



# MACCORKINDALE NEWSLETTER

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**PAC website: [maccorkindalepac.square.site](http://maccorkindalepac.square.site)**

*We acknowledge that we live, work, play, and learn on the traditional and unceded territories of the Musqueam, Tsleil-Waututh, and Squamish Nations. We thank them for their caretaking of the land from generations unknown.*

## Principal's Message

It is hard to believe that we are into our second week of December, with winter break just around the corner! MacCorkindale has been a busy place with many exciting activities happening. Written Learning Updates (report cards) went home last Friday. The next update will be our conferences in February. We have enjoyed seeing everyone dressed in red, white and green during the first Friday in December; and there were some interesting Winter Head Gear last Friday. We look forward to "Dress Like a Present" for the primaries on the 15<sup>th</sup>.

We are excited to welcome Ms. Girly Ballesil to our staff. She will complement our student support team until Spring Break. Our final Be Your Best Assembly for 2023 will be on Friday, December 22<sup>nd</sup>.



From our staff to your families, have a wonderful holiday season. We thank you every day for all your support at home. Enjoy the holidays and all the best for the upcoming new year! See you back on Monday, January 8, 2024!

## Winter Weather



With the colder weather upon us, students need to be dressed appropriately: coats, hats, gloves, waterproof footwear. You may also wish to provide your child with a change of clothing, to be used if s/he gets wet.

The VSB monitors the weather and road conditions very carefully and has a thorough system in place to evaluate transportation routes and student and staff safety well before schools open in the morning. In the unlikely event of a school closure, the VSB will post information on its website ([www.vsb.bc.ca](http://www.vsb.bc.ca)) and provide updates to the following radio and TV stations:

CKNW (980 AM)  
CBC RADIO (690 AM, 105.7 FM)  
FAIRCHILD Radio (CJVB AM 1470/CKHG FM 96.1)  
CKWX (NEWS 1130AM)  
BCTV/Global (cable channel 11)  
CITY TV (cable channel 13)

## Respiratory Illness Season



Community rates of respiratory illness, particularly among children and youth, are going up as expected at this time of year. COVID-19 and a number of common seasonal respiratory viruses such as influenza, enterovirus and respiratory syncytial virus (RSV) are circulating in BC.

There are many tools to get people through respiratory illness season. People are also encouraged to check daily for symptoms of respiratory illness, wash their hands regularly and practice respiratory etiquette. This includes wearing a mask, as a personal choice, covering coughs and disposing of tissues appropriately. People who have COVID-19 are no longer required to self-isolate. However, it is still important for people with symptoms to stay home when feeling unwell to reduce the spread of the illness. Staff and students may return to work/school when their fever has resolved, and they are able to participate in their usual activities.

**What does well enough to return to regular activities mean?** Consider how you manage other illnesses that you do not get tested for like cold and flu. Stay home if you are feeling unwell and resume your regular activities when you feel you are able to manage them. If you have a fever, you should stay home until it is gone without medication. *If your child is too sick to go outside during break times, they/she/he is too sick to come to school.*

## Kindergarten Registration for 2024-2025

Is your child 4 years old now and will turn 5 by December 31, 2024?  
Was your child born in 2019?

Registration for kindergarten is underway

- Priority enrolment to register your child with the Vancouver School District will be online from November 1, 2023 through to January 31, 2024

There is a two-step registration process to enroll your child in kindergarten.

- First, register your child(ren) [online](#),
- Second, make an appointment with your catchment school to verify your information in person.
- Visit [govsb.ca/kindergarten](https://govsb.ca/kindergarten) for more information.

## Important Dates

Friday, December 22, 2023  
Friday, December 22, 2023

Be Your Best Assembly  
Last Day of School before Winter Break



## Planning Ahead

Monday, January 8, 2024 School is back in session  
Monday, January 15, 2024 Professional Day; No school for students  
Tuesday, January 23, 2024 PAC Meeting @ 7pm

## Vancouver Coastal Health Child & Youth Mental Health

The Child and Youth Mental Health and Substance Use (CYMHSU) teams at Vancouver Coastal Health are introducing an online booking service for clients. Clients can book their intake appointments online and receive appointment reminders. Both in-person and virtual appointments are available.

**Who:** Children and youth aged 6-18 years residing in Vancouver.

**What:** New clients can book an intake appointment online.

**When:** Appointments are available during the week during set intake days. All CYMHSU teams will continue accepting walk-in clients during intake days and hours.

**Where:** [Child & Youth Mental Health Intake ages 6 to 18 | Vancouver Coastal Health \(vch.ca\)](#)

- Clients can visit the above link and enter in their home address to be directed to their CYMHSU Team for booking.

**Please note,** a child/youth can continue to walk-in to CYMHSU clinics during intake days and hours, without an appointment to receive support.

## Vancouver Child and Youth Mental Health & Substance Use (CYMHSU) Intake Clinics and Specialized Programs

Appointments are offered on a walk-in basis or can be booked online at <https://www.vch.ca/cymhsu> for ages 6 to 18 at the following Vancouver CYMHSU locations:

### Northeast

355-2750 E. Hastings St.

Phone: 604-675-3895

Days/Hours:

Monday 9 a.m. – 5 p.m.

(Last walk-in at 3:30 p.m.)

Wednesday 12 p.m. – 7 p.m.

(Last walk-in at 6 p.m.)

### Pacific Spirit

2110 W. 43<sup>rd</sup> Ave., 3<sup>rd</sup> Floor

Phone: 604-267-3970

Days/Hours:

Tuesday 12 p.m. – 7 p.m.

(Last walk-in at 6 p.m.)

Thursday 9 a.m. – 5 p.m.

(Last walk-in at 3:30 p.m.)

### Three Bridges

West End

101-1128 Hornby St.

Phone: 604-331-8908

Days: Thursday

Hours: 9 a.m. – 5 p.m.

(Last walk-in at 3:30 p.m.)

### Raven Song

2450 Ontario St., 3<sup>rd</sup> Floor

Phone: 604-872-8441

Days: Friday

Hours: 9 a.m. – 5 p.m.

(Last walk-in at 3:30 p.m.)

#### Please note:

- Walk-in appointments are offered in-person on a first-come, first-serve basis.
- Limited appointments can be booked online at <https://www.vch.ca/cymhsu>
- There are no child-minding services available.



### Child and Adolescent Response Team (CART)

**604-874-2300**

Appointment required.

### Alan Cashmore Centre Infant Mental Health (0 - 5 year olds)

**604-675-3996**

Intake by appointment only.

## From the PAC

Dear MacCorkindale Families,

As December begins, we hope that the holiday season brings you joy, peace and wonderful time spent together with family. We look forward to the coming year and all that it has to bring.

Survey: Neufeld Farms Frozen Goods Fundraiser

As we approach the new year, we are eager to hear your thoughts on potential fundraising opportunities. The PAC is considering a Neufeld Farms Frozen Goods fundraiser, and your input is invaluable. Please take a moment to complete our survey here <https://forms.gle/cqbrosRwnviC4pzx6>. Your feedback will guide our decision-making process.

Upcoming Family Events in the New Year

Save the dates for two exciting family events in the new year:

Family Craft and Hot Chocolate Night

Date: Friday, February 2

Time: 5:30 pm - 7:30 pm

Location: School Gym

Family Board Game Night

Date: Thursday, February 29

Time: 5:30 pm - 7:30 pm

Location: School Gym

Tickets will be required for entry, so be sure to keep an eye out in January for more details on how to secure yours. If you're interested in volunteering for these events, please email the PAC – your support is greatly appreciated.

Once again, we wish you a joyful holiday season and look forward to your participation in shaping the exciting initiatives the MacCorkindale PAC has in store for the coming year.

To stay up to date with what is going on remember to follow us on social media at

Facebook: [www.facebook.com/maccorkindalepac/](https://www.facebook.com/maccorkindalepac/) or Instagram:

[https://www.instagram.com/maccorkindale\\_pac/](https://www.instagram.com/maccorkindale_pac/)

Remember any questions or concerns can be directed to our email at

[pac.maccorkindale@gmail.com](mailto:pac.maccorkindale@gmail.com)

The next PAC meeting will be on TUESDAY, January 23 from 7-8PM in the school library.

For more information please visit the PAC website at [MacCorkindalepac.square.site](https://maccorkindalepac.square.site)

Warm wishes,

MacCorkindale PAC