

Principal: Lena Ling Administrative Assistant: Reena Sampat PAC Co-Chairs: Beau Bierhaus & Sam Kailley (604) 713-4775 I maccorkindale@vsb.bc.ca I maccorkindale.vsb.bc.ca PAC website: <u>maccorkindalepac.square.site</u>

With deep gratitude and respect, we are honoured to be learning and unlearning on the ancestral and unceded lands of the x<sup>w</sup>məθk<sup>w</sup>əy'əm (Musqueam), S<u>k</u>wxwú7mesh Úxwumixw (Squamish Nation) & səlilwətał (Tsleil-Waututh Nation).

## Principal's Message

January has been a busy month at MacCorkindale, with the Grade 7s enjoying intramural volleyball during lunch in the gym and many classes participating in skating trips at Killarney Arena. It's always impressive to see how quickly students pick up new skills. While many students initially rely on skating aids when they first hit the ice, with some basic instruction and encouragement, most students are skating independently by the end of their sessions. Their resilience and determination are truly inspiring. The month culminated in a fantastic hip hop performance in the gym, where students showcased their newly learned skills. Although they were initially apprehensive, the support from the community and their own growth throughout the week made the performance a success.



Looking ahead to February, we are excited about significant events such as Black History Month, Valentine's Day, and Pink Shirt Day. Our teachers will highlight Black History Month through lessons and presentations on the history, contributions, and achievements of Black Canadians and Black people worldwide. We remain committed to integrating equity, diversity, and inclusion into our learning every month. With Pink Shirt Day on February 26th, students are encouraged to wear pink in support of raising awareness about bullying and promoting messages of friendship and positivity. When we embrace kindness and inclusion, we become stronger together. Thank you for your continued support as we work to nurture a positive and welcoming environment at MacCorkindale, where all our students can thrive.

## Winter Weather

Colder than normal temperatures continue to be forecasted for the weeks ahead. Please ensure you send your child(ren) to school with appropriate clothing for playing outside and discuss with your child(ren) the importance of dressing appropriately outside.



# Be in the know, winter is coming!

Follow VSB on social media to stay updated about school closures due to severe weather.

During extreme weather conditions (heavy snowfall, extreme cold, freezing rain, extreme heat, etc.) VSB schools will remain open if possible.

If a District-wide closure is necessary, it will be announced by 6:30 a.m.

Stay updated: Facebook: Vancouver School Board Instagram: @vsb39 X: @vsb39 VSB website: vsb.bc.ca



## Staffing Update

We are happy to welcome Ms. Anne-Marie Dubois beginning February 13th to the MacCorkindale team. She will be working Tuesdays-Fridays until the end of June, covering Ms. Yan's maternity leave. Ms. Prince will continue to cover the position on Mondays until the end of the year. A big thank you to Ms. Maher and Ms. Poropat for their flexibility in covering the position for the past few months.





## Returning to MacCorkindale Next Year?

Thank you to all of the families who have already completed the returning to MacCorkindale form. Here is your final chance to let us know if you will or will not be returning! Please complete this form by February 12th, 2025.: <u>https://forms.office.com/r/awtYkXhsvW</u>

## **Student Learning Surveys**

The Vancouver School Board is participating in the 2025 Ministry of Education Electronic Anonymous Student Learning Survey Project in cooperation with all other school districts throughout the Province.

Parents/Guardians/Caregivers can complete the online Anonymous Student Learning Surveys any time **before May 2, 2025**, providing immediate results to the school and the district.

#### To complete the survey:

- 1. Use any computer that has an up-to-date internet browser access
- 2. Go to www.bced.gov.bc.ca/sat\_survey/access.htm
- 3. Click on "Parents"
  - District: 39-Vancouver
  - School: Dr. HN MacCorkindale
  - Language: the language of your choice

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#### 4. Click on the blue "Logon" button

## **Free Parent Workshops**

The Ministry of Education and Child Care, in partnership with adolescent clinical psychologist Dr. Hayley Watson, will host three, free virtual sessions for parents, guardians and caregivers that will focus on practical skills you can teach your child and youth (ages 0-19) to prevent substance use and mental health needs. These sessions will build on a previous presentation, which focused on practical conversation tools for speaking about substance use prevention with your children/youth. The previous session is not a pre-requisite for this session.

#### Key takeaways for participants during this session:

- Learn the factors that lead to substance use and mental health needs from a trauma-informed lens
- Focus on prevention rather than intervention/response
- Applies to parents, guardians and caregivers of all age groups (youth aged 0-5, 6-10, and 11-18)
- Learn ways that these skills can be applied to yourself and the rest of your family to support the mental health of parents, guardians and caregiver

#### Participants must register in advance. Session dates are:

- February 20, 6:00-7:30 pm PST
- February 25, 6:00-7:30 pm PST
- February 26, 6:00-7:30 pm PST

For more information, refer to the flyer at the end of this newsletter.

#### MACCORKINDALE NEWSLETTER

## **Cross Boundary Applications**

Students in the Vancouver School District are allowed to register at a school outside of their catchment area as a cross boundary applicant. Cross boundary applications will only be considered after all incatchment students have been accommodated. Cross boundary applications are now being accepted. For more information, please visit: <u>https://www.vsb.bc.ca/page/5198/cross-boundary-application</u>

### **Important Dates**

Monday, February 3 Thursday, February 6 Friday, February 14 Monday, February 17 Thursday, February 27 Friday, February 28	BYB Assembly Safer Schools Workshop for Grade 4/5 students Pro-D Day- NO SCHOOL for students Family Day- NO SCHOOL Professor Wow Presentation for students BYB Assembly	
Planning Ahead		
Friday, Mar Friday, Mar		

## PAC News

Hello MacCorkindale families,

The MacCorkindale PAC are happy to share that our hot lunch program continues to be very popular. The next round of ordering will opening in the next few weeks, so please check your emails for updates. We do continue to need volunteers to help on hot lunch days and you can find the link to sign up on our Facebook page.

The PAC will also be hosting a family movie night on Friday, February 28th showing Zootopia. Details regarding tickets will be coming out shortly via email. Please also follow MacCorkindale PAC on our Facebook and Instagram pages to keep up to date with announcements.

MacCorkindale PAC executive

# SUBSTANCE USE PREVENTION: MENTAL HEALTH & DECISION-MAKING

A **COMPLIMENTARY WEBINAR** FOR PARENTS, GUARDIANS & CAREGIVERS

Join leading **adolescent Clinical Psychologist Dr. Hayley Watson** for an online event that aims to help parents, guardians and caregivers gain a **deeper understanding** of substance use prevention and learn **practical tools** for supporting youth mental health.



## Key Takeaways:

- Learn the factors that contribute to youth mental health/substance use
- 👏 Understand the skills that youth need to overcome these needs
- Se Acquire practical tools for empowering your child and youth to make positive choices
- 🚱 Increase your ability to support your own mental health

**Time:** 6-7:30pm PST **Date:** 20th, 25th, 26th Feb 2025

# **REGISTER NOW**





We acknowledge the financial support of the Province of British Columbia through the Ministry of Education and Child Care