

# PROFESSIONAL COOK 1



## Program Outline

Cooks perform a broad range of food preparation and service activities in the kitchen. This includes menu planning, costing, safe handling of food products, and sanitation.

The program takes places 4 days per week for 8 months. Graduation requirements can be taken through South Hill Education Centre on Fridays and/or Saturdays. Apprenticeship in this trade can start before, during, or after the program.

## Application Process - apply in Grade 11

Start by visiting [careerprograms.vsb.bc.ca](http://careerprograms.vsb.bc.ca) to download an application. Students are encouraged to discuss the application with a school counsellor and family.

Application Deadline	March 1st
Interview Period	March - April
Acceptance Decisions	April - May
Orientation Session	June

Specific details about the Orientation Session will be included in the acceptance letter. Students must attend along with a parent or guardian.

## Program Location & Intake Dates

The program takes places at the VCC Downtown Campus. Classes occur Monday – Thursday. The school day runs from 7:00am to 2:00pm.

This program has intake several times per year and runs for 32 weeks.

## Additional Information

### Eligibility

This program is available to students who hold Canadian citizenship or Permanent Resident status and who attend a Vancouver School Board school or alternative program.

### Required Certification

FOODSAFE Level 1

### Recommended Courses

Food Studies 11 or 12  
Any Culinary Arts 11 or 12

### Funding Commitment

Tuition will be paid by the VSB for the first level of training. Students are expected to pay for program supplies, equipment, tools, and PPE - approximately \$2000.

### Graduation Credits

Foundation Program - 16 credits  
Apprenticeship - up to 16 credits

### Program Contact

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*Youth TRAIN in Trades Programs are offered through a partnership between the Vancouver School Board, SkilledTradesBC, and VCC.*



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