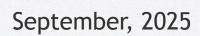
# Grade 12 Graduation & Beyond Presentation







## Counselling Department 2025-26

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## Agenda

1

2

Resources

High School Graduation

3

4

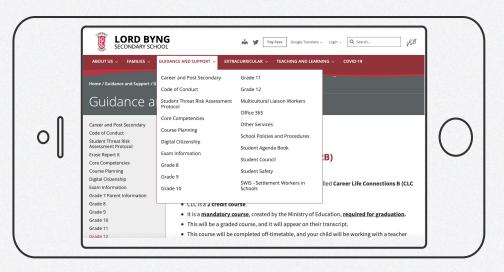
Post Secondary

Scholarships

## Counselling Resources

Come and meet your Counsellor!

# LB Website: Counselling Department & Grade 12 Page

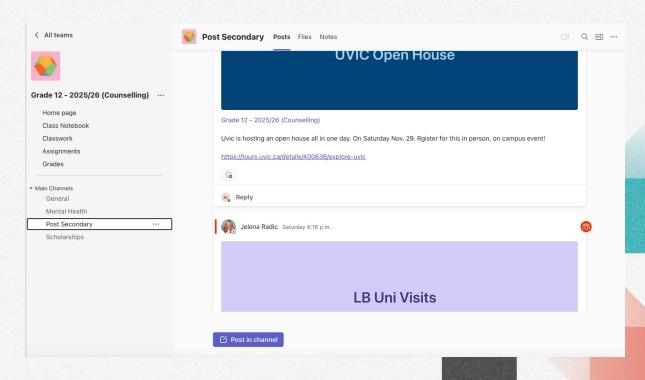


- Guidance & support links
- Course planning
- Post-secondary info
- Grad checklist
- Lord Byng Grade 12 Page

# Microsoft Teams: Grade 12- 2025/26 (Counselling)

#### Subchannels:

- General
- Mental health
- Post-secondary
- Scholarship



#### Counselling Support - In Person!

- Available for students (4 Counsellors)
- Confidential: except
  - Immediate harm to self or others, report of abuse, student safety
  - We can make referrals to community resources
  - SACY worker Jessie for additional support
  - Lord Byng Website: Mental Health Resources

Here to help, connect and get to know you all!

## FOUR CORE STRATEGIES FOR MANAGING STRESS AND ANXIETY

#### 1. ATTENTION - CENTERING TECHNIQUES

To neutralize anxiety, it can often help to use techniques designed to focus attention beyond anxious thoughts.







#### 2. EXPRESSIVE, CREATIVE STRATEGIES

To channel anxious thoughts or feelings in more productive ways, we might identify specific outlets to express creativity, such as working on a project, drawing, and athletics.







ARTS



PHYSICAL MOVEMENT

#### 3. REFLECTION EXPLORATION STRATEGIES

To monitor where anxiety arises, become more aware of anxiety triggers, and reflect on anxious thoughts and feelings, we might try strategies that foster self-observation.



JOURNALING



SELF-MONITORING



COMMUNICATION

#### 4. HEALTHY LIFESTYLE VALUES

To reduce residual feelings of anxiety, it could help to turn attention toward healthy habits, healthy relationships, healthy pleasures, and a healthy environment.



NUTRITION



RELATIONSHIPS



**EXERCISE** 

## School Year 2025/26

Semester System

#### **Attendance**

- Attend all classes & be on time
- Fast-paced semesters (around 20 weeks)

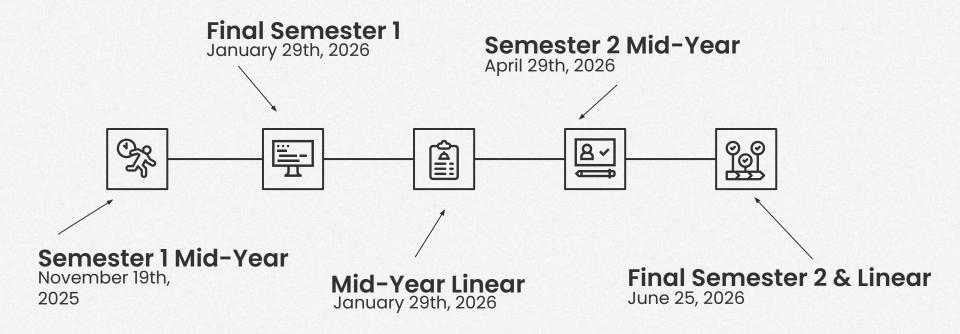
#### If ill:

- Email Byng Absences <u>Byngabsences@vsb.bc.ca</u>
- Let your teacher know.
- Keep up with missed work via teams or email

#### **Schedule: Semesters**

- Semester 1: September 3, 2025 January 23, 2026
- Semester 1 Turnaround Days: January 26 & 27, 2026
- Semester 2: January 28, 2026 June 23, 2026
- Semester 2 Turnaround Days: June 24 & 25, 2026

#### Important Dates: Report Cards



## Graduation Requirements

80 credits minimum

#### **Grade 10 Requirements**

- English 10 or First Peoples English 10
- Social Studies 10
- A Math 10
- Science 10
- Physical Education 10
- Career Life Education 10 (off timetable)
- Literacy & Numeracy Exam 10

### **Grade 11 Requirements**

- Composition 11/Literary Studies 11/First Peoples English 11
- A Social Studies 11/12/BC First Peoples 12
- A Math 11
- A Science 11
- CLC 12 (Career Life Connections)(4 credits)

### **Grade 12 Requirements**

- English 12 / AP English 12 / First Peoples Eng. 12
- CLC 12 (Capstone)
- Grade 12 Literacy Assessment

### **Grade 12 Requirements**

- 1 Fine Art or Applied Skill Elective 10,11, or 12 (4 credits)
- 4 Grade 12 courses (min. 16 credits must be Grade 12 level)
- Grade 12 students can have up to 2 study blocks
- Total Credits 80

#### **Grad Checks**

Go to the Byng website for:

- Grad Requirements
- Grad Checklist

#### **GRAD REQUIREMENTS**

To graduate, students will require 80 credits in total: 52 credits are from required courses and 28 are from elective courses. Also, at least 16 credits must be at the Grade 12 level, including a Grade 12 Language Arts course.

Required Courses	Minimum Credits
Career Life Education	4 credits
a Language Arts 10	4 credits
a Language Arts 11	4 credits
a Language Arts 12	4 credits
a Mathematics 10	4 credits
a Mathematics 11 or 12	4 credits
a Fine Arts and/or Applied Skills 10,11 or 12	4 credits
Social Studies 10	4 credits
a Social Studies 11 or 12	4 credits
Science 10	4 credits
a Science 11 or 12	4 credits
Physical Education 10	4 credits
Career Life Connections + Capstone	4 credits
Total	52 credits
Elective Courses	
Any additional Grade 10-12 equivalent of 28 credits	28 credits
0	00
Overall Total	80 credits

# Career Life Connections CLC 12 (Capstone)

- 4 credits: REQUIRED course
- Graded and on transcript
- Off-timetable
- Done in Grade 11; if missed in Grade 11 then done in Grade 12

### Literacy and Numeracy Exams

• Grade 12 Literacy exam:

January 12 - 22th

Grade 10 Numeracy and Literacy exam:

November 3 - 7 (Literacy), April 21-24 (Numeracy)

(only for gr. 11s and 12s who haven't written this yet)

### Second Language Requirement

- NOT a high school graduation requirement
- If you are an ELL student you may be eligible for a Language 10,
   11 and/or 12 external credits

- Universities:
  - o UBC
    - In Faculty of Arts (BA), Language 12 can be helpful

#### Language Challenge Exams

- Applications are due by Oct 23, 2025 to your counsellor
- Hand in to your counsellor; we must check that your application is complete
- More details are available on Byng Website: Language
   Challenge Exam
- Language Challenge Exam Application
- Language Challenge Exam Website

#### **Career Opportunities**

- Work Experience 11 & 12 (4 credit)
- LB school website: <u>Career Exploration</u>
  - Learn about work place
  - Students will acquire specific entry-level skills for employment
  - Become aware of the job requirements in chosen career field
  - Contact with potential employers
- VSB Career Programs: <u>VSB Career Programs</u>

#### **Online Courses**

- Online or Distance learning courses are available through many online school providers (eg. VLN, EBUS, Nides, etc)
- VLN offers many online courses (<u>VLN Website</u>)
- UBC: 50% of course must be completed by March 15th.
   Final course completions due: June 30th, 2026
- Double check for your post-secondary institution

#### **AP Exams**

- Lord Byng offers 4 AP courses
  - AP Calculus, AP Computer Science, AP French, AP Studio Art\*
- LB website: AP (Advanced Placement)
- AP Exam VSB Website
- AP exam happens in May
- Universities will recognize AP marks and students can choose to go into next level if they receive a score of 4 or 5 on the AP exam
- AP Exam Lord Byng Website

## Post-Secondary

Applications & Steps

#### **University Info Options**

- Look for open houses eg. BCIT
- Check Teams Post-secondary channel
- LB Uni Visits
- <u>CUE event</u> (Canadian Uni Event)
- Study and Go Abroad



Don't miss BCIT's largest program expo. Speak to faculty. Get your questions answered.

Oct 8, 4-7pm

#### Program Research Site

- BC: <u>Education Planner BC Site</u>
- ONTARIO: <u>Ontario Universities Info Site</u>
- OTHER PROVINCES: <u>University Study Site</u>

#### Where to Apply

- British Columbia: <u>Education Planner BC Site</u>
- Alberta: <u>Apply Alberta Website</u>
- Ontario: <u>Ontario Universities Application Website</u>
- Ontario Colleges: <u>Ontario Colleges Application Website</u>

#### **Education Planner BC**

- Research different programs offered in BC post secondary institutions e.g. where are all the Nursing programs in BC
- Do a test to see what you are most suited for
- Look at different career options (eg. Salary grid for various professions)
- Apply to BC post secondary schools
- Education Planner BC Site

#### **University Applications**

 Every University is a little different so make sure to read their requirements

Each Faculty has specific requirements

#### **University Applications**

- Generally English 12 PLUS 3 other Academically Approved
   Grade 12 Courses (Uvic, Queens)
- Each University has a list of Academically Approved Courses
- Some Universities look at 5 grade 12 academic courses (eg. McGill, UoA, Western), some look at 6 (eg. UoT, Waterloo)
- UBC broad evaluation (4 different areas)
- SFU follows UBC evaluation model
- Grade 11 marks used when Grade 12 marks are not available

#### **Post Secondary Exams**

- TOEFL <u>TOEFL Website</u>
  - BC Universities vary generally not required for students with 3 years of instruction in English. Confirm with each University.
- IELTS <u>IELTS Canada Website</u>
  - Another option instead of TOEFL
- SAT <u>College Board Website</u>
  - A requirement for American Universities/Colleges for 1st year students
  - If you are thinking of attending a school in the US, you must write the SAT or ACT (\*many universities are test optional now)

#### College Requirements

- BC College acceptance: 1st come 1st serve basis, so apply online asap to secure your spot
- Many colleges open applications on Oct. 1st
- Certain programs have specific course requirements
   e.g. Nursing
- Colleges offer upgrading opportunities
   e.g. Taking Grade 12 courses

### College to University Transfer

- University Transfer = start studying at College then transfer to
   University to complete your studies.
- University will recognize the education you took at College
- Your final Diploma will only note where you graduated from;
   (eg. UBC, not Langara then UBC)
- Make sure you look at Transfer Guide:
  - BC Transfer Guide Website

### College to University Transfer

- Admissions averages to transfer from College into University are lower than averages directly from High school
- 1 year = Certificate
- 2 years = Diploma
- 2 years = Associate Degree (insures full transfer credit)
- 2 years of College + 2 years of University = Bachelor Degree

### Step 1.

- Apply (Fill out the application)
- Common sites like
   OUAC or Education
   Planner BC
- Choose program/Faculty you are applying for

### Step 2.

- BCeID/STS
- Send/order your transcript to all post-secondaries that you applied for (step 1.)

## **BCeID/Student Transcript Site**

- Sign up for BCeID using:
  - Personal Education Number (PEN)
  - Full legal name
  - Date of birth
  - Email address
- More instructions: <u>Lord Byng Website: High School Transcript/BCeID</u>

### **BCeID/STS**

- British Columbia Training and Education Savings Grant
   BC's Education Plan
- ▶ B.C.-Quebec Exchange Program
- ► Curriculum & Assessment
- Diverse Student Needs

Full Day Kindergarten

▶ Graduation

School Completion Certificate Program

- ► Student Safety & Wellness
- ▶ International Education
- ► MyEducation BC

Personal Education Number (PEN) Student Learning Survey

- ► Provincial Scholarships Program
- Student Disputes & Appeals
- Order Transcripts & Certificates

Transcripts

Certificates GED®

StudentTranscripts Services Hap

#### **Order Transcripts & Certificates**

#### Transcripts & Certificates Available for Online Ordering

The Ministry of Education has your transcript or certificate if you attended a B.C. or Yukon secondary school and you:

#### **Transcripts**

- Graduated after 1985 or
- Completed a grade 12 course after 1986 or
- Attended grade 12 prior to 1974 in the University Entrance or Academic-Technical Program

#### Certificates

Graduated in British Columbia after 1985

If the Ministry does not have your transcript or certificate, please contact your <u>school of record</u> or <u>district office</u>.

#### General Education Development (GED®)

The GED° program ended in 2014. You can order a transcript or certificate from 1973 to 2014

### Ordering Your Transcript or Certificate Through the StudentTranscripts Service (STS)

Option One: If you have a Personal Education Number (PEN)

You will have a <u>PEN</u> if you attended a B.C. K-12 school after 1/93 or wrote a B.C. Provincial Exam starting in 1986.

access the Student canscripts Service for the first time you will need to create a BCeID.

Log in with BCeID

Sign Up for a BCeID

#### StudentTranscripts Service

#### StudentTranscripts



You can use the StudentTranscripts Service (STS) to:

- View or order your secondary school transcript
- Send your secondary school transcripts to post-secondary institutions
- Order your graduation certificate
- View your scholarships
- View your provincial exam or graduation assessment results

#### How do I Find My PEN?

You can find your nine-digit PEN by:

- Checking your student records or your report card
- Requesting it from the last school you attended
- Submitting a PEN request to the Ministry of Education

#### **Collection Notice**



The StudentTranscripts application collects personal information for the purposes of verification to authorize



### **STS Website**

- Log into STS once you have set up your BCeID
- View your secondary school transcript
- Send/order your transcript to post-secondary institution or yourself or to an employer
- View your scholarships
- View your literacy or numeracy exam results

## Send/Order Transcripts on STS

- Students can send their transcript information to a number of post secondary institutions (PSI) within Canada & Internationally
- This is done on STS website using your BCeID to log in
- ALREADY OPEN/AVAILABLE
- SEND AFTER YOU APPLY TO VARIOUS UNIVERSITIES/Colleges

## Step 3. Self-Reporting

- Complete online form by typing in your grades when self reporting portal opens
- Or Upload transcript/report card as instructed by University
- Do NOT use mobile devices for application
- Report Semester 1 or 2 marks
- Some Uni. Eg. SFU allows you to go in multiple times and adjust your self-reporting
- BC schools (eg. UBC, SFU) = no self reporting; they have access to STS
- Universities will check your self-reported marks through STS
- Admissions averages typically start high and lower as June approaches

### Step 4.

- Hand in any supporting documents if needed.
- Use your Uni portal eg. Solus for Queens
- Wait for an offer: will appear onUni portal

### Step 5.

- Make a decision.
- Pay deposit.
- Register for your 1st year courses.

# Scholarships

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- LB Scholarship page
- Gr. 12 Teams Sub channel: Scholarships

- Post Secondary Schools Scholarships
- Automatic Entrance Scholarships
- Provincial Scholarships (see next slide)
- Affiliation Scholarships (talk to your family)
- Bursaries (based on financial need)
- LB School Awards (scholarship committee)
- School Sponsored Scholarships

## Provincial Scholarships

- District/Authority Scholarships: 5500 @ \$1250 ea.
   (school selected no application)
- BC Achievement Scholarships: 8000 @ \$1250 ea.
   (automatic; no application; based on marks)
- BC Excellence Scholarships: 55 @ \$5000 each (school nomination - open to all to apply)
- Pathway to Teacher Education: 20 at \$5000 each (open to all to apply)

- <u>Provincial Scholarships Website</u> (District Dogwood Scholarships)
- Education Planner BC Scholarships (Grants, bursaries)
- <u>StudentAidBC</u> (Loans, grants, scholarships)
- <u>ScholarTree</u> (Sign up, free scholarship matching)
- <u>Scholarships Canada Website</u> (Sign-up, receive scholarship opportunities)
- <u>Student Scholarships Website</u> (Sign-up, receive scholarship opportunities)
- <u>Student Awards Website</u> (Sign-up, receive scholarship opportunities

### Big Ones:

- Loran Scholars Award (<u>Loran Scholars Award</u>)
  - Total value: 34 awards at \$100,000
  - Due: October 16, 2025
- Schulich Leader Scholarships (<u>Schulich Leaders Scholarship</u>)
  - Engineering: 50 at \$120,000 each
  - Science, Technology, and Mathematics: 50 at \$120,000 each
  - High school submits nominee: January 28th, 2026.

# Thanks!

### Any Qs?

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