JOHN NORQUAY ELEMENTARY

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March Newsletter

With deep gratitude and respect, we are honoured to be learning and unlearning on the ancestral and unceded lands of the x^wməθk^wəýəm (Musqueam), Skwxwú7mesh Úxwumixw (Squamish Nation) & səlilwəta! (Tsleil-Waututh Nation).

It has been a busy month at Norquay!

We recently had a family movie night with a fancy popcorn bar by LunchLAB.

You will see throughout this newsletter photos of other great things happening at the school. To name a few: students have participated in First Aid training, there was a field trip to the Rugby 7s, classes participated in Indigenous weaving, grade 7s began visiting high schools, some classes participated in a Tai Chi performance, kindergarteners had their 100th day at school, and students received their report cards this week.

In addition, the PAC also had another school-wide pizza day. We would like to emphasize that we use the school-wide pizza day as an opportunity to educate students on creating equitable and inclusive opportunities by eliminating barriers to participation. We encourage all families to donate what they can as the spirit of the event is to eat together. However, if the number of students who do NOT place an order with the intention of receiving a "free" pizza continues to increase, the PAC will not be able to run pizza day. Munch a Lunch online ordering + e-transfer is now OPEN for April 9th Pizza Day. Paper fliers will be sent out when students return from spring break.

We are very proud of the work students have done in Term 2 and wish you all a happy and healthy spring break! We will see you on TUESDAY, April 2.

UPCOMING EVENTS

Friday, March 15

 Last day of classes before Spring Break
Last day for early bird ordering for yearbook

Tuesday, April 2

 School starts after Spring Break/Easter
Pizza notices go home

> Thursday, April 4 Class photos

Tuesday, April 9 School-wide pizza day

Tuesday, April 16 PAC meeting at 6pm, online only: <u>https://ubc.zoom.us/j/62272374717?</u> <u>pwd=ZHVOL2c4djZIVDk0dnY1UjBRRn</u> <u>FLUT09</u>

Monday, April 22 Pro-D Day, classes not in session





P/VP FOR A MORNING

Sara in kindergarten got chosen to be P/VP for a morning. She helped us by putting together the new office display "At Norquay, we lift each other up". She also helped to photocopy some important papers and deliver them to Ms. Angela in the office, she shredded some documents, and helped us fill up the bowl of apples. When we asked Sara what her favourite part of being a P/VP was, she said 'filling up the apple bowl'. Thank you for helping the office Sara! If you are interested in having your child do P/VP for a day, please come to the PAC meetings and your child will be entered in the draw.



MEASLES

With measles outbreaks being reported internationally and spring break travels on the horizon, the Deputy Minister of Education and Child Care, Provincial health officer, BC Centre for Disease Control, and public health officials are urging parents and caregivers to check that their immunization records are up to date. See the latest BC Government bulletin here: <u>People advised</u> to check immunization records before spring break travel | BC <u>Gov News</u>

YOUTHS IN POWER

Ms. Ba, Ms. Ong, and Mr. Mulligan have sponsored a new grade 7 leadership club at Norguay. The students recently named themselves Youths in Power. You may have noticed a new display at the front office named "At Norguay we lift each other up by ... ". This initiative was led by Youths in Power Miki and Lluna. Inspired by the community dragon art for Lunar New Year led by Ms. Peng, they wanted to do something to highlight Pink Shirt Day. Miki and Lluna worked together to create a hot air balloon template and gave instructions to all staff and students to put a message of how we can 'lift each other up'. Once they collected all the balloons, they designed and put together the display. There are over 600 balloons with messages! We encourage you to come and take a look. Well done Miki and Lluna, you have really shown what a group of likeminded youth can do. We look forward to more community building activities led by this group!



LUNCHLAB

Curious to see what's happening at LunchLAB?

We now have an instagram account <u>@lunchlab_jnorquay</u>. This is where you can go to see photos of the amazing meals and student chefs in action.

Without more volunteers, we won't be able to grow the program to FEED and TEACH more grades. Chef Cheryl speaks Mandarin and English so if you have a grandparent who is limited in language, we welcome them and will fit them with appropriate tasks.

NOW is the time to volunteer, click <u>HERE</u> to sign up! We welcome all to come and try a shift and if you enjoy it, we ask you to submit a criminal record check. Please follow this <u>link to</u> request a check (there is no fee) as soon as possible, as it can take a while for these to be processed. The access code is: MNCCQD2CPS.





BASKETBALL

Congratulations to the senior girls' and senior boys' basketball team. They had an excellent season. The student's skills, team spirit, and connection grew over the season. They were supportive of one another and gave their all every game. So much so that a spectator at one of the events let us know what great kids they all are. The girls made it to 16th overall in the district which is a HUGE accomplishment. Thank you to Coach Lucky, Coach Thomas, and parent coaches Coach Susan and Coach Karla for the time, effort, and enthusiasm you put into the practices and games. We could not do this without you, and we thank you! Next up: badminton season!





VPL SPRING BREAK PROGRAMS

VPL has a plethora of <u>spring break programs for K-7</u> coming up. They are thrilled to offer <u>STEAM Buddies</u> and <u>Reading Buddies</u> this coming season! As for virtual field trips, <u>Erin Silver will be</u> <u>marking Earth Month</u> on Thursday, April 18, 1:30pm-2:30pm for Grades 4-7.

At the Collingwood branch, they have the following programs:

- Zoom in (March 20)
- <u>Dog Man Character Party</u> (March 22)
- Phoebe and Her Unicorn Party (March 27)
- <u>KEVA Plank Party</u> (June 28)
- LEGO Block Party every Saturday







YMCA FREE PROGRAM

Generation Health is a FREE 10-week healthy lifestyle program for children and their families, delivered through YMCA BC and in partnership with the Childhood Obesity Foundation. Program participants will meet virtually or in person to learn about healthy eating, physical activity, goal setting, body image, self-esteem and more!

We have 2 program days to choose from: Tuesdays & Wednesdays from 6:30-8:30 pm. This program requires prior registration through these details: phone 1-888-650-3141 or send an e-mail to generationhealth@bc.ymca.ca.

Families who join this program receive a complimentary membership to the YMCA.

See website for more details: <u>https://www.gv.ymca.ca/generation-health</u>.



VSB CHORAL FESTIVAL

On Tuesday night, the choir students dressed in Norquay colours: black top and bottom, with a splash of red, and performed at the District Elementary Choral Festival at John Oliver. Around 8 elementary schools sang a selection of songs and then joined a mass choir at the end. Norquay sang "Sing!" by Joe Raposo and "Oye" by Jim Papoulis. The Group Mass Choir sang "Clouds" by Andy Beck and "¡Alegría!" by Jerry Estes. Thank you to Ms. Ba and Ms. Chaplin for practicing with the students and organizing them for the day! We appreciate all the time you have put into making Norquay SING!









FREE SPRING BREAK WORKSHOP

Fresh Roots is partnering with Mosaic Meanderings for a **FREE** pop-up community engagement workshop where families and community members can make their own mosaic, using coloured cardboard triangles as placeholders for actual mosaic pieces to create unique patterns and shapes.

Location: Fresh Roots office 5050 Wales Street, Vancouver, V5R 3M6

Date: Tuesday, March 19, 2024

Time: 4-7pm - It should take ~30 min per person, we'd love you to drop by!

The finished series of mosaics will wrap around the benches in the public plaza of the future development at the intersection of Earles St and Kingsway. Many students participated in this workshop at the school and their patterns have already been loaded on the facebook page, you can find them here: https://www.facebook.com/profile.php?

id=61551871539879&sk=photos_albums



Office Administrative Assistant: Sandy Lowe Principal: Deena Kotak Buckley Vice Principal: Steve Mulligan PAC Chairpersons: Hannah Tan School Liaison Trustee: Chris Richardson Director of Instruction: Janis Myers

PAC DESK

Thank-you to everyone who came to the movie night last week. It was a great turnout and wonderful to see families enjoying a movie and 'fancy popcorn' (thank you LunchLAB) together. This year from the movie nights we have raised \$359.20. It is a fun community activity that also serves as a fundraiser.

Thank-you to everyone who has been so involved with PAC initiatives! Here are the events around the corner ...

Pizza day volunteers: please sign up if you are interested in helping out for Pizza day Tuesday, April 9th! Time commitment approx 12-1pm. <u>https://forms.gle/yZ2mTdRHPWJKhgUn7</u>

Spring Fair: Previously called "Carnival," organization is well underway for Friday, June 14th Spring Fair! This year we will need lots of hands to help pull off another fantastic event. Various positions available: BBQ grill master, food stand attendant, face painter extraordinaire, inflatables gatekeeper, carnival games attendant, pony handler, and more! Please sign up if you would like to be a part of the big day <u>https://forms.gle/RkiYp8uCrJL8Gzb57</u>. Note: more Spring Fair details are coming soon, currently we are just recruiting volunteers.

On behalf of the PAC we wish you all a safe and happy Spring Break. We will see you in April!

As always please reach out at anytime, PAC contact information:

- Website: <u>https://norquaypac.ca</u>
- Email: norquaypacteam@gmail.com
- Instagram: <u>@norquaypac</u>
- Facebook: Norquay Elementary PAC



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