

Introducing...

Core Competency Self-Reflection & Goal Setting

Prince of Wales
CCT Homeroom #1
Thursday September 14, 2023



Goals for today...

- I understand the **change** in how my learning is reported
- I know what the **core competencies** are.
- I understand the **purpose** of core competency self-reflection & goal setting.
- I know the **process** for core competency self-reflection & goal setting at PW.



Goal: I understand the **change** in how my learning is reported

What is NEW this year?



“Report Cards” have changed in name and what is shared to you/your families



Now called Learning Updates



Learning updates now include **STUDENT Self-Assessment on Core Competencies** (as well as comment, work habit and grade)



YOU NOW GET A VOICE IN YOUR LEARNING!

Goal: I understand the **change** in how my learning is reported

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What are the Core Competencies?

Goal: I know what the **core competencies** are



COMMUNICATION

PERSONAL &
SOCIAL

THINKING

The Core Competencies are sets of intellectual, personal, and social and emotional proficiencies that all students need in order to engage in deep, lifelong learning

Core Competencies



C	Communicating <ul style="list-style-type: none">• Connecting and engaging with others• Focusing on intent and purpose• Acquiring and presenting information
C	Collaborating <ul style="list-style-type: none">• Working collectively• Supporting group interactions• Determining common purposes
T	Creative Thinking <ul style="list-style-type: none">• Creating and innovating• Generating and incubating• Evaluating and developing
T	Critical & Reflective Thinking <ul style="list-style-type: none">• Analyzing and critiquing• Questioning and investigating• Designing and developing• Reflecting and assessing
PS	Personal Awareness & Responsibility <ul style="list-style-type: none">• Self-advocating• Self-regulating• Well-being
PS	Positive Personal & Cultural Identity <ul style="list-style-type: none">• Understanding relationships and cultural contexts• Recognizing personal values and choices• Identifying personal strengths and abilities
PS	Social Awareness & Responsibility <ul style="list-style-type: none">• Building relationships• Contributing to community and caring for the environment• Resolving problems• Valuing diversity

The core competencies are further illustrated by the following categories.

To do....

Take 5 minutes to review these categories with your HR teacher.



Discussion...

Take 5 mins to discuss as a class or in pairs

- How do you see Core Competencies in your classrooms or FIT?
- How would you like to see them more in your classrooms or FIT?

What is the purpose of
core competency
self-reflection and
goal setting?

To Do...

Review the next two slides as a class or in pairs.



Discussion...

Take 5 mins to discuss as a class or in pairs

- What points do you agree with and why?
- What points do you disagree with and why?

Goal: I understand the **purpose** of core competency self-reflection & goal setting

Reflection is tied to the acquisition of knowledge and wisdom in almost every tradition. It's a core way we come to know and understand ourselves, our feelings, our tendencies, our choices, and our struggles. Research shows self reflection helps students develop other skills they need to navigate the challenges of growing up and becoming responsible adults

Goal: I understand the **purpose** of core competency self-reflection & goal setting

Self- Reflection & Goal Setting supports...

- Mindfulness
- Growth
- Personalization
- Life-Long Learning
- A Focus on Connection, Well-Being & Belonging

Discussion...



Take 5 mins to discuss as a class or in pairs

- What points do you agree with and why?
- What points do you disagree with and why?

Brainstorming....

What personal or academic goal do I have for myself-

- This week?
- This month?
- This semester?
- This year?

How am I showing that I am achieving this goal?

What core competency am I demonstrating?

**You will need to formalize this in the October 19th
CCT Homeroom, so write your thoughts down!**

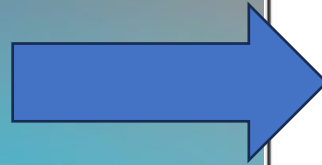


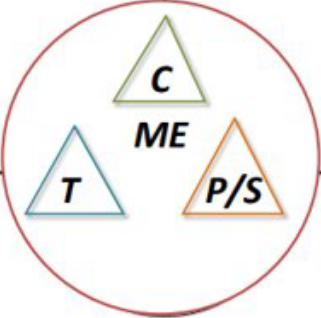
What is the process for
core competency
self-reflection &
goal setting at PW?

Goal: I know the **process** for core competency self-reflection & goal setting at PW.

Students will work on and complete their Core Competency Self Reflection and Goal Setting on a template similar to this one.

A final version of this template will be posted into the PW Student Hub and given to Homeroom teachers to share with their homeroom students well ahead of the October 19th CCT session.



My strengths: I can...	Evidence of my strengths: I know this because...
	
My plan to reach my goals: To do this I will...	My goals: I can get better at...

Goal: I know the **process** for core competency self-reflection & goal setting at PW.

- Students will complete the self-reflection during Core Competency Time (CCT) FIT sessions
- This will happen once a month during Thursday FIT
- Students will work with their HOMEROOM teachers during these times.

CCT FIT DATES

September 14

October 19

November 16

December 14

January 18

February 15

March 14

April 18

May 16

June 13

STUDENT EXPECTATIONS



ATTEND ALL
HOMEROOM
CLASSES



PARTICIPATE IN SELF
REFLECTION
ACTIVITIES



UPLOAD A FINAL
PRODUCT 3
TIMES/YEAR

NOTE:

- THESE TIMES MAY ALSO INCLUDE SCHOOL COMMUNITY BUILDING ACTIVITIES
- REMINDERS WILL BE GIVEN TO STUDENTS ON THE PW STUDENT HUB

CCT FIT DATES- UPCOMING TASKS & TIMELINE

September 14

- Introduction of CCT
- Think of Goal that you would like to work on

October 19

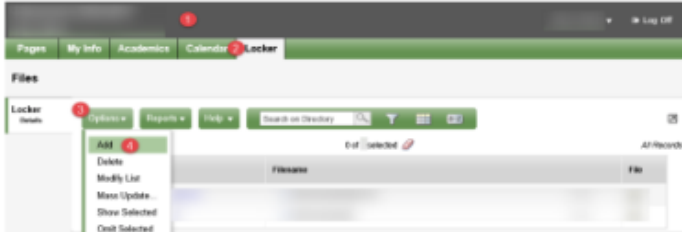
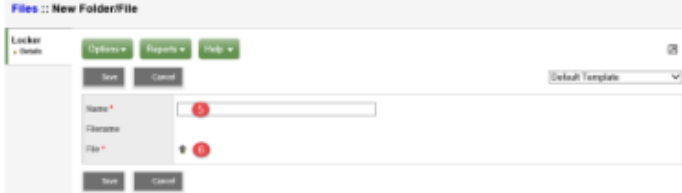
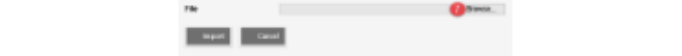
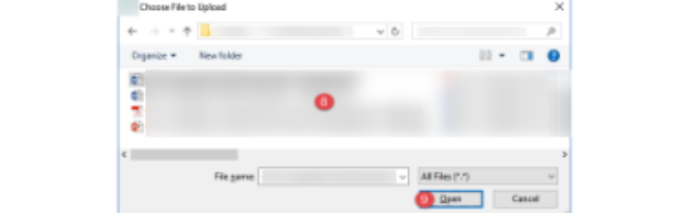
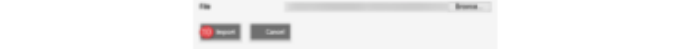
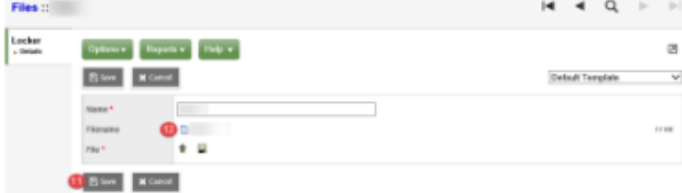
- Formalizing and reflecting on Goal

November 16

- Reflection of goal and upload for Learning Update due



Uploading a File to the Student Family Portal Locker

<ol style="list-style-type: none">1. Log in to the Student Family portal2. Click on the Locker top tab3. Click on the Options button4. Click on Add	<p>URL: https://www.myeducation.gov.bc.ca/aspen/logon.do</p> 
<ol style="list-style-type: none">5. Enter a name of the file6. Click on the arrow icon	
<ol style="list-style-type: none">7. Click on the Browse... button	
<ol style="list-style-type: none">8. Locate and select the file you wish to upload9. Click on the Open button	
<ol style="list-style-type: none">10. Click on the Import button	
<ol style="list-style-type: none">11. Click on the Save button12. The uploaded file will appear here and can be downloaded by clicking on the icon	

Students will be expected to upload their digital version (or photo of the paper copy) of their Core Competency reflection into the MyEd Student Family Portal locker and show evidence of completion by the end of the November 16th CCT session-

Don't worry, we will walk you through how to do this! 😊

Lesson Goals for Today

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- ✓ I know the **process** for core competency self-reflection & goal setting at PW.

Any Questions?





THANK YOU!