

CAS, TOK, EE

Descriptions, Samples, Links

CAS (Creative, Active and Service), ToK (Theory of Knowledge) and EE (Extended Essay) are important parts of the Diploma program. One of the goals of the IB Diploma program is to develop the well rounded individual and CAS, ToK and EE are critical aspects of that goal. Each addresses a specific area. CAS is a requirement to engage in activities outside the classroom that develop creative skills, physical activities and community service. ToK is taught as a course to develop critical thinking skills. EE is an independently researched 4000 word thesis that teaches research writing skills and the clear presentation and argument of an idea.

Detailed information on each of these areas is available in the Student Support area.