

LORD STRATHCONA ELEMENTARY

592 East Pender Street

Vancouver, B.C. V6A 1V5

Tel: 604-713-4630

Principal: Mr. Jason Eng

Vice Principal: Mr. Dominic Maggiolo

PAC Chairperson: Ms. Krista Sigurdson

School Trustee Liason: Barb Parrott

FEBRUARY & MARCH NEWSLETTER

PRINCIPAL'S MESSAGE

Dear Strathcona Families,

It has certainly been a busy last couple months, and we are all ready for Spring Break to come. I am amazed by all the work being done in the school by students and staff. All teaching and learning taking place at Strathcona is authentic, student centered, respectful of multiple perspectives, and personalized. So many examples of this were demonstrated through the focus on antibullying during Pink Shirt Day, the educational focus around learning about important figures in the African community during Black History Month, and the ongoing work around exploring the topic of antiracism. Our goal as a school is to keep the dialogue and learning around these important topics and others year round!

COVID 19 has made us think differently about the way we plan and carry out the annual multicultural fair traditions, but we kept the spirit alive with virtual assemblies, an outdoor lion dance performance, and student displays of personalized multicultural projects. It is also so exciting to see whole school engagement during the early stages of the school carving project. You will see this come to life in the coming weeks and months in the courtyard. Our school had a virtual assembly to provide the carver input in the carving design that represents the values of the school and respects the traditional lands of the Musqueam, Tsleil-Waututh, and Squamish Nations that we live, work, and learn on.

We have had a lot of fun coming together as a school community utilizing TEAMS for virtual assemblies, student presentations, and showcases of work, and even morning announcements "6:00 News Style"! We are looking to record some of these and share them with parents so stay tuned.

Wishing you all a relaxing and safe two weeks off! See you back at Strathcona on March 29th.

Jason Eng
Principal Strathcona

BLACK HISTORY MONTH

Strathcona has been working on taking time to notice and uplift the voices and lives of Black people here and around the world. This has also been a time where we reflect on the history of Black people and the tremendous racism these communities have had to endure.

Some of the ways we are doing this is through in-class activities, library display case showcasing books on Black history and Black authors, and daily showcases of Black activists and leaders through our morning announcements. In BC, there are many members of the Black community that have made deep contributions to our province.

Some of the groups and leaders showcased were Black Lives Matter Vancouver and Lama Mugabo (a member of the Hogans Alley board of directors).

BLM Vancouver

"BLM Vancouver is feminist, anti-racist, anti-capitalist, abolitionist, and internationalist. They aspire to uphold these principles in their work simultaneously while acknowledging their deep, committed solidarity with Turtle Island's Indigenous peoples. Their mandate to center all Black Lives. In support of Black healing, the affirmation of Black existence, and in response to the anti-Black racism that permeates nationally, Black Lives Matter works to forge critical connections through education and policy reform, embodying the promise of a safe and limitless future for Black people in Canada."

Lama Mugabo

"Lama Mugabo is a community planner with a passion for social housing, food security, nutrition, and wellness."

A member of the Hogans Alley board of directors, Lama leads engagement projects that provide opportunities for members of the diaspora to build interrelationships with the community. Lama uses gardening, nutrition, and wellness as a platform to connect and inform. Lama's work prioritizes food security and nourishment, encouraging the tenants and members to engage in a healthy, active lifestyle."

These writes ups were taken from the city of Vancouver's website and we invite you to learn more about Vancouver Black leaders and activists at: <https://vancouver.ca/people-programs/celebrating-vancouver-hometown-heroes.aspx>



STRATHCONA CARVING PROJECT

Lord Strathcona School is starting a schoolwide wood carving project with Sk̓wx̓wú7mesh|Squamish Kwakwaka'wakw carver, Xwalacktun. He focusses on the Coast Salish style, and he enjoys collaborating with his clients. It gives the artwork the spirit of its community and the ability for the community to tell their story.

Every class had an opportunity to discuss and record what animals, images and values the students felt represent the Strathcona community so that we could use the information to put on the carving. A common theme that the students felt were very important were the land, the water, and the sky. Animals that were picked most often were the eagle/thunderbird, raven, salmon, and the wolf.

Students felt that it was important to acknowledge

the three local nations (x̓m̓əθk̓wəy̓əm|Musqueam, Sk̓wx̓wú7mesh|Squamish, and səliłwətał |Tseil-Waututh Nations), and to emphasize these core values: acceptance/equality/inclusivity, the community/family, helpfulness, kindness, respect, and sustainability. We chose the Eagle/Thunderbird, Salmon, and the Wolf to represent Strathcona and to acknowledge the territories that we are in. These animals embody what the students feel are important to this community.

On Friday, March 5, 2021, Xwalacktun will come to the school to smudge the wood. This is a common practice in his nation to thank the tree for giving us life, giving itself to us to carve it, and to start the project with good intentions. He will be here every Friday after that to complete the project and to give every class a chance to try carving and to interact with him.



MARK YOUR CALENDARS



WHAT'S GOING ON AT STRATHCONA

Monday, March 1 – Friday, March 5	Multicultural Celebration (Virtual)
Monday, March 15 – Friday, March 26	Spring Vacation, school not in session
Friday, April 2	Good Friday, school not in session
Monday, April 5	Easter Monday, school not in session
Monday, April 26	District wide Pro-D day

STUDENT SHOWCASE



Div. 7 – Mme. Simard Black History Month write ups

P.K. Subban

- written by Stellan, Division 7

P.K Subban was born May 13, 1989 in Toronto Ontario. He is currently a professional hockey player for the New Jersey Devils and you may recognize him as the cover athlete for the NHL 19 video game. Even though Subban grew up in Toronto, he was never a fan of the Maple Leafs, instead he was a fan of the Montreal Canadiens which is where he began his NHL career.

P. K. Subban is very generous with his money. He is currently raising 10 million dollars for the Montreal children's hospital, a goal that he intends to reach by 2022. In June 2020, after the death of George Floyd, Subban donated 50,000 dollars to help George Floyd's daughter. He is clearly a very good hockey player and a very generous person.

Barbara Howard

- written by Vanessa and Marlow, Division 7

Hi! Our names are Vanessa and Marlow. We are here to talk to you about Barbara Howard.

Barbra Howard was born on May 8, 1920, in Vancouver BC. Barbara Howard was an athlete and an educator. She was the first black female athlete to represent Canada in an international competition! When she was still 17 years old, she broke the British empire record for the 100-yard dash, and the amazing thing is that did it in 11.2 seconds! She had three brothers that she attended at Lora Second Elementary School with, and she also went to Britannia High School. That's when she started to notice she was really fast at running.

Barbra Howard also worked here at Lord Strathcona Elementary School and at Hastings, Henry Hudson's and Trafalgar Elementary School's for 40 year's! There is a sign about Barbara Howard on one of the poles outside of our school, make sure to go check it out! She sadly passed away in 2017 January 26. But amazingly she passed away at the age of 96. Barbara Howard was an amazing person, and she helped many students here at Strathcona.

We hope everybody remembers her and the amazing things she did. Thank you!

Rosemary Brown

- written by Ruby, Division 7

Rosemary Brown was a social worker and politician. She was born on June 17, 1930 in Kingston, Jamaica. She died on April 26, 2003, in Vancouver, BC.

Rosemary Brown was Canada's first Black female member of the provincial legislation and the first woman to run for leadership of a federal political party. In 1972 Rosemary Brown entered provincial politics as a NDP candidate. She was encouraged to run by fellow members of the Vancouver Status of Women Council. On August 30th she won her seat in the riding of Vancouver Burrard. She became the first Black Woman to sit in the legislative assembly of BC.

During her 14 years as MLA she created a committee to remove sexism in BC's educational material. In 1975 she ran for leadership of the Federal NDP with the slogan "Brown is Beautiful". She broke colour barriers in the federal arena when she ran ahead of three other candidates.

If you go downtown, near the Roots store on Burrard Street, you will find a lane named Rosemary Brown. A few years ago Vancouver city council voted unanimously in favour of naming this alley to honour her.

Ilyasah Shabazz

- written by Donya and Nova, Division 7

Hi! Our names are Nova and Donya. Today we will be presenting Ilyasah Shabazz.

Ilyasah was born on July 22 1962. She is now 58 years old. Ilyasah lost her father when she was only 2 years old. Her father was Malcolm X. He fought for equality!

Her and her father both believe that equality means that people aren't discriminated by the colour of their skin. Ilyasah fulfilled her father's dreams by writing books about him and human rights.

Ilyasah believes that if you focus on love it can erase hate. Here is a quote by Ilyasah Shabazz: "My greatest accomplishment is the ability to love, it is easy for me to do the work I do, because I love unconditionally."

If you would like to know more about her and her father, Malcolm X, you can visit our school library and borrow the book "Malcom Little". Ilyasah wrote this book about her father.

Viola Desmond

- by Adie and Frieda, Division 7

Viola Desmond was a civil rights activist. In 1947, she went on a business trip and her car broke down. To pass time, Viola went to a cinema and she bought a downstairs ticket, but the ticket seller refused to take her money.

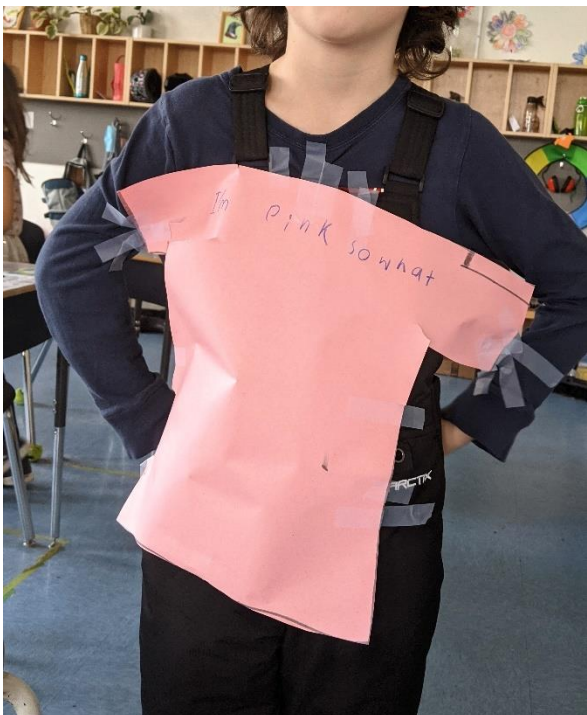
The ticket seller said I can't allow you to get a downstairs ticket to you people. What the ticket seller meant was that Viola Desmond couldn't get the good seat because she was a woman of color. Viola Desmond sat in the front row anyways. She got arrested and spent the night in jail.

Police officers and the Supreme Court said that she didn't pay the cinema tax, but it was really because of her race. Viola Desmond got pardoned in 2010 but she died in 1965. They pardoned her after her death, but we think they should have pardoned her way earlier.

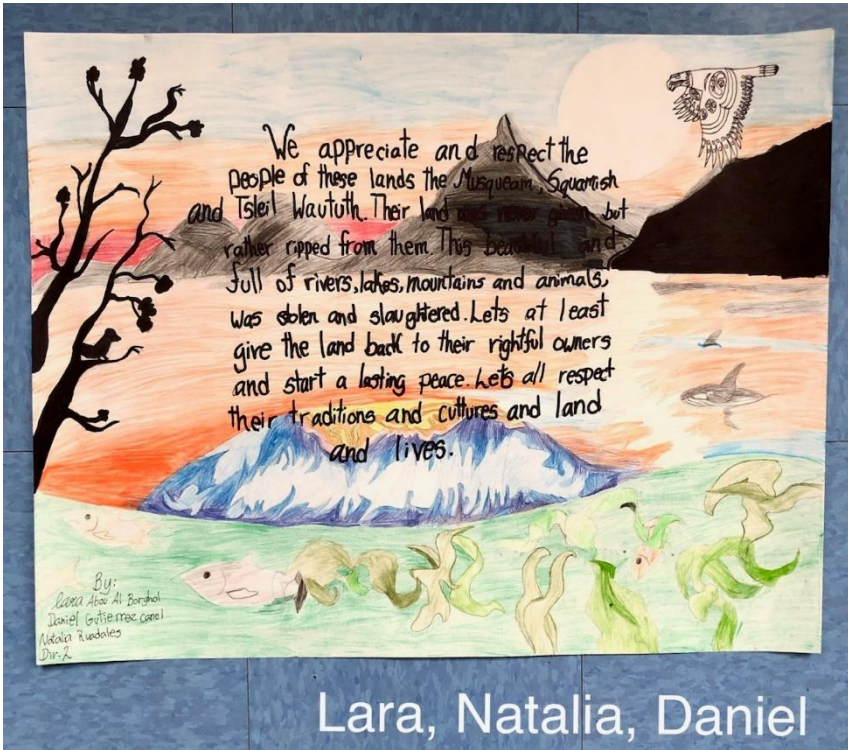
A few years ago, Viola Desmond replaced Sir John A Macdonald on the Canadian 10-dollar bill. Sir John A Macdonald was the first prime minister of Canada. We are proud that they finally changed the rule and accepted to put her on the Canadian 10-dollar bill.

We encourage you to learn more about Viola Desmond. You can find some books on her at our school library.

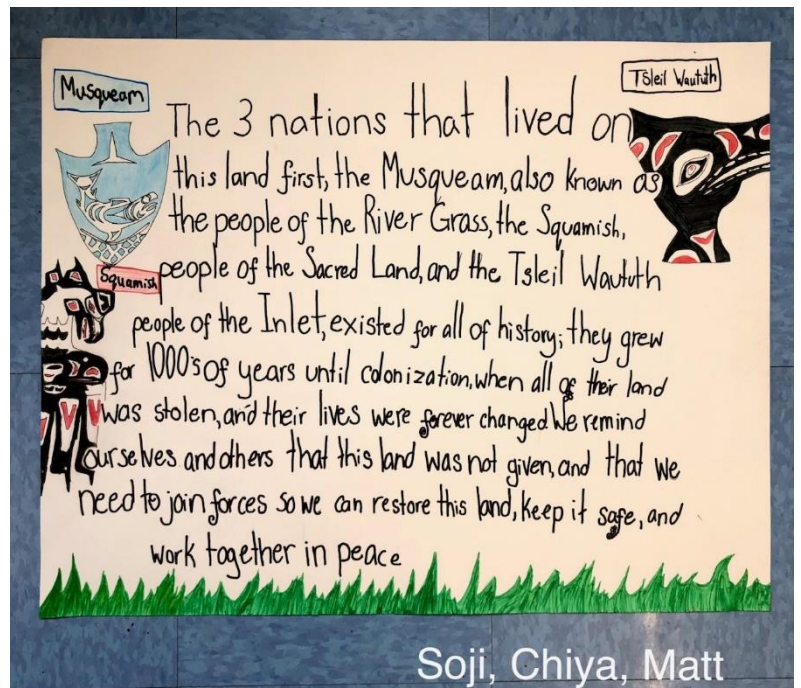
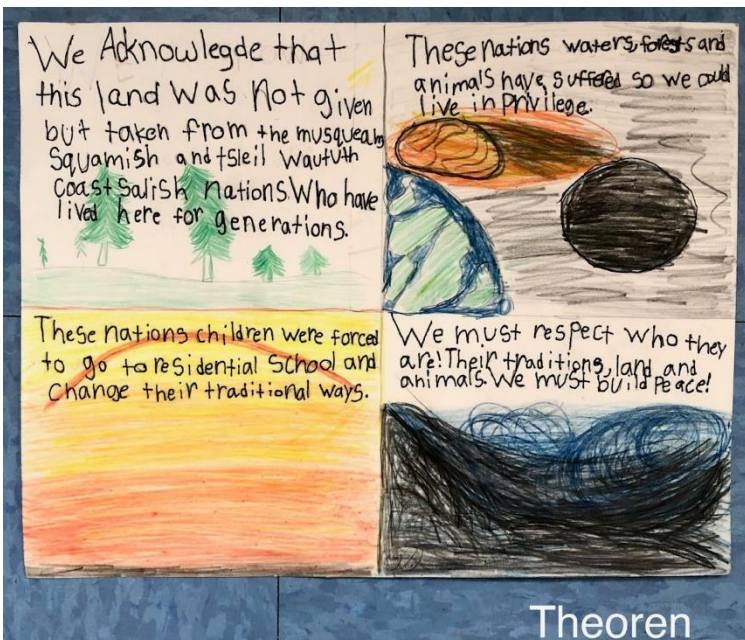
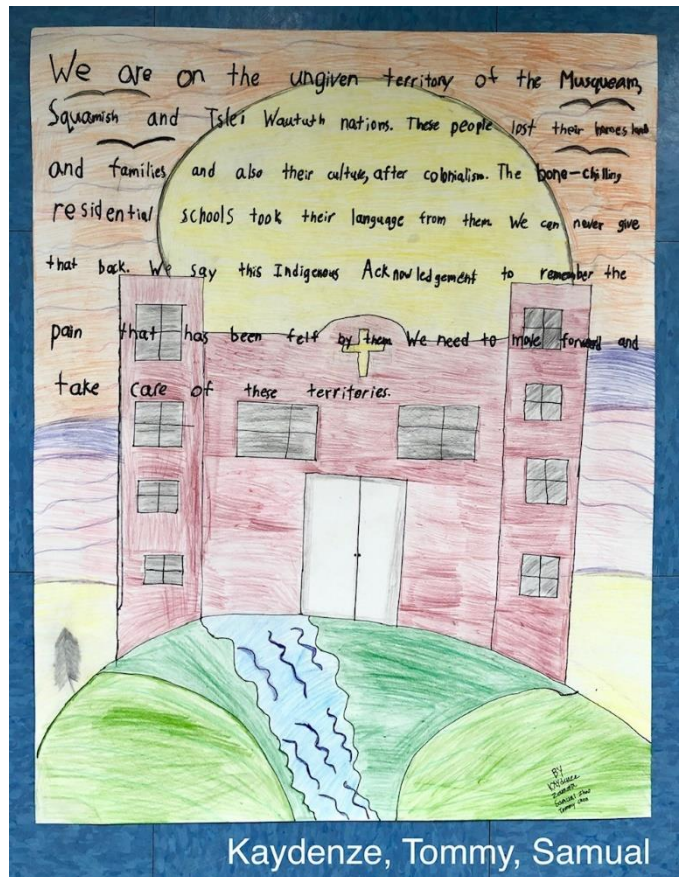
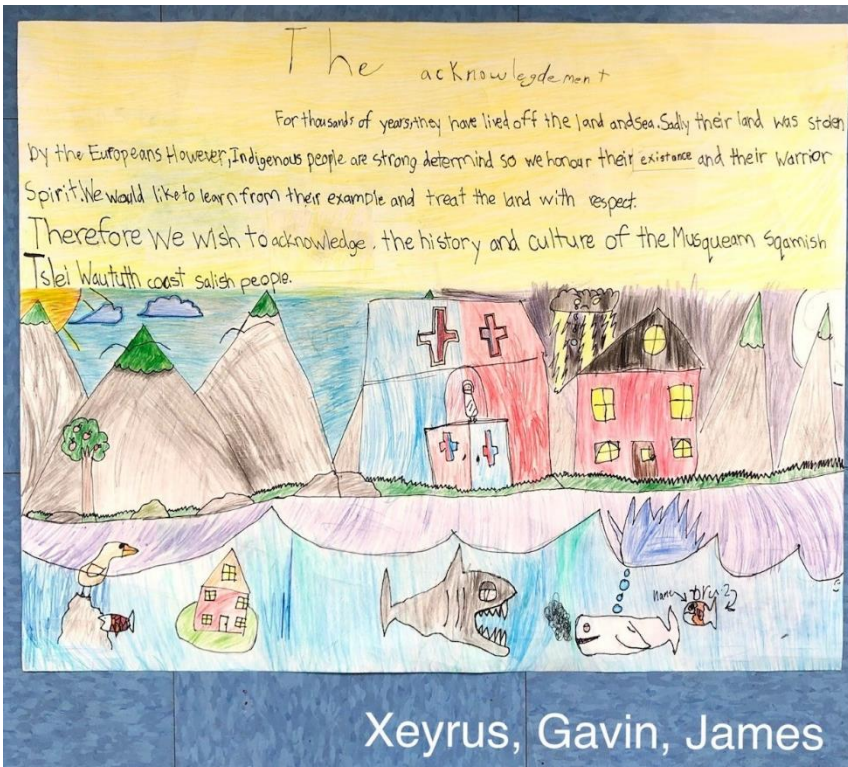
Pink Shirt Day



Div. 2 – Ms. Chudnovsky and Ms. Campbell's class



"Throughout this semester the grade 6/7 class of division 2 have been focusing on learning about the history of the Indigenous, Coast Salish Nations. For the past month, we have been involved in the making of thoughtful acknowledgments, which we have turned into posters to be displayed around the school. These acknowledgments are about us sharing our opinions and spreading awareness about this topic. Our goal is for people all around to take in the knowledge we have provided in order to change the way we treat and think about this land to help take care of our environment." – Soji & Matt









Dear Strathcona Parents/Guardians,

It's been a hard year for many families and we hope the PAC can provide some sort of normalcy. Fingers crossed that we'll all be vaccinated by the summer and we can meet in person in the fall!

The PAC board has decided to highlight guest speakers at general meetings. We'd love to include students, teachers or other community leaders to share their work. At our February meeting, we were joined by **Robin Roberts, Indigenous Education Teacher** at Strathcona. Mr. Roberts shared information about his work at Strathcona and about the school's work on developing a carving project. Thank you Robin!

At our next general meeting (March 31, 6:30pm), we have invited **Daniel Stevens, The Director of Emergency Management with the City of Vancouver** as a guest speaker. He will be sharing with us information about our school site's role as a disaster support hub and answering disaster preparedness questions from the PAC. Thank you Daniel!

This year (2020-21) is going to be my last year as PAC chair. It has been so fun but it's time for me to focus on my job, family and volunteering at DPAC.

Thanking teachers/staff

Many parents/guardians have expressed how grateful they are to teachers, administration, and staff (especially engineering/custodial staff!) for all the work that they are doing to keep kids safe and at school!! One of the topics the PAC board is discussing is how to thank teachers and staff for their hard work this year. Normally, we would plan a potluck or bring in catering but neither are possible this year. **If you have ideas for how to thank teachers/staff and can help make them happen**, come to a meeting or reach out!

School Grounds Safety Committee

The PAC school grounds safety committee will be presenting to the VSB Facilities and Planning Committee on March 10, 2020! We hope lots of you will tune in to listen to Carla Frenkel and Drew Stewart or watch the recording after. Click on the VSB calendar here then on the Facilities and Planning Committee calendar date to find the streaming [link](#). Thank you Jamie and Carla and the school grounds safety committee!

Rattle Making Workshop

Jamie Smallboy, the PAC Indigenous Rep and Donna Lokhorst, Indigenous Enhancement Worker, have worked on developing a rattle making workshop for students at the school that our PAC intends to support financially. Come to PAC meetings or offer to help out if you can! Or inquire with Ms. Lokhorst for more information. Thank you Jamie!

PAC Constitution Committee

The PAC has struck a committee to look at updating our constitution. If you are interested in joining or hearing more, please contact one of us or come to a meeting. What changes are we discussing? We are looking at moving our AGM to September, adding an Indigenous representation/education objective, and adding language to reflect that our meetings are (and may continue to be) held online.

Joining the PAC Board

We are looking for new PAC board members to join for the 2021-22 year! If you are interested, or can help us find new members, please reach out with any questions or ways you can help! This year (2020-21) is going to be my last year as PAC chair. It has been so fun but it's time for me to focus on my job, family and volunteering at DPAC.

PAC Meetings

We would love to get more parents/guardians at our PAC meetings. Now that they are on zoom, we're hoping you feel free to join in when you can and have your kids listening along in the background.

Our meetings will be held on the following dates

- Mar 31, 2021 06:30 PM (Draft agenda [here](#))
- Apr 21, 2021 06:30 PM
- May 19, 2021 06:30 PM
- Jun 16, 2021 06:30 PM (AGM)

All meetings are on zoom and can be joined using the same link [here](#).

Thank you to Tracy Kong, neighborhood assistant, who provides us with simultaneous verbal Chinese translation at PAC meetings.

How to find the PAC

Our PAC has a [website](#) where you can find meeting minutes, our constitution, PAC board member names and more. We also have a [Facebook](#) and [Twitter](#) page. And, you can subscribe to our listserv by clicking [here](#).

Warmly, Krista

Krista Sigurdson, chair strathconaelementarypac@gmail.com

Secretary: Megan McKinney strathconapacsecretary@gmail.com

Treasurer: Dawn Brennan strathconapactreasurer@gmail.com

Members at Large:

- Carla Frenkel (School Grounds)
- Vicky Huang
- Tiffany Kindrid (Income Equity Representative)
- Andrew Ledger
- Eva Sam (Chinese Communication)
- Jamie Smallboy (Indigenous Representative)
- Drew Stewart (School Grounds)
- Erika Xu

Head Lice

Head lice, also known as pediculosis, can be itchy and uncomfortable, but are not a major public health concern. They do not spread illness or disease. Head lice spread from person to person. Schools, parents and the school public health nurse all have a role to play in the control and management of head lice.

Health Authority's role

The school public health nurse does not perform individual or group checks, support mass screening head checks or provide treatment to individuals or groups. Instead, he or she will:

- Ensure schools are provided with standardized, evidence-based head lice information for staff, teachers and parents.
- Act as a resource for clarification or information about the management of head lice including speaking to parent groups, advisory meetings or preschool/kindergarten entry meetings as requested.
- Provide support and resources to schools for development of head lice management practices. We do not support exclusion from school due to head lice.
- Build capacity of facility staff, parents and other caregivers in the treatment and management of head lice.

School's role

- Implement head lice management protocols and guidelines based on best practices and health recommendations. Our head lice package includes a [notice to parents](#), [head lice in the classroom letter](#), [fact sheet](#) and [treatment options](#) materials for you to use.
- Promote best practices for head lice management as outlined by the public health nurse. This can include holding annual or biannual head lice awareness weeks where activities are designed to promote facts and dispel myths or distributing ongoing awareness materials and head check reminders via newsletters, websites, bulletin boards, health fairs, open houses, parent-teacher evenings, PAC meetings or other group events.
- Develop a resource library or section on the school website with information and best practice guidelines for management of head lice.

Parents' role

- Take a proactive approach in understanding lice facts and myths.
- Teach your child about prevention of head lice (not sharing hats, headsets, scarves, helmets, etc)
- Ask questions and get information about lice, prevention and treatment options.
- Check the heads of every member of the household when lice have been identified in a close contact.
- Only treat household members who actually have head lice.
- Use a recommended treatment.



For more information, the **Vancouver Coastal Health School Health Manual** can be found here:

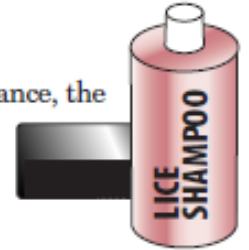
<http://www.vch.ca/public-health/children-youth-schools/school-health/vancouver-school-health-manual>

Chapter 16 Head Lice – has a document that lays out the responsibility of public health, the school and parents/guardians, and useful resources.

Getting Rid of Head Lice

Option A: Head Lice Shampoo & Cream Rinse

Special head lice shampoos and rinses are a safe and effective treatment. Due to possible resistance, the shampoo may not be as effective as the other methods. Approximate cost is \$11-\$14 per bottle. The shampoo or cream rinse kills the head lice on the head but may not kill the nits. The nits need to be removed from the hair using a special “nit” comb and by using your fingernails.



STEPS TO FOLLOW

Do	Remember
1. Check the heads of all household members. Using a fine toothed lice comb, check the entire head, especially behind ears and back of neck. You are looking for live lice.	If one person in a house has head lice, there is a good chance that other household members have head lice too.
2. Treat infested household members at the same time. Read and follow the directions on the head lice shampoo or cream rinse carefully.	Unless you treat all infested household members, head lice can be passed on from one person to another when heads touch.
3. Remove all dead lice and nits using a nit comb or your fingers. Rinse nit comb or fingers in a sink or bowl of warm water and wipe dry after each stroke.	Metal and plastic nit combs are available at your local pharmacy. If the nit comb tugs the hair, try untangling the hair with a wide tooth comb first and then try the nit comb again.
3. Wash clothing worn in the past 2–3 days, bed sheets and pillowcases and place in hot cycle of the dryer or put the items in a sealed plastic bag for 10 days.	There is no reason to do a major clean up of the house to get rid of head lice. Only items that have been in direct contact with the affected person need to be washed, such as shirts, jackets, hats, combs, brushes and pillowcases.
4. Treat a second time 7–10 days after the first treatment. Repeat steps 2 and 3 above. <ul style="list-style-type: none"> A third treatment is optional 	A second treatment will make sure that any head lice which hatch after the first treatment will be killed before they have a chance to lay any eggs. Two treatments and a follow-up check of the head with nit removal is the best way to make sure head lice are gone.

OPTION B: WET COMBING A non-chemical way to find and eliminate head lice.

Remove the Head Lice: Wet combing is based on the life cycle of head lice. This removes the live head lice from the head. Combing treatments are done every 3–4 days over a two-week period. This breaks the life cycle of head lice by removing them before they are fully grown and able to lay more eggs. This option is low cost and safe but takes time. Approximate cost for nit comb is \$4, and for conditioner is \$5 per bottle.

STEPS TO FOLLOW

Do	Remember
1. Wash hair with normal shampoo and rinse.	Note: On average, a wet combing session takes about ½ hour per person.
2. Apply at least ½ cup of normal conditioner (any brand) to cover and wet all of the hair. Do not rinse out the conditioner.	Untangle hair with a regular wide tooth comb. Wet conditioner will stop the lice from moving around as quickly.
3. Comb sections of hair using a fine toothed lice comb. Divide hair into small sections. Firmly draw the comb from the scalp to the end of the hair. After each stroke, check the comb for lice. Rinse the comb in a sink or bowl of warm water, and wipe dry. Continue section by section until the entire head is done. Make sure hair stays wet with conditioner during combing.	Metal or plastic nit combs are available at your local pharmacy. If the comb tugs the hair, use a wide toothed comb first and more conditioner, then try the nit comb again.
4. Rinse hair. Leave hair dripping wet. Repeat Step 3 combing without conditioner, until no lice are found.	Check the comb and your fingernails for head lice (you do not want to put any lice back in the hair).
5. Wash clothing worn in the past 2–3 days, bed sheets and pillowcases and place in hot cycle of the dryer or put the items in a sealed plastic bag for 10 days.	There is no reason to do a major clean up of the house to get rid of head lice. Only items that have been in direct contact with the affected person need to be washed, such as shirts, jackets, hats, combs, brushes and pillowcases.
6. Repeat Steps 1–4 every three or four days for two weeks.	Follow the schedule below.

DAYS TO WET COMB

1	2	3	4	5	6	7
8	9	10	11	12	13	14

OPTION C: HEAD LICE SPRAY

Special head lice spray is used because it has been tested and deemed a safe and effective treatment. Head lice spray successfully kills both head lice and nits (eggs). Approximate cost is \$30-\$40 per bottle.



Kill the Head Lice and Nits

This option involves using two treatments 8–10 days apart with a special head lice spray (e.g. NYDA®). The spray works by suffocating and killing the head lice and the nits (eggs).

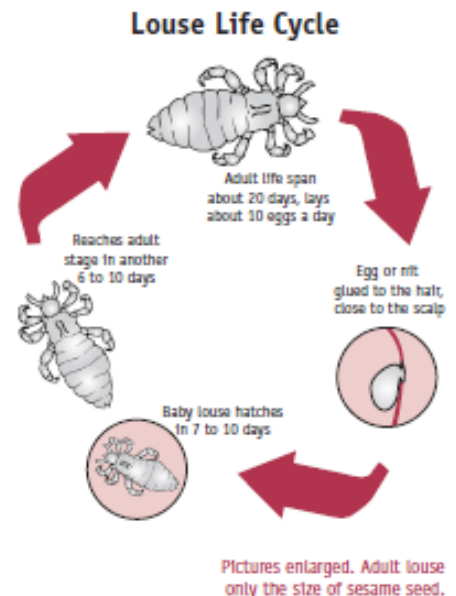
STEPS TO FOLLOW

Do

1. **Check the heads** of all household members. Using a fine toothed lice comb, check the entire head, especially behind ears and back of neck. You are looking for live lice.
2. **Treat** infested household members at the same time. **Read and follow the directions on the head lice spray carefully.**
3. **Wash** clothing worn in the past 2–3 days, bed sheets and pillowcases and place in **hot** cycle of the dryer or put the items in a sealed plastic bag for 10 days.
4. **Treat a second time** 8–10 days after the first treatment. Repeat step 2.

HEAD LICE FACTS

- Anyone who has hair can get head lice. Head lice are not caused by being dirty.
- Head lice are very common in school aged children.
- Head lice do not spread illness or disease.
- Head lice are tiny insects about the size of a sesame seed and live only on the human head. They can vary in colour from tan, brown or gray.
- Head lice do not jump, fly or swim.
- Head lice can move quickly on dry hair making them hard to see.
- You can get head lice by touching heads with someone who has head lice, or by sharing combs, brushes, hats, headsets or helmets.
- Head lice bites can be uncomfortable and make the scalp itchy.
- Adult head lice lay about 10 eggs (called nits) every day. These nits are stuck to the hair near the scalp. After the head lice hatch, the empty shell of the nit stays stuck to the hair.
- You can find lice anywhere on the head. Look behind the ears and the back of the neck.
- You cannot get rid of lice with a hair brush or with a hair dryer.
- The best way to find head lice is by using a fine toothed lice comb on hair that is dry, wet or wet with conditioner.
- Only treat when you find a live louse on the head.



Contact your local Public Health Nurse if you have any questions.

Ask a pharmacist about the head lice shampoo, head lice cream rinse, or head lice spray options.

Other information are available at your local Community Health Office/Centre or online at <http://vch.eduhealth.ca>

For more information, contact a Public Health Nurses at Vancouver Coastal Health
www.vch.ca

or visit the VCH Parenting Website
<http://parenting.vch.ca/>

For more copies, go online at <http://vch.eduhealth.ca> or email pheh@vch.ca and quote Catalogue No. FG.650.G48

Sharing Food, Creating Fun

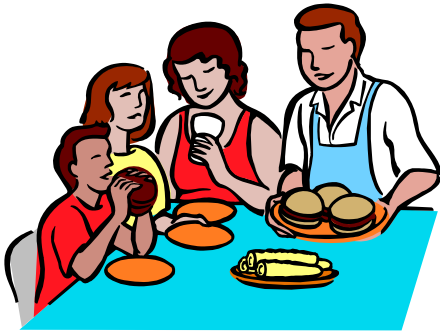
Sharing food together is a great way to connect with your family. Being busy and not having much time can make this hard to do.



“When we eat together it gives us time to share how our day went and it makes us closer.”

Nicole, 17 years old

Children who eat a meal or a snack with other family members at least once a day:



- Develop a sense of belonging, feel more secure and stable
- Have an easier time talking with their parents
- Have fewer behaviour problems
- Do better at school
- Have higher self esteem
- Learn more words (have a better vocabulary)
- Try and enjoy a greater variety of foods
- Eat more fruits and vegetables and less fried foods
- Are less likely to smoke, use drugs, drink alcohol, be depressed or have disordered eating

Parents who eat with their families:

- Eat healthier
- Save money
- Strengthen family ties
- Role model healthy eating for their children
- Can share family values, traditions and culture
- Can connect with their children and find out what’s going on in their lives



Raising a Healthy Eater

- Parents decide what, when and where to eat
- Children decide how much and if they will eat

Tips for Sharing Fun Family Meals



- Make the same meal for everyone
- Plan a weekly menu with the family and put it on the fridge; have each family member choose one meal or snack they would like to have each week
- Use your weekly menu to make a shopping list
- Let children help with the grocery shopping and cooking, not just the clean up
- Keep meals simple – when pressed for time, make sandwiches, reheat leftovers, buy bagged salads or pre-chopped veggies or roasted chicken

- Turn off the TV, computer and cell phones
- Take phone calls later
- Try to make family meals a routine
- Allow children to eat slowly or fast, eat just one or many different foods. Let them have more of any food.
- Share your table manners
- Keep conversation pleasant and make sure everyone gets to speak and be heard
- Keep mealtimes fun



**Keep a jar filled with things to talk about at the table.
Here are a few ideas to get you started:**

- The best part of your day
- Ideas for family activities
- The 3 favourite things about your best friend
- If you had one wish, what would it be?
- Share something you did that made someone else feel good
- Tell jokes or share a funny story

For more information: www.bettertogetherbc.ca

Contact Dietitian Services at HealthLink BC; call 8-1-1 to speak to a dietitian or go to www.healthlinkbc.ca/dietitian to email your question. Translation services are available in 130 languages.

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