

## Post Secondary Planning Guide – M. DeYoung

Dear Grads of 2024,

In this booklet you should find some useful information that will help you on your journey through the next 18 months. There is no “right way” to work your way through the next few months on your journey to post-secondary whether that is University, College, work, trades, a GAP year etc. Ask for help when you need it, be responsible and take ownership of your future, be informed, and take the time to make plans. *“If you fail to plan, you plan to fail.”*

I strongly encourage you to take ownership by:

- Attending any University presentations here at Kits OR in the community
- Check your TEAMS grade page daily and check your emails often
- Visit post-secondary schools if they are close by to see what the campus is like. Schools often offer tours for perspective students.
- Use a calendar to fill in dates of when the Colleges/Universities of your choice require applications for programs and scholarships.
- Apply for as many scholarships as you can. Some of the websites you can visit are: <https://scholartree.ca/> <https://www.scholarshipscanada.com/> The Kitsilano Weekly Newsletter (WAAG) that is sent out weekly (and available on the website) has scholarship information updated regularly.
- Use Education Planner BC <https://educationplannerbc.ca/> to make plans, search for programs and to apply to BC post-secondary schools.

This year will be full of ups and downs like every other, so in order to keep your best physical and mental health in check you should:

- Keep things in perspective and count your blessings. Try to find something to be grateful for every day.
- Clearly communicate your needs to parents, friends, teachers, your counsellor, your boss, your coach, your teammates, etc. Many people out there WANT to help you, but can't help if we don't know what you want or need.
- Recognize that it is a privilege to be getting an education, respect that by: Attending all of your classes, arriving on time, ready to work and being prepared.
- Do not over extend yourself. It's better to do one or two things well, than to try and do 5 things poorly.
- Use your calendar or agenda daily
- Get enough sleep, drink water, eat healthy foods, spend some time in nature. ALL of these will contribute to a healthy you. When you feel panicked or filled with anxiety – practice some deep breathing or use an APP that guides you through some easy meditation/breathing exercises. Some apps that I suggest are Calm, Headspace, or Mindshift.

Parents/Guardians and students may request an appointment with me by emailing me at [mdeyoung@vsb.bc.ca](mailto:mdeyoung@vsb.bc.ca). I will try to respond within 24 hours and will set up meetings with you as I have the space and time to do so. Students may drop in and I will see them if I'm free at that time.

Things you'll need to know for applying to Post-Secondary Institutions. Please note that you will **NOT** need to use the Student Transcript Service UNTIL you are in Grade 12 and are ready to apply for Post Secondary School.

To have your official transcripts sent to the post-secondary institutions you are applying to, you **MUST** create an account (After November 1, 2023) on the Student Transcript Service Website.

<https://www2.gov.bc.ca/gov/content/education-training/k-12/support/transcripts-and-certificates>

## Transcripts for Secondary Students

A transcript is an official record of your high school marks. Current and former BC secondary school students will need to provide their Personal Education Number (PEN) when applying to a post-secondary institution (PSI). If you are unsure about how to obtain your PEN or don't have one, please submit a PEN request to the [Ministry of Education](#).

You can easily send your official transcript electronically or by mail to a PSI using the [StudentTranscript service](#).

Take a look at the [Student Help Videos](#) from the Ministry of Education for step-by-step tutorials on obtaining BCeID as well as ordering and sending your transcripts.

Note: Many PSIs require official transcripts to be sent directly from the Ministry of Education (either electronically or in printed form) and will not accept transcripts that are not in an official sealed envelope or that have been photocopied.

Before you access the StudentTranscripts Service as a current student, you will need

- Your Personal Education Number (PEN)
  - Check your report card or contact your school to find your PEN. See [Find Your PEN](#)
- A valid email address
- Your date of birth
- Your legal first and last name

You must register for a Basic BCeID account to access the StudentTranscripts Service.

If you have questions about the student transcript service please text your questions to [1 \(604\) 660-2421](#)

## APPLYING TO UNIVERSITIES

Earn a 4 year undergraduate degree or Bachelor's degree. The major universities in BC include (but there are many more)

- University of British Columbia (Vancouver and Okanagan). <https://you.ubc.ca/ubc/>
- Simon Fraser University (Burnaby, Surrey and Vancouver) <http://www.sfu.ca/>
- University of Victoria (Victoria) <http://www.uvic.ca/>
- University of Northern BC (Prince George) <http://www.unbc.ca/>
- Capilano University (North Vancouver) <http://capilanou.ca/>
- Kwantlen (Surrey and Richmond) <http://www.kwantlen.bc.ca>

The schools will want you to apply online. Please see the individual university websites for information on their specific requirements. The counselling suite will have program guides and general information for many Canadian Universities. **The Education Planner BC website is an excellent tool and one stop shop if you are applying to most post-secondary institutions in BC.**

## COLLEGES THAT OFFER UNIVERSITY TRANSFER COURSES

Langara College, Vancouver Community College and Douglas College are University Colleges. They are Degree Granting institutions that may offer a host of Associate and Applied degree programs in addition to the very popular one and two year UNIVERSITY TRANSFER PROGRAMS to other BC universities. Generally, these colleges operate on a first come, first served basis so apply early in your grade 12 year. Most of the applications for these institutions open October 1<sup>st</sup> (of your Gr. 12 year). To apply, please go directly to the college website for further instructions and information.

If you would like more information about which courses will transfer from College to University please go to <https://www.bctransferguide.ca/>

## TECHNICAL AND SPECIALIZED TRAINING INSTITUTIONS

These institutions offer a wide variety of diploma and degree programs and they each have their own admission criteria. Some of the specialized schools in BC are:

- BCIT. <http://www.bcit.ca>
- Emily Carr University of Art and Design. <http://www.ecuad.ca>
- Vancouver Film School. <https://vfs.edu/>
- Nimbus Recording School. <https://nimbusrecording.com/>

## Ontario Universities

If you are applying to an Ontario University please visit <https://www.ouac.on.ca/>  
Do NOT forget to apply for out of province scholarships.

## American Colleges and Universities

If you are hoping to go to the U.S. to study you will pay an International Student's tuition unless you have a scholarship or have dual citizenship. The usual deadline for US College applications is the end of December so start your application process early. You can explore more about US post-secondary schools and find information about the application process here: <https://www.commonapp.org/> Please note the dates for when you'll need reference letters and transcripts sent in as they may differ from Canadian Universities. As your counsellor, there is a lot of information that I will need to send in on your behalf. If you wait until the last minute to let me know that you are applying in the US, then I may not be able to send in the information within your time frame. **Please ensure you give me at least 2 weeks to send documents or other information to the common app.**

Please visit [www.collegeboard.com](http://www.collegeboard.com) to sign up for a location to write the SAT, an exam that most colleges and Universities in the US require for admission.

Planning Sheet for Applications. Please use one sheet per school you are applying to.

Name of School:

Name of Faculty/Degree Program:

Due date for application:

Academic Requirements (Courses I'm required to have in Grade 12).

\*You may not need all 6!

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

Do they require me to have a second language?

What is the English Proficiency I need to have to get in?

Do I need to ask a teacher or counsellor for a reference letter? (Fill in student profile and include resume). When is the reference letter due? Date: \_\_\_\_\_

Who will I ask to write a reference letter? It should be someone who knows me well.

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Are there any scholarships I can apply for?

Name of scholarship: \_\_\_\_\_

What is needed for the application? \_\_\_\_\_

Due Date to apply: \_\_\_\_\_

Have I included this school on the Student Transcript Service List of schools to send my transcript to.  
(After November 2023)

