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JAMIESON NEWSLETTER

We acknowledge that we live, work and play on the unceded and traditional territories of the Coast Salish peoples – xʷməθkʷəy̓əm (Musqueam), Skwxwú7mesh (Squamish), and Səl̓ílwətaʔ/Selilwitulh (Tsleil-Waututh) Nations

“Cultivate your minds as definitely as you do your muscles. Cultivate kindly feelings and do kindly acts and kindness will become the law of your being.”

- Dr. Annie B. Jamieson

NEWSLETTER NUMBER 3

October 18, 2022

Ms. Natasha Miladinovic - Principal

Ms. Lena Ling - Vice Principal

Ms. Amy Tang - Administrative Assistant

Ms. Hayley Kellow - Extra Clerical

Ms. Olivia Lau - PAC Chair

MESSAGE

Dear Jamieson Families,

We are so fortunate to continue to enjoy this beautiful weather, but we hear the rain is coming and many communities will appreciate the rain. The days are getting shorter which means fall is definitely here. It is difficult to believe it is the middle of October and Halloween is just around the corner. It was wonderful to see so many of you at our Goal Setting Conferences especially since it has been the first time entering the school and being able to come into your child's classroom!



Ms. Natasha Miladinovic and Ms. Lena Ling

NUT ALLERGIES



This year within our school community there are several students who have a potentially life-threatening allergy (anaphylaxis) to foods, predominantly to peanuts and tree nuts (e.g. almonds, cashews, hazelnuts, pistachios). There are some students with equally severe allergies to other foods (i.e. eggs, dairy, etc.) as well.

A child with a severe food allergy can suffer a reaction by merely touching the food or having contact with another person who has touched the food. We feel the best way to reduce the risk of accidental exposure to these students is to respectfully ask for the co-operation of the parents/guardians within this school community to please AVOID sending peanut/nut butters and/or products with peanuts/nuts listed in the ingredients. Also, please remind your children to not share food.

There are many options in stores today that are peanut/nut-free and all products have excellent allergy information on the packaging. We realize that this situation requires extra precautions and we appreciate your attention to this very important matter. Thank you for keeping all the children at Jamieson safe.

FAIR NOTICE STATEMENT



STUDENT THREAT RISK ASSESSMENT PROTOCOL:

Notice to our students and parents/guardians/caregivers

The Vancouver School District and our community partners are committed to having safe, caring and inclusive schools. In the event that a student makes a threat of violence or harm to other students, staff or the school community the school will initiate the VSB student risk threat assessment process.

THE VSB STUDENT THREAT RISK ASSESSMENT PROCESS

What behaviours initiate a student threat risk assessment?

A Student Violence Threat Risk Assessment will be initiated for behaviours including:

- Serious violence or violence with intent to harm or kill;
- Verbal/ written/ drawn threats to harm or kill others;
- Online threats to harm or kill others;
- Possession of weapons (including replicas);
- Bomb threats;
- Fire setting;
- Racism, discrimination or hate
- Sexual intimidation or assault; sextortion
- Gang related intimidation and violence

What is a threat?

- An expression of intent to do harm or act out violently against someone or something.
- Threats may be verbal, written, drawn, made through gestures or posted on the Internet.

Duty to report threat making behaviour

Maintaining a safe, caring and inclusive school community is the responsibility of everyone in the school community. Students, staff, parents/ guardians/ caregivers and community members **must report** all threat related behaviours to their school administrator.

Duty to Respond

All threats must be taken seriously and require a response that includes investigation and intervention. Our goal is to respond to threats quickly and in a professional manner, so that we can maintain a safe and caring learning environment.

The school administrator will initiate the threat risk assessment process, according to district protocol. Each school has a multi-disciplinary School Threat Risk Assessment Team which includes the School Administrator(s), Area or School-based Counsellor(s), and School Liaison Police Officer. A school may also involve district resource staff and community partners such as Child and Youth Mental Health in the threat assessment process.

What is the purpose of a Student Threat Risk Assessment?

The VSB student threat assessment process is used to:

- To ensure the safety of students, staff, parents and others.
- To ensure a full understanding of the context of the threat.
- To understand factors contributing to the threat makers' behaviour.
- To be proactive in developing an intervention plan that addresses the emotional and physical safety of the threat maker.
- To promote the emotional and physical safety of all.

What happens in a Student Threat Risk Assessment?

- Information is gathered from multiple sources including open source digital publicly available data. This may include interviews with the threat-maker, student(s), staff and parents/ guardians/ caregivers to assess the level of risk.
- The School Threat Assessment Team examines the information collected and in consultation with community partners, determines the level of risk.
- Appropriate intervention plans are developed, implemented and shared with parents/guardians, staff and students, as required. Information shared throughout the risk/threat assessment process will respect the individual's right to privacy and the safety of all.

Can I refuse to participate in the threat assessment process?

It is important for all parties to engage in the Threat Risk Assessment process. However, if for some reason there is a reluctance to participate in the process, by the threat maker or parent/guardian, the threat assessment process will continue in order to ensure a safe and caring environment for all.

THE GREAT BRITISH COLUMBIA SHAKEOUT



We will be conducting our annual VSB Emergency Preparedness Earthquake Drill, and will be held in conjunction with the provincial “The Great Shake Out” on Thursday, October 20. At Jamieson, we have a school emergency plan which all staff have familiarized themselves with and this gives us and the students an opportunity to practice what to do in an emergency. This might also be a good time for you as a family to review what your home plan is as well. There are

many great resources out there to support you. Here are a few web-based ones:

<https://www.earthquakecountry.org/sevensteps/>

TERRY FOX RUN



We hosted our annual Terry Fox Run on Thursday, September 28. It was a beautiful sunny day and classes participated at various times of the day. It was wonderful to see all the students running for Terry Fox. Thank you to all our families who donated to this important cause. We raised approximately \$1023! Thank you to Ms. Joe for organizing our event.

MINI SCHOOL INFORMATION FOR GRADE 7 STUDENTS

Grade 7 parents who are interested in learning more about our district’s mini schools; please check the link below:

- [VSB Mini School Information](#)
- [VSB Mini School Brochure](#)



PROFESSIONAL DEVELOPMENT DAY



Friday October 21, 2022 is a Professional Development Day. School will NOT be in session for students.

HALLOWEEN TIPS

This time of year brings with it decisions on costume choice. While dressing up is meant to be fun and exciting, it also runs the risk of offending others with costumes that are offensive to other cultures. Halloween offers the opportunity to discuss costume choices with your children. It is important not to inadvertently mimic culture by culturally appropriating racial or ethnic groups.

On October 31, we look forward to some Halloween fun at Jamieson! Here are a few Halloween reminders:

- Costumes are optional. Many students enjoy and look forward to seeing other kids (and staff) in costume. Students are welcome to come to school in costume if they wish to do so on Monday, October 31st.
- Costumes that promote any kind of discrimination or are culturally insensitive are of course not appropriate (following our Code of Conduct)
- Please keep in mind, **weapons are not allowed at school at any time**, even if they form part of the costume. **Please leave any items that look like guns/swords/knives/axes, etc. at home** so that they can be part of your child’s costume for the evening’s festivities.
- Fragile parts of costumes should also be left at home so that they are intact and ready for Halloween night’s festivities.
- **If your costume is very scary, please be mindful of our youngest students at Jamieson (some are 4 years old)** Remember that all break times are outside in the fresh air—if parts of the costume are fragile or not weather resistant, please plan ahead to be ready to go outside for the breaks. Some students may choose to remove their costume and leave it in their classroom before they head outside in their rain gear.

Halloween Safety Tips

Everything you need to know to keep your kids safe on Halloween.

Everyone loves a good scare on Halloween, but not when it comes to child safety. There are several easy and effective behaviors that parents can share with kids to help reduce their risk of injury.

Walk Safely

- Cross the street at corners, using traffic signals and crosswalks.
- Look left, right and left again when crossing and keep looking as you cross.
- Put electronic devices down and keep heads up and walk, don't run, across the street.
- Teach children to make eye contact with drivers before crossing in front of them.
- Always walk on sidewalks or paths. If there are no sidewalks, walk facing traffic as far to the left as possible. Children should walk on direct routes with the fewest street crossings.
- Watch for cars that are turning or backing up. Teach children to never dart out into the street or cross between parked cars.



Trick or Treat With an Adult

- Children under the age of 12 should not be alone at night without adult supervision. If kids are mature enough to be out without supervision, remind them to stick to familiar areas that are well lit and trick-or-treat in groups.

Keep Costumes Both Creative and Safe

- Decorate costumes and bags with reflective tape or stickers and, if possible, choose light colors.
- Choose face paint and makeup whenever possible instead of masks, which can obstruct a child's vision.
- Have kids carry glow sticks or flashlights to help them see and be seen by drivers.
- When selecting a costume, make sure it is the right size to prevent trips and falls.



Drive Extra Safely on Halloween

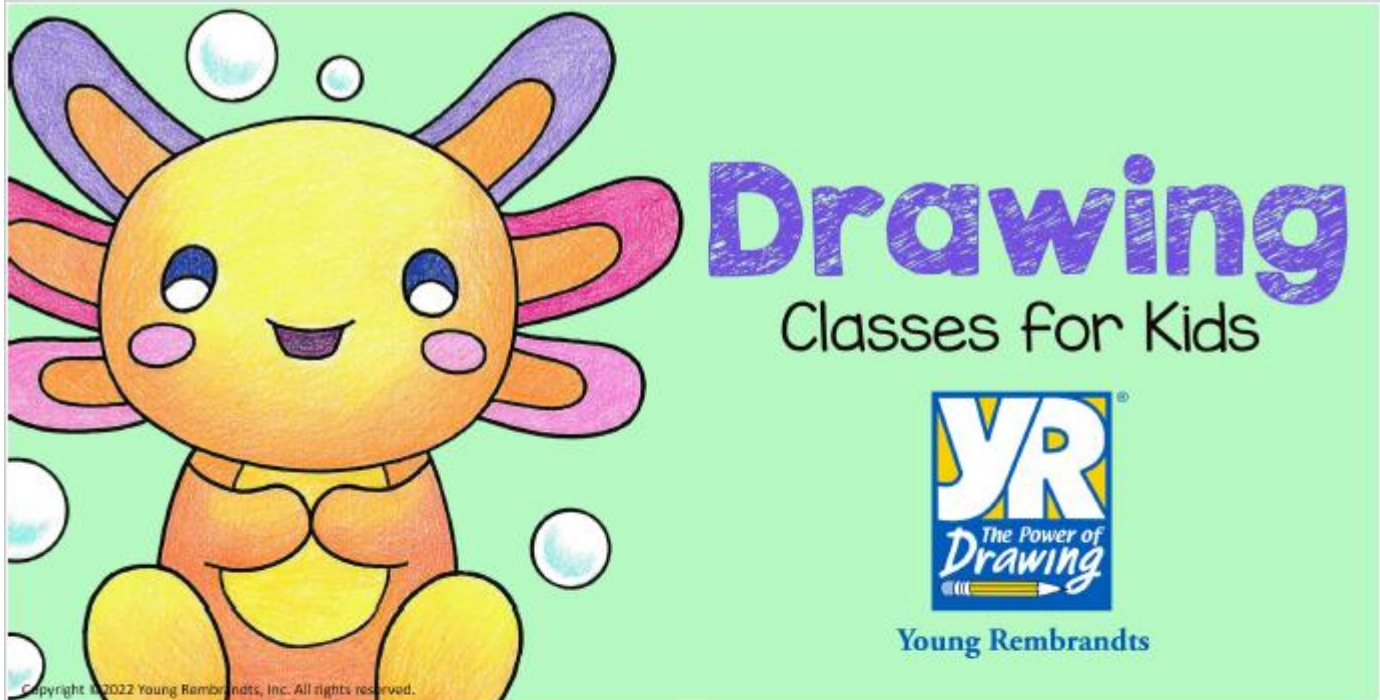
- Slow down and be especially alert in residential neighborhoods. Children are excited on Halloween and may move in unpredictable ways.
- Take extra time to look for kids at intersections, on medians and on curbs.
- Enter and exit driveways and alleys slowly and carefully.
- Eliminate any distractions inside your car so you can concentrate on the road and your surroundings.
- Drive slowly, anticipate heavy pedestrian traffic and turn your headlights on earlier in the day to spot children from greater distances.
- Popular trick-or-treating hours are 5:30 p.m. to 9:30 p.m. so be especially alert for kids during those hours.

On average, children are more than twice as likely to be hit by a car and killed on Halloween than on any other day of the year.



YOUNG REMBRANDTS – AFTERSCHOOL PROGRAM

Starting October 24, 2022, Young Rembrandts will be offering drawing classes for kids after school on site at Jamieson. Please email metrovancover@youngrembrandts.com or call 604-345-9053 if you have any questions.



Jamieson Elementary

Grades 1st to 6th

Young Rembrandts teaches drawing, the fundamental skill of all visual arts to children. Our unique, proven method and step-by-step curriculum foster a wealth of skills such as fine motor skills, handwriting readiness and attention to detail. Our method also aims to develop increased patience, discipline and focus as well as a host of artistic skills such as art vocabulary and history, drawing and art skills, and expanded creativity, imagination and confidence.



classes

Mondays

3:05 PM - 4:15 PM

10/24/2022 - 12/12/2022

8 classes



tuition

\$164.00 +GST

8 classes



enrollment

ENROLL ONLINE at

www.youngrembrandts.com/metrovancover/

metrovancover/

ALL NEW LESSONS EVERY SESSION!

YOUNG REMBRANDTS provides all classroom supplies and a trained instructor. Classes are held immediately after school inside the school. Parents are responsible for transportation at class end.

Young Rembrandts is an independent afterschool program and is not affiliated to the School Board

www.youngrembrandts.com/metrovancover/ - 604-345-9053 - metrovancover@youngrembrandts.com

PAC NEWS

Hot Lunch

Friendly Reminder!!

Keep a couple of extra cutlery sets in your students' schoolbags, as our vendors are not providing utensils to keep costs down

New items have been added to Chef Hung's and Boston Pizza menus, visit [Munch-a-Lunch](#) for more details.

To thank the Jamieson community for their support, the Chef Hung Kerrisdale location (only) is providing a [coupon for a free Mango Shaved Ice](#) with minimum purchase while dining in

Contact Us

General Questions:
info@jamiesonpac.com

Hot Lunch Program:
lunch@jamiesonpac.com

Latest News and Updates:
jamiesonpac.com

Apple Fundraiser

Thanks to all families who placed orders from our Apple Fundraiser! Details on pick up date/time will be sent directly to those who have placed orders, as well as on the jamiesonpac.com website.

Eat Yer Meat Fundraiser

Back by popular demand, Jamieson PAC is teaming up again with Two Rivers Specialty Meats to offer local, natural, frozen meat products to Jamieson families and friends! In return, our Jamieson PAC receives 15% from all sales! [Details here.](#)

Order until Thursday November 3, 2022 through [this link.](#)

PAC General Meeting

We held our first General Meeting of the year on September 28 with an engaged crowd of 25 participants! Our Principal, Ms Natasha Miladinovic and Vice-Principal Ms Lena Ling were on hand to respond to parents' questions about pedestrian safety, extra-curricular activities, district planning and more!

To hear first-hand about activities at Jamieson please plan to attend our next PAC General Meeting

Next PAC meeting to be held virtually

<https://meet.google.com/kis-rrmn-psf>

Wednesday November 9, 7:00- 8:00pm

EAT YER MEAT!



Back by popular demand, Jamieson PAC is teaming up again with Two Rivers Specialty Meats to offer local, natural, frozen meat products to Jamieson families and friends!

Two Rivers has supplied some of the best restaurants and retailers in B.C. since 2007. Their products are all free of hormones, antibiotics and chemical feed additives. And they're tasty, too!

**Two Rivers will donate 15% of all sales to Jamieson PAC
Order online by Nov 3rd**

Choose from a variety of different frozen products by clicking the following link:

<https://tworiversmeats.ca/wordpress/fundraiser/jamieson-elementary/>

**Pick up on Nov 17th, between 2:30 to 3:30pm
from Jamieson Elementary School front entrance.**



If you cannot pick up your order, please arrange for a friend to pick up on your behalf. No overnight storage available.

Spread the word and pass along the order link to friends and family! (But you would need to pick up on behalf of them).

ORDER END
DATE
NOV 03, 2022



EAT YER MEAT!

MEAT PACKAGES



The Big BBQ Box \$165

- 2 x Hot Dogs (12 dogs total)
- 2 x Natural Beef Burgers (8 burgers total)
- 2 x Striploin (2 steaks total)
- 2 x Top Sirloin Steak (2 steaks total)
- 2 x Chicken Legs (4 legs total)
- 2 x Boneless Porkchop (4 chops total)
- 2 x North Shore Bratwurst (8 links total)

The Butcher's Mix Box \$140

- 2 x Natural Lean Beef Grind (2lbs total)
- 2 x Specialty Chicken Breast (4 breasts total)
- 2 x Specialty Chicken thigh (8 thighs total)
- 1 x Fraser Valley Bacon (1lbs total)
- 1 x Natural Flat Iron (2 steaks total)
- 2 x Apple Banger (8 links total)

The Easy Meals Box \$120

- 2 x Stir fry (2lbs total)
- 2 x Natural Beef Burgers (8 burgers total)
- 2 x Bolo (beef + pork) Grind (2lbs total)
- 4 x Chicken Breasts
- 1 x Pork Loin Roast (retail pack)

ORDER END
DATE
NOV 03, 2022



Sponsored by Jamieson PAC, a volunteer, fundraising program

EAT YER MEAT!

MEAT PACKAGES



Fraser Valley Bacon Box \$100

8 x Sliced, Fraser Valley Bacon (8lbs total)

Natural Lean Ground Beef Box \$90

8 x 1lbs packs of Natural Lean Ground Beef (8lbs total)

Specialty Chicken Breast Box \$90

16 x Boneless, Skinless Specialty Breasts (8 packs / 2pcs per pack)

Specialty Chicken Thigh Box \$85

32 x Boneless, Skinless Specialty Thighs (8 packs / 4pcs per pack)

Natural Beef Burger Box \$70

20 x 5.33 oz Natural Beef Burger Patties (5 packs / 4pcs per pack)



ORDER END
DATE
NOV 03, 2022



Sponsored by Jamieson PAC, a volunteer, fundraising program

EAT YER MEAT!

訂購截止日期
11月3日



去年受到熱烈回應的訂購肉類食品活動有回來了! Jamieson 家委會再次和Two Rivers Specialty Meats 合作,為 Jamieson 的家庭和朋友提供本地產的健康冷凍肉類食品。

Two Rivers 從2007年起為 BC 省內一些最好的餐廳和零售商供貨。他們的產品都有激素,有抗生素,有化學飼養添加劑,而且味道也很好。

Two Rivers 會將全部銷售額的15%捐給Jamieson 家委會!

請在11月3日前上網訂購

點擊以下網址即可訂購多種多樣的冷凍肉類:

<https://tworiversmeats.ca/wordpress/fundraiser/jamieson-elementary/>

提貨時間於11月17日下午2:30到3:30

在Jamieson 學校前門提貨



如果你不能自己提貨,請安排你的朋友幫忙。學校不能提供隔夜的存儲服務。

如果你有朋友也有興趣請告訴我他們上以上的網址即是不Jamieson 的家庭都同樣訂購。(不過需要你幫他們在學校提貨。)



TWO RIVERS
SPECIALTY MEATS

EAT YER MEAT!

訂購截止日期
11月3日



MEAT PACKAGES



大燒烤盒 \$165

2 x 熱狗 (共 12 隻狗)

2 x 天然牛肉漢堡 (共 8 個漢堡)

2 x Striploin (共 2 塊牛排)

2 x 頂級沙朗牛排 (共 2 塊牛排)

2 x 雞腿 (共 4 條腿)

2 x 去骨豬排 (共 4 排)

2 x North Shore Bratwurst (共 8 個鏈接)

屠夫的混合盒 \$140

2 x 天然瘦牛肉碎 (共 2 磅)

2 x 特製雞胸肉 (共 4 個雞胸肉)

2 x 特色雞大腿 (共 8 條大腿)

1 x 弗雷澤谷培根 (共 1 磅)

1 x 天然扁鐵牛扒 (共 2 塊牛排)

2 x Apple Banger (共 8 個鏈接)

簡易餐盒 \$120

2 x 炒牛肉 (共 2 磅)

2 x 天然牛肉漢堡 (共 8 個漢堡)

2 x Bolo (牛肉 + 豬肉) 研磨 (共 2 磅)

4 x 雞胸肉

1 x 烤豬里脊 (零售包裝)

由志願者統籌策劃, Jamieson PAC 贊助

EAT YER MEAT!

訂購截止
日期
11月3日

肉食包裝



弗雷澤谷培根盒 \$100
8 x 切片，弗雷澤谷培根（共 8 磅）

天然瘦牛肉盒 \$90
8 x 1 磅包天然瘦牛肉碎（共 8 磅）

特色雞胸肉盒 \$90
16 x 去骨、去皮雞胸（8 包/每包 2 個）

特色雞大腿盒 \$85
32 x 去骨、去皮特種大雞腿（8 包/每包 4 件）

天然牛肉漢堡盒 \$70
20 x 5.33 oz. 天然牛肉漢堡肉餅（5 包/每包 4 件）



由志願者統籌策劃, Jamieson PAC 贊助