### Interview With A Coach



A short interview with Principal Lopez who coached the Churchill—Senior Boys Basketball team to a **Provincial Championship in 2013-14** 

**PART 2 of 2:** Correction: Mr Lopez played shortstop, not pitcher.

### 5) What was the hardest part of coaching this team? Not really anything hard about it. One bad part was, I would have loved to play the bench more, but each player had a role and they all accepted that. Oh yes, once had to drop a star player who was not about the "team". That was hard.

### 6) What did the players learn from the experience? Hard work, dedication, responsibility, character, accountability, and the extremely important concept of "trusting your teammates." Most of the players from these teams are very successful in their after-team lives.

#### 7) What did you learn from the experience?

- a) You have to work for everything in life. Nothing comes for free. There may be others who are more gifted than you, but vou can narrow that gap by outworking them.
- b) If you put your heart and soul into it, you can accomplish almost anything.
- c) "No one is bigger than the team", this was explained extensively in Pat (the legendary NBA coach) Riley's book, The Disease of Me. In order for your team or organization to be successful, you absolutely cannot be selfish.

# **DT Sports News**

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# DT Sports News

DT's Weekly Sports Report, Issue #22, Wed. Feb 19

# This Week's Featured Team **Bantam Boys Basketball**

#### Players:

Yuvraj Dosanjh Nicolas Arduini Jibraan Haaq **Manvir Bains** 

Lukas Hawkins Herschvir Bassi

Forster Rojean Cabangon

Nathan Hum Mohamad Cali

Manay Jaswal Sean Casis

Anson Liang Vonmark Cataguiz Leo Minero

Memphis Chau

# Wrestling



Coach:

Garrett Lee

## **ALL GRADES**

Mr Mar (& Ms Robbie) Coaches:

#### Final Results:

Over the past weekend, the season wrapped up, with the Provincials in Langley. One of our players, Ritha Menayam, finished in the top ten. This is a huge achievement, considering that this is the first year of Wrestling at DT.

The coaches are very proud of the team. We encourage you, and your friends, to come out next year, when our eyes will be set on even more success.

# **Girls Basketball**



#### **BANTAM**

Coaches: Martina, Khaye, & Esha

Sponsor: Mr Boyes

**Practices:** To Be Determined

Results: Wed, Feb 19, DT def JO, 50-30

Thurs, Feb 20, DT vs U Hill, 3:30 at JO Games:

for City Playoffs

#### **JUVENILE**

Mr Gallant Coach:

**Practices:** Tues, 3:15-5, Small Gym

Wed, 3:15-5, Boys and Girls Gyms

Results: DT finished 4th in the City

Games: Season is over

#### JUNIOR

Mr Chu Coach:

Practices: No practices scheduled

DT lost City Championship to Point Grey, 50-37 Results:

Season is over. Congratulations to the team, for Games:

making it all the way to the Championship

#### **SENIOR**

Coach: Cindy Lam

No practices scheduled **Practices:** 

Wed. Feb 12. DT defeated Tupper, 55-45 Results:

In City Championship game, DT lost to Van Tech Games:

Congrats to the players, managers and coaches on an excellent season.

# **Boys Basketball**

**BANTAM** 

Garrett Lee Coaches:

Practices: No practices scheduled

Tues, Feb 18, DT def Kits, 72-67 Results:

Wed, Feb 19, DT lost to Churchill, 51-50

Thurs, Feb 20, DT vs Byng, 4:00 @ Byng Games:

for City Playoffs

#### **JUVENILE**

Mr Choi Coach:

Tues, 3:15-7:00, Girls and Boys Gyms **Practices:** 

Results: Tues, Feb 18, DT lost to Churchill, 55-32

Thurs, Feb 20, DT vs Wind @PG, 2:30pm Games:

for City Playoffs

#### JUNIOR

Coach: Mr Choi

No practices scheduled Practices:

Results: Thurs, Feb 13, DT def Kits 55-32

Season is over, DT finished 2nd in the division Games:

Congrats on a good season, team.

### **SENIOR**

Coach: Dvlan Atkinson Bill Disbrow Assistant:

Practices: No practices scheduled

Results: Season is over

Congrats to the Senior Boys for a good season. Games:

The team is in a re-building phase and made

excellent progress this year.