

# JQ eNews - 2023.12.15

JQ eNews, including information about school procedures, activities and events is emailed to families every week. Please also visit the VSB website<sup>1</sup> and the JQ school website<sup>2</sup> for information regarding district and school events.

<sup>1</sup>https://www.vsb.bc.ca/ <sup>2</sup>https://www.vsb.bc.ca/jules-quesnel



# Safe Arrival and Reporting Student Absences

To report your child's absence, please call **604-713-5159**, **Ext. 39**, prior to 9:00 am on the first day of the absence. Parents can also email JQUattendance@vsb.bc.ca<sup>3</sup> to report student absences.

If your child arrives late to school, they should report to the office and sign-in.

If you are picking up a student for an appointment during the day, please email JQUattendance@vsb.bc.ca<sup>4</sup> 24 hours in advance as well as emailing the classroom teacher. Please allow extra time for pick-up. If possible, we suggest picking up your child at the beginning or end of one of the breaks in order to minimize classroom disruptions.

- Recess Break: 10:40 11:00 am
- Lunch Break: 12:10 12:57 pm

#### **E-News Table of Contents**

To view a Table of Contents for the E-News, if you click the icon at the bottom right of your screen when looking at the E-News it will allow you to navigate directly to a section of your choosing.

<sup>&</sup>lt;sup>3</sup>mailto:JQUattendance@vsb.bc.ca

<sup>&</sup>lt;sup>4</sup>mailto:JQUattendance@vsb.bc.ca

# **Art Cards and Purdy's Chocolates**

Orders were distributed this week so hopefully If you placed an order for either chocolates or Art Cards, your child will have brought it home.

#### When your child feels unwell



Please see below the information from Vancouver Coastal Health for parents on things to consider if a child feels unwell.

Things to consider if your child feels unwell:

- 1. The wellbeing of your child. Without proper rest, a child may have a hard time fighting an illness or be at risk for other illnesses.
- 2. The ability of your child to actively take part and learn at school.
- 3. The school staff cannot care for a sick child and give them the support that they may need.
- 4. The protection of other children.

Please keep your child home if they:

- Have a fever.
- Are too sick to take part in all normal school activities.
- Have a suspected or known communicable disease (i.e. strep throat, chicken pox, measles).
- Is vomiting or has diarrhea. It is recommended that students be symptom free at least 24 hours before returning to school.

Keep your child home until they are able to participate fully in normal school activities or as told by a health care provider.

Please let the school know your child's symptoms, as per the school's call back procedures.

If the school finds it necessary to send your child home because of illness, please make sure you have arranged an emergency contact if you are not available. Inform your school of these arrangements.



#### Dress for cold and rainy weather

The rainy season has arrived. Please make sure that your child has appropriate weather to play outside during recess and lunch. It is also suggested that students have a spare set of clothing in the classroom in case of falls/accidents during outdoors time.

#### **Recess snacks**

Please remember to send your child with a healthy snack for the morning recess, especially on hot lunch days. Thank you.

# JQ PAC Updates



## Winter Extra-Curricular Activities

#### Minimakers added to the Winter Schedule!

Mondays / all grades / 3:05 – 4:30pm / Cohort 1: Jan 15, 22, 29 at \$121/ Cohort 2: Feb 5, 12, 26 at \$121 / Cohort 3: March 4, 11 at \$81

Back by popular demand, and this time, with bigger projects that students will work on 2-3 sessions. Registration is available through the Minimakers website<sup>5</sup>.

Young Rembrandts Gr 2 – 6 group has limited spots available. Sign up for art Wednesdays.<sup>6</sup>

Our Community Service Coordinator has reached out to parents who were randomly selected for **Yoga Buggy** registration. If you've been contacted and are interested in sigging up, please complete the registration asap.

#### Winter and Pro-d Day Camps

Still unsure what to do about childcare during Winter break?

**Minimakers** partners with the Vancouver Aquarium for winter camps and pro-d days! Check out their programs<sup>7</sup>. They have summer camps open for registration too!!

Questions about extracurriculars at JQ? Reach out to jqexcurricular@gmail.com<sup>8</sup>

<sup>&</sup>lt;sup>5</sup>https://minimakers.ca/ecole-jules-quesnel/

<sup>&</sup>lt;sup>6</sup><u>https://campscui.active.com/orgs/youngrembrandtsmetrovancouver#/selectSessions/3416639/filter/session=611</u> 92239

<sup>&</sup>lt;sup>7</sup>https://minimakers.ca/vancouver-aquarium-camps-hub/

<sup>&</sup>lt;sup>8</sup>mailto:jqexcurricular@gmail.com

#### **Hot Lunch & Pizza Days**



Dear JQ families,

Our 2023-24 Hot Lunch and Pizza Days are well underway. A very big 'THANK YOU' to those families who have been placing orders and supporting our fundraising for this year's Grade 7 trip!

Ordering for both Hot Lunch and Pizza Days is ongoing through our user-friendly online ordering platform www.munchalunch.com<sup>9</sup>

Hot Lunch days are Tuesdays and Thursdays, supplied by Calhoun's Catering. Pizza Days are on Fridays, supplied by Dominos. For your convenience, the ordering deadline for both Hot Lunch and Pizza Days is

<sup>&</sup>lt;sup>9</sup>https://www.munchalunch.com

**the day before at 8 am.** You may place orders for as many hot lunch and pizza dates as you like at one time. Order once and it's done!

We are pleased that meals provided by our new Hot Lunch vendor for this year have been getting very positive reviews. The food is high quality, and there are a wide variety of menu items to choose from, including many vegetarian options. And, as an added feature, a number of meals are customizable to your child's appetite!

Go to munchalunch.com/schools/julesquesnel to take a look at our menu offerings and to get ordering! Your child will thank you:-)

Sincerely,

Adrienne Lipson

Hot Lunch Coordinator

PS: If you have any questions about Hot Lunch or Pizza Day, or need any assistance, please email jqgradeseven2024@gmail.com. Please do not contact MunchaLunch support directly - the JQ Hot Lunch Coordinator can help with any MunchaLunch issues.

NOTE: PLEASE SUPPLY YOUR CHILD WITH CUTLERY ON HOT LUNCH DAYS

## **Community Links**

See below for information regarding community activities, events and programs.

# YMCA Generation Health FREE 10-week healthy lifestyle family program

Generation Health is a **FREE 10-week healthy lifestyle program** for children and their families, delivered through YMCA BC and in partnership with the Childhood Obesity Foundation. Program participants will meet virtually or in person to learn about healthy eating, physical activity, goal setting, body image, self-esteem and more!

We have 5 program days to choose from: Mondays, Tuesdays, Wednesdays, Thursdays and Fridays from 6:30-8:30 pm. This program requires prior registration through these details: phone 1-888-650-3141 or send an e-mail to generationhealth@bc.ymca.ca<sup>10</sup>.

Families who join this program receive a complimentary membership to the YMCA.

## RBL Basketball Winter Break Camps

Printable Version of 2023/2024 Winter Break Camps<sup>11</sup>

<sup>&</sup>lt;sup>10</sup>mailto:generationhealth@gv.ymca.ca

Registration is online at RBLBasketball.com<sup>12</sup>.

# **School Calendar & Upcoming Dates**



Check the JQ school website calendar<sup>13</sup> for upcoming school events, and the JQ Elementary Calendar 2023-2024<sup>14</sup> for a quick overview of this school year's important, pro d and non-instructional dates.

Monday, December 25 to Friday, January 5 - School closed for winter break.

Monday, January 8, 2024 - School reopens after winter break.

Monday, January 29, 2024 - Flexible pro d day date set by school. No school for students.

<sup>11</sup><u>https://rblbasketball.com/wp-content/uploads/2023/10/2023</u> 4-Winter-Break-Camps.pdf <sup>12</sup><u>http://rblbasketball.com/</u>

<sup>&</sup>lt;sup>13</sup><u>https://www.vsb.bc.ca/jules-quesnel/page/2257/calendar?tab=monthview</u>

<sup>&</sup>lt;sup>14</sup>https://media.vsb.bc.ca/media/Default/medialib/jq-elementary-calendar-2023-2024.29f94568110.pdf

Thank you for reading!

**Contact Us** 



École Jules Quesnel Elementary School

3050 Crown Street Vancouver, BC, V6R 4K9 604-713-4577 studentrecordsquesnel@vsb.bc.ca<sup>15</sup>

Visit us on the web at <a href="https://www.vsb.bc.ca/jules-quesnel">https://www.vsb.bc.ca/jules-quesnel</a>.

<sup>&</sup>lt;sup>15</sup>mailto:studentrecordsquesnel@vsb.bc.ca