednesday, May 8, 2024

TIME: 6:30 pm – 8:30 pm

LOCATION: Sir Richard McBride Elementary School 1300 E 29th Ave, Vancouver

As a parent/caregiver, you lead the charge as a digital role model. Help your child develop a strong digital citizenship foundation while reminding them that their digital tattoo reflects their real and online selves. Parents/Caregivers have an important role to play in providing support and guidance during critical periods. A snapshot of current trends and concerning apps will be provided to equip you in your digital parenting strategy.

DO NOT MISS THIS FREE EVENT!

- **Social Media Update** - The most current apps and trends in your children's social media lives
- **Digital Parenting Strategy** - How to have important conversations with your child around social media safety
- **Digital Footprint and Reputation** - With their future approaching, recruiters and employers are taking note - What will they find?
- **Family Tech Plan** - Recommendations for family guidelines and parental controls

Using today for a safer tomorrow
saferschoolstogether.com



Save the Date May 23

We are pleased to invite parents to the McBride Spring Concert on May 23rd. All students will be performing at this concert. Doors open 15 minutes before the event. There will be 2 performances to accommodate numbers. The concert will be filmed for those parents unable to attend.

Performance 1 9:30 am

Performance 2 1:30 pm

Parents can choose a time that suits their schedule.

McBride Sports This Month

Vancouver Basketball Association is providing 8 sessions for girls to play basketball. This is a casual session for players of all levels, including beginners. The goal is to provide girls with gym time, coaching and experience engaging in sports with their peers.

For Girls in Grades 6 and 7

April 18 - June 6, 3:00 - 4:30 pm in the McBride gym.

Cost \$75.00

No child will be excluded due to cost. Please contact the school principal csleep@vsb.bc.ca for financial assistance.



Badminton

Badminton nets are set up each day for P.E. classes. Tuesdays at lunch hour the gym is open and supervised by teachers for students to play gym.

Basketball

All McBride basketball teams continue to attend basketball practices. Coaches meet with their students before and after school as well as at the lunch hour. A big thank-you to Mr. Lombardi who supervises Grade 5 Boys at lunch hour. T

Stepping Stones

A lunch hour program for Grade 7 students transitioning to Tupper Secondary. Is your child attending Tupper Secondary in September? Students are invited to join this free program to connect with others, have fun and get their questions answered.



The poster features a photograph of several students gathered around a table in a school hallway, engaged in an activity. The background is a light blue color with a white wave-like graphic at the bottom. The text is in various shades of blue and white.

Mount Pleasant
Neighbourhood House

Grades 7
only

**STEPPING
STONES**

Join us for a noon-hour program
for Grade 7's only! Have fun and get
ready for high school.

Tuesdays (Once a month)
12:00 PM - 01:00 PM
April 23, May 21, June 18

McBride Elementary School

Why this is for you:

- ✓ Get your questions answered
- ✓ Play fun games
- ✓ Meet new friends
- ✓ Get free snacks!

For more info, visit: www.mpnh.org/our-programs/preteens-youth
Questions, contact Noora at nshirazi@mpnh.org or call at
604.879.8208 ext 325

RSC camp material 2024



Thank-you for respecting the traffic and parking signs around our school. Please be reminded that the driving limit in the school zone is 30km/h from 8 am to 5 pm on school days.

There is 3 minute pick up zones on Culloden Street (where the signs indicate) and on the other side of the school on Henry Street. THERE IS NO STOPPING AT ANYTIME ON EAST 29TH.

A great big thank-you to our Safety Patrol and to Ms. Carmen for keeping them organized. Watch for them please!

Please remember to **PULL OVER** when you are dropping and picking up your child(ren).

Are You Leaving?

Please let the office know if you and your family are moving and will not be attending McBride in September.

PAC Dollars at Work

In this section of the newsletter, we hope to highlight different ways we are using money raised by generous donations from the parent community. Today, we would like to highlight the individual magnet trays and letters purchased for students in Kindergarten to Grade 2. Magnetic letters are a quick way for students to build words and learn phonics. Teachers love the efficiency of magnetic letters and believe they are a great way to teach foundational literacy skills.



Noon Hour Clubs at McBride

Ms. Fiona Wade runs a Chess Club Friday at lunch for Intermediate students. On warm sunny days the Chess Club enjoys playing outside under the trees. Thank-you to Britannia Secondary who loaned us all the chess boards.



PAC NEWS

Parent Night Out

Please join the McBride PAC on **April 18** for our Parent Night Out at Bell and Whistles on Fraser Street. Tickets include a full meal with appetizers and optional drink. We'll have an amazing silent auction including gift certificates to your favourite stores and restaurants, fitness passes at local studios, wine baskets, signed Canucks memorabilia and so much more. Anyone in the community is welcome.

Get your tickets today at <https://mcbridepac.square.site> before we sell out."

The McBride Parent Advisory Committee (PAC) is the collective voice of families whose children attend Sir Richard McBride Elementary. All parents and guardians of students registered in the school are able to participate and are members of the PAC.

The PAC Executive

Co-Chairs: Newton H and Sherry K

Co-Treasurers: Lisa D & Amanda S-G

Co-Secretaries: Deepshikha G & Grace L-A

We encourage all parents to register for our mailing list to stay informed of PAC Community Events and special school activities. To reach the PAC with questions or to join our mailing list email:

mcbrideelementary@gmail.com

The next PAC meeting will take place **Wednesday, April 24 at 6pm** in the Library.

Hot Lunch Program

Hot Lunch ordering is happening every month. Please watch your email for registration and ordering information.

Please send cutlery and a WATER BOTTLE with your children!

All ordering is done online.

Thank you for your continued support.



2 - Safe Arrival at McBride. Please call before 9am 604-713-5159 Extension "51" and leave a message or email mbrattendance@vsb.bc.ca.

IMPORTANT DATES TO TAKE NOTE OF

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 2024						
	1 Easter Monday	2 School Re-opens	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17 9:00am to 12:00pm - Div. 4 & 5 on a fieldtrip	18 1:30 - 2:30pm Earth Day assembly	19 10:00am - 12:00pm Cooking with Div. 2, 6, 10	20
21	22 PRC-D District Wide	23 Gr. 6 Immunization	24	25 9:00am - 3:00pm Div. 4 Field trip	26	27
28	29 9:15am Sefer schools together Grade 4 11:00am Sefer schools together Grade 5	30				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>May 2024</h1>						
			1	2 2:00pm - 3:00pm "Big One at 2"	3 1:30pm - 2:30pm Performance "Ache Brazil" in gym	4
5	6 9:15am Safer schools Together Grade 6 11:00am Safer schools together Grade 7	7	8 10:15 am WTK 6:30pm Safer schools together Parent Session	9	10 8:45am - 3:15pm Div. 4 Fieldtrip 10:00am -12:00pm Cooking with Div. 2, 4, 10	11
12	13	14	15	16	17 1:30pm - 2:30pm Professor WOW performance in gym	18
19	20 Victoria Day	21	22	23 9:30am - 10:30am Spring Concert 1:30pm - 2:30pm Spring Concert	24 10:00am -12:00pm Cooking with Div. 2, 4, 10	25
26	27	28	29	30	31 9:00am - 12:00pm Sports Day 1:00pm - 2:00pm Sports Day	

