



What's
up
@McKechnie

October
2025

Hello McKechnie Families:

Wow—October is flying by, and we're already looking ahead to November! Over the past few weeks, our school community has settled into classroom routines while also embracing important events and activities. We've practiced emergency drills, launched our safety patrol, participated in Terry Fox Day, honoured the National Day for Truth and Reconciliation, and cheered on our amazing cross-country runners.

Next week, families will have the opportunity to connect with teachers during our Goal Setting Conferences on October 14 and 15. These meetings are a valuable time to discuss your child's progress and set meaningful goals for the months ahead.

Halloween on Friday, October 31, is just around the corner—costumes, creativity, and lots of smiles are on the way!

Looking ahead to November, we're gearing up for the start of the volleyball and basketball seasons, our Remembrance Day Assembly, and many other exciting learning opportunities and events.

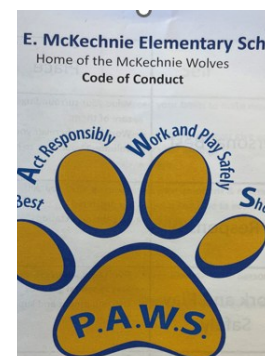
Thank you for your continued support and involvement. If you're looking for ways to stay connected, consider joining our PAC at their monthly meetings—your voice and ideas make a difference!

Warm regards

Lindsay Thompson
Principal



The students and staff of Dr. R. E. McKechnie Elementary School acknowledge that we work, live and learn on the traditional territories of the Musqueam, Squamish and T'sleil Wathuth Coast Salish peoples.





From the Library Corner:

Scholastic Book Fair is coming! - Please click on [link](#) for more information.

October 14th and October 15th

Open 2:00 PM-5:00 PM

Ms. Koke still needs volunteers to sign up for a shift to help at the fair.

All proceeds from the book sale go directly back into our school library. Thanks for supporting us on our reading journey!

Student Use of Cell Phones, Apple Watches & other Electronic Devices at School

We understand that many students carry phones, smartwatches, and other devices for communication before and after school. However, to maintain a safe and focused learning environment, we ask families to support the following guidelines:

During School Hours (8:55 a.m. – 3:03 p.m.):

- **No device use** in classrooms, hallways, or on the playground.
- **Devices must be turned off** and stored in a zipped backpack or a staff-approved location.



If a student is caught using a phone, it will be confiscated and a parent/guardian will be contacted.

Photos & Privacy:

- Students **may not take photos** at school.

Photography is only allowed for school purposes **with staff permission** and **parental consent**, in accordance with privacy laws.

Responsibility for Devices:

- The school is **not responsible** for lost, stolen, or damaged personal electronic devices.

Goal Setting Conferences – October 14 & 15

We're excited to invite you to our upcoming Goal Setting Conferences on October 14 and 15. This is a great opportunity for you to meet with your child and their teacher to discuss goals for a successful year ahead.

Each teacher will have reached out to families by Monday, October 6, to book a time. Please remember that both days, October 14 & 15, will have early dismissal at 2:00 PM.

Important Reminder: Students should not stay at school to wait for their conference time. Teachers will be busy meeting with other families, and supervision will **not be available**.

Thank you for your support—we look forward to seeing you soon

Healthy Habits Start at School – We Need Your Support!

We're working hard to promote healthy eating habits at school, and we need your help! Please avoid sending pop, sports drinks, energy drinks, or candy with your child during the school day.

These items can affect focus, energy levels, and overall well-being. Instead, we encourage sending water, milk, and nutritious snacks like fruit, veggies, whole grains, or protein-rich options.



Thank you for supporting a healthy learning environment for all our students!

Halloween Parade – A Fun Celebration!



Friday October 31st at 1PM

This year for Halloween, our students will be participating in a festive outdoor parade around the school and into the undercover area after LUNCH, **starting around 1:00pm**. This is a great opportunity for families to see their children and classmates dressed up in their costumes!

After the parade, students will head into the gym with the staff for some fun dancing and celebration. Parents are welcome to join us outside for the parade, but due to safety and space limitations, **we won't be able to accommodate parents inside the gym**.

Thank you for helping us keep the event safe and enjoyable for everyone—we can't wait to see all the creative costumes!

Grade 7 Bake Sale

On Wednesday October 29th the Grade 7's are having their first festive Bake Sale! Lots of scrumptious nut free items will be sold. Bring your loonies and toonies and help support the Grade 7's. All proceeds go towards Strathcona Camp class field trip in June. Thank you for your continued support of our wonderful Grade 7's.

**BAKE SALE
FUNDRAISER**

Terry Fox Run update



This year, our school raised an incredible \$4,660 for the Terry Fox Foundation—\$3,720 through online donations and \$940 from Terry Fox T-shirt sales. What a phenomenal show of community spirit!

Every 1st Monday is McKechnie Monday!

The **first Monday of every month** is **McKechnie Monday**—a chance for all students to show their school pride by rocking their McKechnie gear! Whether it's a hoodie, T-shirt, or anything in between, Spirit Wear is the perfect way to celebrate our amazing school community.

Missed out on ordering? Limited sizes and quantities are available for purchase in the **school office**—grab yours while supplies last!

Heads up for athletes! Spirit Wear will be **required** for **Cross Country** and **Track & Field** events. Make sure you're ready to represent McKechnie with pride!





PAC MEETING WITH PRINCIPAL

★ OCTOBER 6, 2025 ★

MONDAY, 7:00–8:30 PM
School Library (in person) & Zoom (virtual)

www.mckechniepac.ca



Exciting News: New Pizza Vendor! We're thrilled to welcome **Yummy Slice Pizza** as our new provider for **Pizza Lunch Fridays**! Enjoy delicious options like **pizza, pasta, and juice boxes**—all at affordable prices.

Order Deadline: Wednesday evening—Proceeds support the **PAC** and the **Grade 7 Strathcona Trip**

Let's make lunchtime tasty and fun while supporting our school community! Place your orders at www.munchalunch.com www.munchalunch.com

IMPORTANT REMINDERS TO PARENTS:

No Uber Eats or Personal Food Deliveries to Classrooms

We kindly remind parents that 'Uber Eats' and other personal food deliveries are **not permitted to classrooms**. If a student forgets their lunch, parents can drop it off at a table outside the office. It is the student's responsibility to pick up their lunch from there. **Please do not make this a daily/regular routine to bring food during school hours.**

Minimizing Classroom Disruptions

Unless it's an **emergency**, students and teachers should not be disturbed during class time to call home for non-urgent messages, such as who is picking them up or to arrange playdates. These interruptions are very disruptive to the learning environment, and will not be permitted. The office staff is extremely busy and is not able to pass messages on to your children.

Reminder to Parents: No Cutlery Provided

Please remember to send cutlery with your child(ren). The office **DOES NOT** have any to give them and we will not be providing cutlery from the staffroom. If your child does not have any cutlery, they will have to have lunch without any. Thank you for remembering to do this.



Nut Free Zone

A reminder that several students at McKechnie have severe allergies (especially nuts). We ask that families refrain from sending nut products with their child.



Please check with your child's teacher if you are unsure of food allergies.

If your child requires an epipen, puffer or has medical issues that we should be aware of, please contact the school office to further discuss. Thank you.

DR. R.E. MCKECHNIE STAFF LIST 2025-2026

Principal		Ms. Lindsay Thompson
Administrative Office Assistant		Nancy Yuen-Chan
Div. 1 Grade 6/7	Room #212	Ms. Taryn Puil
Div. 2 Grade 6/7	Room #209	Mr. Trevor Smitna
Div. 3 Grade 6/7	Room #105	Ms. Christina Williston
Div. 4 Grade 5	Room #207	Mrs. Vicki Wong
Div. 5 Grade 4/5	Room# 208	Mr. Scott Kemp
Div. 6 Grade 4	Room #210	Ms. Zoe McNair
Div. 7 Grade 3	Room # 101	Mrs. Maria Papageorgiou (Mon. - Wed.)
		Ms Joellen Housego (Thurs. – Fri.)
Div. 8 Grade 2/3	Room #211	Mr. Ben Fanning
Div. 9 Grade 1/2	Room# 102	Mrs. Nidia Pawliuk
Div. 10 Grade 1/2	Room #110	Mrs. Tammy Chang –
		Ms. Shelley Koke - (Thurs. – Fri.)
Div. 11 Grade KF	Room #104	Ms. Kristin Lum-Tong
Resource Teacher	Room #206	Ms. Cindy Tsang– Head Teacher
Resource Teacher	Room #109	Ms. Katharine Thurmeier
Resource Teacher	Room #106	Ms. Sisley Killam
Librarian	Room #103	Ms. Shelley Koke
Music	Portable	Mr. Glenn de Verteuil

Support Staff:

Mr. Gilber Cacao	Building Engineer
TBA	Afternoon Custodian
Ms. Maria Andriopoulos	Supervision Aide
Ms. Benny Ng	Supervision Aide
Ms. Alice Warren	Student Support Worker
Ms. Ashley Bismeyer	Student Support Worker – (M,T, every 2 nd Wednesday)
Ms. Erin Edwards	Student Support Worker– (every 2 nd Wednesday, Th,Fr)
Ms. Catherine Preece	Student Support Worker
Ms. Noriko Yoshida	Student Support Worker
Ms. Joanne Clarke	Student Support Work – (M,T)

District Staff:

Mr. Sasha Fonarev	Speech/Language Pathologist
Mr. Sheldon Franken	Area Counsellor –Thursday (Am/PM) and Monday AM only
Mrs. Harj Johal	School Nurse
Mr. David Ki	Psychologist
Ms. Elisabeth Chan	Settlement Worker
Ms. Synsia Wang	Multicultural Liaison Worker
Deaf Hard of Hearing	Patricia Eckels



October 2025

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1	2 Photo Day 	3	4
5	6 7-8PM PAC MEETING 	7	8	9	10	11
12 	13 Happy Thanksgiving! 	14 2PM EARLY DISMISSAL Scholastic Book Fair	15 2PM EARLY DISMISSAL Scholastic Book Fair	16	17	18
19	20	21	22	23	24 NO SCHOOL 	25
26	27	28	29 Bake Sale 	30	31 Parade @ 1PM undercover area 	

Principal	Lindsay Thompson	604-713-4952
Office Admin Support	Nancy Yuen-Chan	
Director of Instruction	Christopher Wong	
VSBC Trustee Liaison	Suzie Mah	
Vancouver School Board		604-713-5000

Safe Arrival @ McKechnie

Please call before 9am 604-713-5159

Press "54#" and leave message

For extended leave—please email nyuenchan@vsb.bc.ca

November 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 	4	5 	6	7	8
9	10	11 	12	13	14	15
16	17	18	19	20	21 	22
23	24	25	26	27	28	29
30						