



We are proud to acknowledge that we live, work, and learn on the traditional and unceded territories of the Musqueam, Squamish and Tsleil-Waututh Coast Salish peoples.



**Feb 1st, 2019**

**Admin Team Message**

It is now February, and we are entering the second half of the school year. It will not be too long before spring arrives, and Tennyson has been a busy place! Students have been engaged in many projects, activities, excursions, athletics, and of course enjoying watching the construction progress. Our Grade 7 students are very much looking forward to the upcoming Quebec exchange later this month. We want to thank our PAC for their involvement with many aspects of school life, and to thank all of our parents (you are all members of the PAC!) for all of your tremendous support of our school. We also want to acknowledge our dedicated staff members who work with our students each and every day, and put their all into our students. Have a great February!

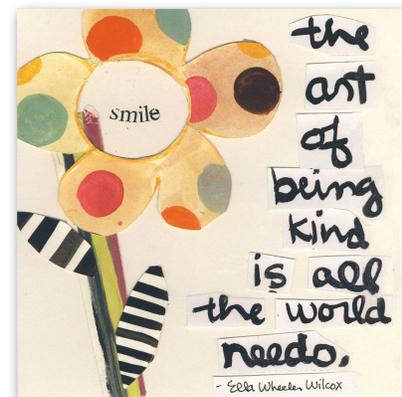


**FI K Registration – Sibling Priority and Need to Register \*Time-Sensitive\***

To apply for French Immersion Kindergarten, you must have completed your child's Registration at their English Catchment School by the end of January. The application period for Kindergarten Choice Programs closes on **February 4, 2019 at 4pm**. Even if your child already has a sibling at Tennyson, you MUST apply through the VSB Choice Programs website.

**Pink Shirt Day – Promoting Kindness, Empathy, Gratitude**

The District Pink Shirt Day is on Wednesday, February 27<sup>th</sup>. However, with most of our Student Leadership Grade 7 team being away in Quebec on this day, we will hold our Pink Shirt Day Assembly a week earlier on **Wednesday, February 20<sup>th</sup>** in the morning (even divisions at 9:15 am, odd divisions at 11 am.) Rose (Grade 6 student) is excited to be our videographer this year and next year. She will put together a Pink Shirt Day Tennyson video incorporating our students' ideas on kindness, empathy and gratitude.



*Principal: Douglas Roch*  
*Vice Principal: Regina Vosahlo*  
*Admin Assistant: Veronica D'Angelo*



*Director of Instruction: Magdalena Kassis*  
*Liaison Trustee: Fraser Ballantyne*  
*PAC Chair: Jo Gromadzki*

## School Goal & Mission Statement

Did you know that all public schools in BC have a School Growth Plan and subsequent school goals? Tennyson's first school goal is related to social-emotional development in our learners. In the VSB, school goals are written as inquiry questions.



Here is ours: In what ways and through what methods can we work collaboratively as a school community (staff, parents, outside agencies) to improve students' well-being by fostering independence, resiliency and self-regulation through the target concepts of *kindness, empathy, and gratitude*? We know that families and school staff working together on these target areas with our learners will have benefits for our children and for our community. So, thank you for being a part of these goals!

## Athletics – Basketball Teams

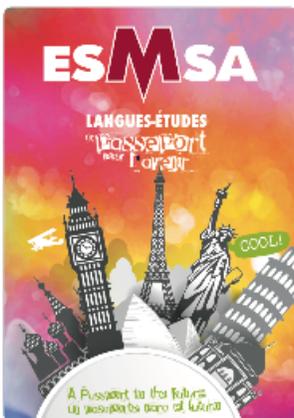
The basketball season is underway with the four Tennyson teams (Junior/Senior Girls, and Junior/Senior boys) engaging in various home games, as well as games within our community of schools. Our students have been demonstrating both strong effort and sportsmanship, as well as a lot of skill and perseverance. A big thank you to our amazing parents who have been coaching, and to our staff members who have been coaching, supervising, and doing referee roles at the games (Merci M. Carrier, Mme George, Mme Vosahlo, and M. Thomas).





### Dressing for the Weather

With the variable winter temperatures and rain, please ensure that students come dressed for the weather (for both cold and wet). With our reduced footprint, we do open the basement for rotating grades on very wet days, but cannot accommodate all of our students, so they should expect to be outside. We have undercover areas if needed, but it can still be cold if students do not have coats, boots, etc. We have noticed that some students from primary through Gr. 7 are not coming with coats.



### **Bilingual Exchange 2019 to Beaupré, Québec**

The Grade 7 students have been diligently preparing for their much awaited trip to Beaupré, just north of the Old Quebec City. The students have been communicating with their twin Grade 7 students from Mont-Sainte-Anne Secondary School since fall. They will get to visit the families from February 21-28, 2019. This will be an exciting time of practicing their French and learning more about the cultural history of Quebec while visiting Quebec city, Plains of Abraham, sugar shacks and engaging in activities such as wall climbing, tubing, snowshoeing and many

others. The students will be accompanied by Mme Renée, M. Carrier, Mme Christine, Mme Adrienne, and Mme Vosahlo. We would like to thank these teachers for working tirelessly in organizing this trip as well as to our parent committee for all their hard work. Bon voyage!



### **Proposed school calendar for 2019-20; 2020-21; 2021-22**

The updated proposed school calendar for the next 3 school years has now been posted on the VSB website. We work closely with our neighbouring districts to ensure alignment of dates as much as possible.

<https://www.vsb.bc.ca/Calendars/Pages/School-Year-Calendar.aspx>

This calendar includes proposed dates for Winter Break and Spring Break for 2019-20, 2020-21, 2021-22 - as well as proposed dates for Non-Instructional/Professional Days for the 2019-20 school year.

Should parents wish to provide any feedback, they are welcome to do so by emailing [calendar@vsb.bc.ca](mailto:calendar@vsb.bc.ca). Feedback will be received until February 15th, and will be taken into consideration when the calendar is finalized. We anticipate that the final school calendar will be approved by the Board and published by early March. Thank you.



### **Safe Arrival**

If your child is late or absent, please continue to call the Safe Arrival line prior to 9am. If the absence is for more than one day, you only need to call once if you let us know all of the dates. The number is: (604) 713-5159 and then press '84'.

## Tennyson 2020 – Construction Updates

Construction continues and you can now see the full footprint of the school as DGS works to complete the foundation of the new building. We wanted to thank our Tennyson 2020 PAC Committee who is looking into options for the new playgrounds, and for helping us to maintain our sandboxes that young students enjoy using. Also, a thank you to DGS Contractors who kindly gave us some of the sand that they brought in for the site to replenish the sand boxes! Our new website “Tennyson 2020” page is working and we have started to add items to it. On the website, go to “About Us” and then “Tennyson 2020” where we are starting to post photos, plans etc.



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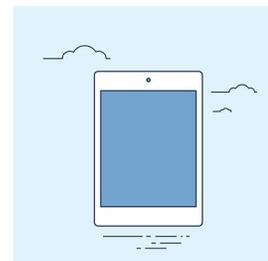
### Developing Healthy Sleep Patterns in Children

Research tells us that healthy sleep patterns are vital for optimal function and performance in children and adults alike. We know that those who have disrupted sleep can struggle during the day, in various ways. From a school perspective, we recommend that all of our students get an adequate sleep. Here is an article that might be of interest:

<https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/American-Academy-of-Pediatrics-Supports-Childhood-Sleep-Guidelines.aspx>

### Wondering about Children and Screen Time?

We often have conversations about children and screen time – should there be time limits? Should it be supervised? Does it have a positive and negative effect? There are different perspectives on this. Here is a few interesting articles that could be worth a read.



<https://www.cps.ca/en/documents/position/screen-time-and-young-children>

<https://www.cbc.ca/news/canada/calgary/screen-time-kids-study-university-calgary-1.4996102>



### IMPORTANT DATES

\*Please check the school and PAC websites for the ongoing addition of items and events\*

**Feb 4: Kindergarten Registration closes for K Choice applicants**

**Feb 15: Curriculum implementation Day – no school for students today!**

**Feb 18: BC Family Day (stat holiday)**

**Feb 20: Pink Shirt Day @ Tennyson**

**Feb 21-28: Gr 7 students are in Quebec on Exchange**

**Feb 25: PAC General Meeting @ 7pm in the library**

**Mar 7: Junior Choir Performance @12:20 in the Gym**

**Mar 12: Senior Choir Performance @ 12:20 in the Gym**

**Mar 18-Mar 29: Spring Break**

**April 1: Back to School!**

**April 1-5: Spell-a-thon Fundraiser**

**April 12<sup>th</sup>: Performance: Dancers of Damelahamid (Coast First People's cultural origin)**

