

## LORD STRATHCONA ELEMENTARY

592 East Pender Street

Vancouver, B.C. V6A 1V5

Tel: 604-713-4630

Principal: Mr. Jason Eng Vice Principal: Ms. Janine Lamb

PAC Chairperson: Mr. Alec Smecher

# OCTOBER NEWSLETTER

## PRINCIPAL'S MESSAGE

Dear Strathcona Families,

September certainly has been a busy month at Strathcona. Teaching and learning in classrooms is going full bore; students have settled into school routines, sports teams are up and running, and a number of students are taking on service and leadership roles in a variety of different capacities. It has been great to connect with parents on a number of different fronts. Our first school PAC Meeting took place this past Wednesday, and I am looking forward to working collaboratively with parents on a number of different initiatives to help support students and the school. I look forward to continuing our conversations about playground upgrades! Meet the Teacher Night had a great turnout on Thursday evening...I hope parents had an opportunity to connect with teachers and other Strathcona staff, but also mingle with neighbours and friends over pizza! I have also enjoyed hallway conversations and informal chats with parents whenever we have a chance to connect. School Goal Setting conferences are coming up in less than two weeks, providing another opportunity to connect with your child's teacher.

Looking forward to the next nine months of the school year at Strath!

Jason Eng

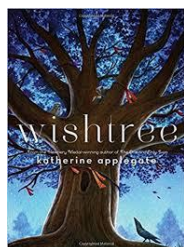
Principal

### MS. HONG'S LIBRARY CORNER



#### Battle of the Books!

Six books were chosen by students to compete in Battle of the Books! Grade 4 and 5 students will read 2 or more of the selected books and then vote for their favourite one. The book with the most votes is the winner of the Battle!



### PROFESSIONAL DEVELOPMENT DAY

Mark your calendars! Our second Professional Development Day is Friday, October 19th, 2018. School will not be in session for students on that day. The next Professional Development Day will take place on Friday, November 9th, 2018.



## **VERIFICATION FORMS**

Verification Forms has been sent home with students in September. Please review and make any necessary corrections and return your forms as soon as possible to the class teacher. Mark changes in coloured pen. Also, it is extremely important that any health issues be brought to our attention as additional forms may be needed.

## **KINDERGARTEN REGISTRATION PROCEDURES FOR 2019-2020**



Applications for Kindergarten for the 2019–2020 year will begin on November 1st. Catchment students applying for registration between November 1st, through January 31st will be given first consideration over those who apply later. French Immersion Kindergarten will be determined by a District run lottery. If you have a child born in 2012 or know someone that will have a child attending Kindergarten in September 2019 please register them during the above time frame in order to help guarantee your child's placement in their home school.

## **SUPERVISION OF STUDENTS**

Students are supervised before school from 8:40am to 9:00am and after school from 3:00pm to 3:20pm. Children should not arrive before 8:40am or leave after 3:20pm unless specifically requested to do so as part of an organized/supervised activity, otherwise they will be unsupervised.

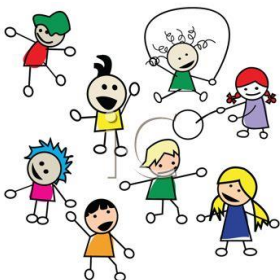
## **TRAFFIC SAFETY**

Please remember to exercise caution when dropping off or picking up children from school. Familiarize yourself with restricted areas and avoid double parking and U-turns. Remind your children not to run between cars to cross the street. Please acknowledge and respect all traffic signs and parking regulations. Thank you for your cooperation in not doing student drop off in the staff parking lot.



## **STUDENT VALUABLES AT SCHOOL**

Parents are reminded that there is no Vancouver School Board insurance coverage for student belongings. Please leave all valuables at home.

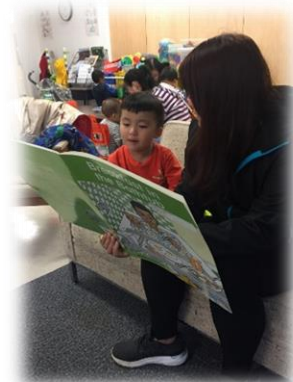


## **KEEP MOVING, IT'S GOOD FOR YOU!**

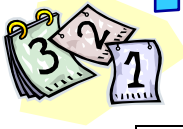
ParticipACTION reports that Canadian kids need to sit less and move more! With this information in mind, we are continuing to ask students to head outdoors at recess and lunch so they can run, play and be active during their breaks! Please make sure that your children are dressed for all types of weather as they will be going outside on most days. For more information please visit [www.participaction.com](http://www.participaction.com)

## **PARENT & CHILD DROP IN**

Children age 2-5 years old and their caregivers are invited to join in an atmosphere of creativity and play. Activities include crafts, stories, games, songs, group play and more! Every Tuesday and Thursday, from 1pm-2:30pm in the Family Room (C004). Contact Tracy 604.713.4630 for more info.



# MARK YOUR CALENDARS



## WHAT'S GOING ON AT STRATHCONA

Tuesday, October 2nd	Individual Photo Day
Wednesday, October 10th	Parent Conferences 2:00-8:00; students dismissed at 2pm
Thursday, October 11th	Parent Conferences 2:00-5:00; students dismissed at 2pm
Thursday, October 18th	District Cross Country Meet, Trout Lake
Friday, October 19 <sup>th</sup>	PRO D Day – No School for Students
Thursday, Oct 25 <sup>th</sup>	Immunization Clinic Kindergarten and Grade 6
Thursday, November 8 <sup>th</sup>	Remembrance Day Assembly Kindergarten Dental Screening
Friday, November 9 <sup>th</sup>	Curriculum PRO D Day – No School for Students
Monday, November 12 <sup>th</sup>	School Closed for Remembrance Day
Tuesday, November 13 <sup>th</sup>	Photo retakes



## Community Centre News

### Food Programs at Strathcona Community Centre:

- Breakfast Every day from Monday Oct. 1- Wednesday Oct. 31 (Except closed Monday Oct. 8 Thanksgiving and Friday Oct. 19 Pro-D Day)
- Cooking fun with families Mondays from 12noon-3pm Oct. 15/ 22/ 29
- Backpack Community Kitchen every other Wednesdays Oct. 10/ 24
- Backpack Market Every Fridays from 2-4pm Oct. 5/ 12/ 19/ 16
- Tu'wusht Aboriginal Healing Farm Fieldtrip Tuesday Oct. 23 8:30am-3pm
- Backpack Presents World Food Day Celebration Oct. 26 2-4pm

# STUDENT SHOWCASE



## DIVISION 3

Division 3 wrote some lovely poetry:

### *I am by cali*

*I am Treaty 4 and shy  
I wonder about my future  
I see a beautiful school  
I hear students talk  
I wish for no racism  
I want to learn Cree again  
I pretend to be quiet  
I know my family loves me  
I remember when I first came to Strathcona  
I wish people would treat each other equally  
I try to my friends happy  
I worry about my future  
I think about my family and friends in Regina  
I hope for a good year  
I am treaty 4 and shy*

### *I AM-BY Meara*

*I am creative and funny  
I wonder how high school will go  
I see my friends and family  
I hear laughing  
I wish for a good future  
I want to succeed in life  
I pretend I'm good at board games  
I know I will make mistakes  
I remember my childhood  
I wish for no judgement against people  
I try to do my best  
I worry about getting things done  
I think about what's going to happen tomorrow  
I hope for good friends when I get older  
I am creative and funny*

### *I Am - By Van*

*I am patient and sensitive.  
  
I wonder what everyone's thoughts are.  
I see the clouds in the sky.  
I hear wind blowing through the trees.  
I wish everyone could understand each other.  
  
I want everyone to feel whole and happy.  
I pretend to act as someone else sometimes.  
I know that no one can be perfect.  
I remember to assist people with the things they can't do.  
I wish everyone could understand each other.  
I try to be helpful when I can.  
  
I worry about my friends and family.  
I think of the future quite often.  
I hope everyone will be accepted as they are.  
  
I am patient and sensitive.*

### *I AM - By Isaac*

*I am active, Canadian, American and half Filipin  
I wonder if I'm goanna be rich  
I see people around me  
I hear voices  
I wish I was a pro soccer player  
I want to be noticed  
I pretend that I play with the pro soccer players  
I know that I'm special  
I remember when my mom took care of me  
when I was young  
I wish I can get a golden retriever  
I try to become better at soccer  
I worry about life sometimes  
I think about high school  
that I have a kid and a dog  
I am active, Canadian, American and half  
Filipino*

### *I am-by jasmine*

*I am happy and kind  
I wonder what happen in the future  
I see people and friends  
I hear people talking  
I wish I can meet a famous person  
I want to be a doctor  
I pretend I am a monkey  
I know how to make bannock  
I remember I went swimming in a lake  
I try my best  
I worry a bowt my famiy  
I think of my cats  
I hope the world will be a better piace  
I am happy and kind*

## FLU SEASON IS HERE!

### *What is the Flu?*

- ◆ Influenza (the flu) is a very contagious respiratory disease caused by a virus. It is passed from person to person by sneezing and coughing. Most healthy people who get the flu recover within two weeks. The flu can be a serious illness for infants, older adults and people with chronic diseases.

### *How can I prevent the flu?*

- ◆ Get a flu shot every year
- ◆ Eat a healthy diet
- ◆ Get plenty of rest
- ◆ Exercise regularly
- ◆ Stop smoking
- ◆ Wash your hands often

## HAND WASHING

### *Why is hand washing important?*

- ◆ Research confirms that hand washing is the most important thing you can do to stop the spread of germs and reduce colds and flus.

### *How should I wash my hands?*

- ◆ Wet your hands
- ◆ Apply plain soap (not antibacterial soap)
- ◆ Rub your hands together for at least 20 seconds or the time it takes to sing the alphabet
- ◆ Make sure to wash between your fingers and under your fingernails
- ◆ Rinse your hands to get all the germs and soap off
- ◆ Dry hands with a clean towel
- ◆ In public washrooms, turn off the water using a paper towel instead of bare hands



### *Where do I find more information?*

- Robert and Lily Lee Family Community Health Centre, 604-675-3980
- Health Link BC - online [www.healthlinkbc.ca](http://www.healthlinkbc.ca) or dial 811
- [www.vch.ca/schoolhealth](http://www.vch.ca/schoolhealth)



## **PAC CORNER**

Welcome to Autumn! Did you know that all parents of kids at Strathcona are members of the PAC?

We held our first general meeting of the year and filled some vacant positions on the board (thanks to everyone who volunteered). Mr. Eng presented some estimates for play area options, and the PAC agreed to form a committee to discuss it further. If you want to join this committee, email [strathconapac@smecher.bc.ca](mailto:strathconapac@smecher.bc.ca) for details.

We will be sending home Hallowe'en safety lights with your kids, as we did last year. Watch for these to go home as Hallowe'en approaches.

Movie Night is coming up in November; check the PAC Facebook page soon (search for "Lord Strathcona Elementary PAC") to vote for your choice.

Come to our next general meeting on November 7th -- pizza and child care are included!

Best regards,

Alec Smecher (PAC chair)

[strathconapac@smecher.bc.ca](mailto:strathconapac@smecher.bc.ca)