



# Core Competency Time

## PART 1: Goal Setting

Prince of Wales  
CCT Homeroom #2  
Thursday October 19<sup>th</sup>, 2023

## Goals for today...

- ✓ Getting **PREPARED** for my first self-reflection goal setting submission (due November 16<sup>th</sup>)
- ✓ **EXPLORING** my strengths and make connections to the core competencies
- ✓ **COMPILING** information for my self-reflection goal setting submission



# THE WHY

Learning Updates are now going to INCLUDE your voice...

To share about YOUR learning on:

- One goal this year (Due: November 16, 2023)
- A reflection on how it is going (Due: April 18, 2024)
- A final reflection (Due: June 13, 2024)

# CCT Schedule

Sept. 14	Oct. 19	Nov. 16	Dec. 14	Jan. 18	Feb. 15	Mar. 14	April 18	May 16	June 13
Introduction ✓	Goal Setting	My Ed Locker Upload	Community Building	Community Building	Community Building	Check-In	My Ed Locker Upload	Final Reflection	My Ed Locker Upload

## Expectations:

- Students attend each homeroom (attendance will be taken)
- Admin will run sessions for missed sessions during FIT
- Students create a thoughtful responses to showcase their learning

**REMINDER- this goes on your Learning Update!**



COMMUNICATION



THINKING



PERSONAL & SOCIAL

The Core Competencies are sets of intellectual, personal, and social and emotional skills that all students need in order to engage in deep, lifelong learning.

# Review: The Core Competency Strands



## COMMUNICATION

The communication competency encompasses the set of abilities that students use to impart and exchange information, experiences and ideas, to explore the world around them, and to understand and effectively engage in the use of digital media.



## THINKING

The thinking competency encompasses the knowledge, skills and processes we associate with intellectual development and is demonstrated through:

- creative thinking
- critical thinking



## PERSONAL & SOCIAL

The personal and social competency includes

- positive personal & cultural identity
- personal awareness & responsibility
- social responsibility

# CCT Part 1: Goal Setting

When we think about GOAL setting, we usually go through this process:



Today...

We will work through an activity to help you think of a goal and connect it to a CORE COMPETENCY.

# ACTIVITY-

## My Strengths: Where Am I Now?



Think back over this past year



What is a **strength** of yours? This strength does not have to do with school.



How do you know this is a strength? What **examples** and **evidence** tell you this?



Fill in your answers in the top two sections of your CCT worksheet






# CCT Worksheet



PRINCE OF WALES  
SECONDARY SCHOOL

## STEP 1: GOAL SETTING CORE COMPETENCY TIME (CCT)

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

 COMMUNICATION	 THINKING	 PERSONAL & SOCIAL
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MY STRENGTHS: WHERE AM I NOW?

EXAMPLES AND EVIDENCE OF MY STRENGTHS: I KNOW THIS BECAUSE

THIS DEMONSTRATES THE FOLLOWING CORE COMPETENCY:


COMMUNICATION     THINKING     PERSONAL & SOCIAL

MY GOAL: WHERE AM I GOING?

THIS DEMONSTRATES THE FOLLOWING CORE COMPETENCY:

COMMUNICATION     THINKING     PERSONAL & SOCIAL

MY PLANS TO REACH MY GOALS: HOW DO I GET THERE?

 Self-assessment can take many forms and may focus on one, a few, or all of the core competencies.  
This document needs to be uploaded by November 16, 2023 to student's MyEd locker.

You can access this worksheet:

- From your teacher (paper/electronic)
- On PW Student Hub (Core Competency Time Channel)



COMMUNICATION



THINKING



PERSONAL & SOCIAL

- Look around the room.
- Areas are set up with descriptions of each Core Competency.
- Find the Core Competency that **best** describes your strength.
- Have a conversation with people at the table on your strength and why you choose that competency.
- Check this Core Competency box on your CCT worksheet

# Set a Goal: Where Am I Going?



1. Choose a goal to work on this year.



2. This goal does not have to be connected to your strength.



3. This goal does not have to be connected to school, though it can be.



4. Write your goal in the “Where am I going?” section of your CCT worksheet.



5. What Core Competency strand best describes your goal? Check this box on the worksheet.

# How Will I Get There?



What steps will you take between now and March to work towards your goal?



Be specific. Try to think of *at least* two things you can do.



Write these steps on the “How will I get there?” section of your CCT worksheet.

# Next Step: Due November 16

- You can keep thinking about your goal, doesn't have to be completed today.
- Our next CCT is November 16<sup>th</sup>
  - You will need to have your CCT Worksheet completed and share that with your HR teacher
  - Bring a device.
  - During the CCT on November 16 you will upload your reflection to your MyEd Locker.

Note: If you miss this session, you will be asked to come to a make-up session during FIT with Ms. Kauldher/Mr. Cacchioni

# REMINDER...



## PW Student Hub



Home page

Class Notebook

Assignments

Grades

### Channels

General

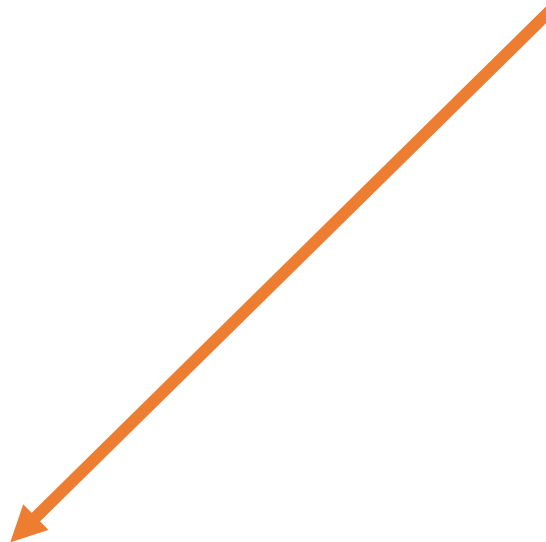
!Weekly Announcements

Athletics

CCT Core Competencies Time (Homerooms)

**PLEASE CHECK OUT THE PW STUDENT HUB → CCT Channel**

POWERPOINTS, ASSIGNMENTS AND INSTRUCTIONS ARE POSTED THERE!



# Lesson Goals for Today

- ✓ I am feeling more **PREPARED** for my for first self-reflection goal setting submission (due November 16<sup>th</sup>)
- ✓ I **EXPLORED** my strengths and make connections to the core competencies
- ✓ I have starting **COMPILING** information for my self-reflection goal setting submission

***Any Questions?***





**THANK YOU!**