



## Important Information – Please Translate

這是一份重要資訊 — 請找人為您翻譯 這是一份重要信息 — 請找人為您翻譯

Mahalagang Impormasyon - Paki salin sa sariling wika

Thông tin quan trọng - Xin tìm phiên dịch

ਮਹੱਤਵਪੂਰਨ ਜਾਣਕਾਰੀ-ਮਿਹਰਬਾਨੀ ਕਰਕੇ ਅਨੁਵਾਦ ਕਰੋ/ਕਰਵਾਓ

महत्वपूर्ण जानकारी - कृपया अनुवाद करें

중요한 정보 - 번역 부탁드립니다

Información importante - Por favor traducir

معلومات مهمة - الرجاء الترجمة

重要な情報-翻訳してください

اطلاعات مهم - لطفا ترجمه کنید

August 30, 2024

Dear Killarney Families:

Welcome to a new school year that I expect will be a great one with a fantastic senior class leading the way!

This newsletter is loooooong I know and has a great deal of specific information should you need it now or to refer to it in the future. Near the bottom is information for extra-curricular theatre and sports for the Fall season.

While many things remain the same at the school there are going to be some changes that will impact the whole student body and school community.

The purpose of these changes is to help our students achieve to the best of their abilities and doing so will require observing some new school-set boundaries as well as working on setting their own in Flex time.

### 1. Cell phone policy - summary

- An email was sent out in the Spring regarding new regulations put in place by the Ministry and Vancouver School Board regarding the use of cell phone and other related Personal Electronic Devices (PEDs) in classes including airpods, watches etc...
- We will expect students to enter the classroom with their cell phones and PEDs off and stored either in their bags or in their pockets. Continual reminder of this will result in a referral to the office and a parent meeting. Students will have to leave their cell phone in the office in these situations and/or another arrangement with the family.
- Cell phones may be used in classrooms when permitted by the teacher.

### 2. Flexible Instruction Time (FIT)

- FIT time is a 40 minute segment that occurs Monday and Friday mornings before classes and Tuesday and Thursday afternoons between the two afternoon classes.
- FIT time allows students the flexibility, choice, and time to determine what they would like to do. It could be exercising, working on homework, attending an assembly, collaborating with peers on a project etc... There is **no class instruction** provided at this time. Individual or small group teaching may be done.
- Last year, students went to their next scheduled class for FIT in the morning or stayed with their afternoon class.



- d. This year we will be using a software app that allows students to choose where they go and submit a plan. For example, last year a student in a Math 9 class would stay in their Math 9 class for FIT time. Now a student will be able to select which classroom/setting they go to.
  - e. **For the first two weeks we will not have FIT.** Instead we will be on a Wednesday bell schedule. There will be four classes per day with the first class beginning at 8:40 am.
  - f. We will let students and families know when the app is ready to be use. We plan to train students on the App on Friday, September 13.
  - g. **Grade 8-10 students must be in a supervised classroom setting.** Grades 11 and 12 will have the option of choosing the cafeteria and library and possibly a computer lab.
3. Late to class
- a. Lates at school are a problem. While they may negatively impact the student that is late, they also impact the learning of the rest of the class. A trail of students entering class 1-5 minutes late costs valuable learning time and ends up amounting to hours over the course of the year.
  - b. It is understood that sometimes being late happens, particularly first thing in the morning.
  - c. We will look at addressing this issue in a number of ways, including having students re-directed to the cafeteria where they will be supervised by an administrator. We appreciate your help in supporting us with this endeavour.

“You don’t have to be great to start, but you have to start to be great.”

Chris Parker  
Principal

## 2024-2025

### COUNSELLORS & ADMINISTRATORS

Principal: Mr. C. Parker  
Vice Principal: Mr. M. Nakada (gr. 9)  
Vice Principal: Mr. B. Soong (gr. 8/11)  
Vice Principal: Ms. S. Underwood (gr. 10/12)

#### Counsellors

Grade 8: TBD  
Grade 9: Mr. L. Nerling  
Grade 10: TBD  
Grade 11: Ms. S. Glyniani  
Grade 12: Ms. A. Sum



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## Student Attendance Week of Sept. 2<sup>nd</sup>

Monday, September 2<sup>nd</sup> – Labour Day, School Closed

Tuesday, September 3<sup>rd</sup> – Orientation Day, students to report to the Auditorium at the following times:

9am                    Grade 9s

10am                  Grade 10s

11am                  Grade 11s

12pm                  Grade 12s

12:45pm            Grade 8s (and link crew)

\*grade 9 to 12 students will be at school for approximately 45 minutes, grade 8 students will be at school for approximately 2 hours.

Wednesday, September 4<sup>th</sup> – Regular bell schedule

Thursday, September 5<sup>th</sup> – No FIT, Wednesday bell schedule

Friday, September 6<sup>th</sup> - No FIT, Wednesday bell schedule

## Grade 8 Parent Night

Thursday, September 12<sup>th</sup> from 6-7pm in the Auditorium

Parents of grade 8 students are invited to attend the Info Night to hear about their child's classes, how to access and use MyEd, social media use, cell phone use, work/study habits and supports available at Killarney. We will also review how to contact teachers and how to report absences. We hope to see you!

## Adolescents Online

The school will be hosting the information session *Adolescents Online* at Killarney Secondary on Wednesday, Sept. 25<sup>th</sup>, 2024 at 6pm in the school auditorium. Please enter through the doors on Killarney Street at 48<sup>th</sup> Ave East. All Killarney students/parents, plus grade 7 students/parents from our feeder schools, are welcome to attend.

## School Fees

Please visit our [website](#) for school fees information. School fees can be paid on [SchoolCashOnline](#).

## Notice of Late Return

Please complete the following [Notice of Late Return Form](#) if your student will not be returning to school before noon on Friday, September 6<sup>th</sup>. The form can be emailed to [killarney@vsb.bc.ca](mailto:killarney@vsb.bc.ca). By noon on Friday, September 6, 2024, if the school cannot verify your child's intent to attend school on, or before, September 30<sup>th</sup>, your child's space will be given to another student on the school's waitlist. If you are not planning on returning to Killarney please notify the school as soon as possible.

## Counselling Department Update

Welcome back Killarney!

This week is going to be a busy one for everyone as we all adjust to being back to school. We know your timetable is important to you and we want to make sure that you are taking all the classes you need and want. In order to ensure that everyone is in right classes, we need your cooperation with the process of changing courses.



## Priority order:

1. New students
2. Students missing graduation requirements
3. Students with empty blocks
4. Students requesting a change for another reason

You may come see your counsellor before school, break, lunch and after school **NOT** during class time. Do not come to the counselling suite during class time unless you have an empty block on your timetable.

Beginning first thing Tuesday morning, please check your MyED account to view your schedule. Please print or take a screenshot of your schedule as you may not be able to log in to MyEdBC while at the school.

Grade 8 – TBD

Grade 9 – Mr. Nerling at [lnerling@vsb.bc.ca](mailto:lnerling@vsb.bc.ca)

Grade 10 – TBD

Grade 11 – Ms. Glynianyi at [sglynianyi@vsb.bc.ca](mailto:sglynianyi@vsb.bc.ca)

Grade 12 – Ms. Sum at [asum@vsb.bc.ca](mailto:asum@vsb.bc.ca)

## 2024/25 Killarney Calendars & Bell Schedules

Our calendar and bell schedule can be found on our website.

[Bell schedule](#)

[Calendar at a Glance](#)

[Important dates](#)

## Communication

### Students

Important information and reminders will be sent to students through TEAMS. Students are also strongly encouraged to listen to the daily announcements to keep up to date on what is happening in the school.

### Parents

To keep parents up to date on what is happening in the school we will be sending a monthly email with a newsletter. Please also visit our website and calendar to stay up to date.

## Microsoft Office 365

VSB accounts in Microsoft Office 365 are provided to all students. Your account will be linked to your student email which will be your student number with @learn.vsb.bc.ca. For example, [123456@learn.vsb.bc.ca](mailto:123456@learn.vsb.bc.ca) would be the email. Teachers will be available to help you when you return to school on Sept. 4<sup>th</sup>. You may also go to the website <https://studentpass.vsb.bc.ca> for assistance. You must know your Personal Education Number (P.E.N. – 9 digit number provided by the BC Ministry of Education) which can be found on a previous report card) and your birth date.

## MyEdBC

This portal is now open for students and families to access class schedules, attendance and report cards. Please note the account is shared between the student and those with parental authority to access their child's educational information. With the current limitations of the system, this means that the **log in ID, password, and email associated with the account need to be shared.**

Please visit this link for support: [Account Management \(vsb.bc.ca\)](https://vsb.bc.ca/Account-Management)



If you are still unable to access your account, email [killarney@vsb.bc.ca](mailto:killarney@vsb.bc.ca). After Sept. 6<sup>th</sup>, students can drop by our office for support.

## **Tips For Getting Ready for School**

We look forward to welcoming in the new school year with you! In order to get off to a great start, consider the following tips:

1. Get your sleep schedule adjusted for school! Adolescents need a lot of sleep. That is, a minimum of 8 hours. Yes, that is correct! Start your pre-bedtime routine so that you can be ASLEEP for 8 hours until it is time to wake up.
2. Uninterrupted sleep is key! It may be really hard to do, but screens (mobile phone, tablets, laptops) should be turned off at least one hour bedtime. Blue light and the activity stimulates your brain instead of getting it ready for rest. Consider leaving your device outside of your bedroom at bedtime so you control the urge to check it or hear those annoying middle-of-the-night notifications (or you can set your Do Not Disturb function).
3. Get into a physical activity routine. Physical activity is a great way to manage and relieve stress. It also gets your blood flowing to deliver oxygen and nutrients throughout your body, especially your brain, to keep you and your sharp.
4. Start building a support network and outline places and people you can get assistance. Life can get really busy and we often need some help. Make a list of places and people who you can ask for help.
5. Learn how to manage expectations and be flexible. For example, you make a trip to the local store for a cold bottle of Starbucks Mocha Frappuccino. But they are out! The point is you are thirsty and/or hungry so what else could you get instead? There is surely lots to choose from. Think of all the ways this can apply to your day.
6. Start thinking about some goals you have for yourself.

## **Forms**

### *Online forms*

Please go to the following website, <https://myforms.vsb.bc.ca>, to complete the forms listed below for the 2024/25 school year. For each student in your care, you will log in using their credentials, either a PEN number and date of birth, or, if available, the students VSB email credentials. Click [here](#) for Instructions on how to use MyForms.

- [Adobe CC Acknowledgement of Use](#) (for students)
- [Adobe CC Consent Form](#) (for parents/guardians)
- [Canada Anti-Spam Legislation Consent](#) (for parents and guardians)
- [External Media Consent](#)
- [Gr. 4-12 Student AUP](#)
- [Neighbourhood Class Walk Consent](#)
- [VSB Media Consent](#)
- [Yearbook Media Consent](#)

### *Paper forms*

Students will receive 1 paper form in their first block on September 4<sup>th</sup>. Please ensure this form is returned to their Semester 1 Period 1 teacher as soon as possible.

- Student Emergency Reunification

*Student Information Verification Forms* will be published (much like report cards are published) on MyEdBC next week for parents to verify. More information will be sent once they are published.



## Students with Medical Conditions

Parents & Guardians, please ensure that the school is informed of any medical condition that may require emergency care at school i.e.: anaphylaxis, diabetes, seizures and severe asthma, serious heart conditions. This information will be kept in the office and shared with appropriate school staff. You are responsible for ensuring that the school is informed of any changes to medical information or emergency contact information throughout the year.

**Please assist us in keeping our records current by completing our [MEDICAL INFORMATION FORM](#).** Forms are also available from the main office for pick up.

It is strongly recommended that students who carry emergency medications such as inhalers, epi-pens or diabetic emergency kits keep these medications or supplies with them at all times in a fanny pack, purse or backpack which travels to class and on field trips with them. Emergency supplies/medications stored in lockers will delay access to the medication during an emergency. Some parents choose to keep an extra epi-pen or inhaler in the First Aid room. If this option is chosen, parents are responsible for checking expiry dates and providing new supplies as needed. Please see and speak with the First Aid Attendants to make arrangements.

**Also, a “Medication Administration” form completed by a physician is required for any medication being dispensed by a school staff member. Copies of these forms are available from the office.**

Additionally, if there are specific concerns about a student’s health in a particular class, for example, P.E. for a student who has seizures or Foods class for a student with anaphylaxis to peanuts, please communicate this information directly to the appropriate teacher and grade counselor. A Community Health Nurse is available to discuss health concerns upon request from school staff, parents or students. A Community Health Nurse can be reached by calling South Community Health Office at 604-321-6151 (ext. 3332).

## Lockers

Lockers are property of Killarney School and will be assigned to students for use during the school year on the following conditions:

- Students must register their locker and combination online. Instructions will be shared in the first week.
- DO NOT SHARE LOCKERS OR COMBINATIONS.
- ALWAYS LOCK YOUR VALUABLES.
- WHEN LOCKING, SPIN THE DIAL AND PULL DOWN TO ENSURE YOUR LOCK IS SECURE.
- DO NOT BRING CELL PHONES OR VALUABLES TO P.E. CLASS.
- Students are reminded to always lock their belongings in a changeroom locker during their PE class. However, students may not lock a changeroom locker before or after their P.E. class or the lock will be removed.
- Heavy duty locks should be used and can be purchased from the office.
- Students are responsible for the care, cleanliness and contents of the locker that is assigned to them.
- Report thefts to the office immediately.

***Neither the school nor the Vancouver Board of Education has insurance to cover the loss by theft or damage of personal property of students or teachers. Although supervision by staff and the cooperation of students decreases the possibility of theft, students are advised to leave valuables at home and to ensure that personal property left in the school is covered by their own insurance.***



## Cafeteria Service and the Lunch Program

The cafeteria will be open this year and return to providing tasty and nutritious hot and cold food options for our students. Families can opt to participate in the lunch program by purchasing a Lunchsmart card and pay the full amount each month for a daily lunch at school. A subsidized lunch is available for students requiring help with nutrition services at school. To register for the lunch program and/or apply for a subsidy, please complete the enrolment form available from the office.

## School Photos

Artona Studios will be at the school on Wednesday, September 11<sup>th</sup> to take student photos. All students are required to take a photo in order to receive their student ID card. Student photos can be ordered at <https://artona.com/schools/KILN> using the access code your child will be given after their photo is taken.

Retake day is Wednesday, October 15<sup>th</sup> in the morning.

## Attendance/Reporting an absence

Regular attendance is required of all students. If students are marked absent for one class or more, the "School Messenger" Computer system will call/email home.

Students who become ill during the school day must report to the medical room in the office. The first aid attendant may need to contact the parent and advise the parent of the student's condition. Please provide correct contact numbers for this purpose in the event of an emergency.

**All students leaving the school during the day MUST sign out at the office.**

Parents/guardians can check a student's attendance record by logging into MyEdBC.

## **REPORTING AN ABSENCE**

Please report student absences as follows:

- **By email (PREFERRED METHOD)**—Please email [klrnabsences@vsb.bc.ca](mailto:klrnabsences@vsb.bc.ca) with your student's absence from the parent email address that is on file with the school. Please include the following information:

**FULL STUDENT NAME** (First and Last Name)

**STUDENT # & GRADE**

**DAYS OF ABSENCE** (If more than 3, please use the "[Extended Vacation Request Form](#)")

**REASON OF ABSENCE**

- **By phone (604-713-8950)** - Absences taken by phone are adjusted on the computer system usually within the same day unless data entry is delayed for any reason.
- **By note**—Please use the paper note that is available to print from our [website](#). Students may pick up an absence note from the office as well. These notes provide more detailed and accurate data for us to input. Thank you for your cooperation.
- **Signing out**—If a student is ill during school hours, they must come to the office to sign out. Prior to them leaving, the office staff will contact their parent for permission.





- **Field Trips**—The teacher is asked to compile a list of attendees for field trips based on forms returned to them. These lists are then forwarded to the office for data entry. If no list was received, you may get a call through our automated system.
- **Automated message**—You will receive an automated message/email if your son/daughter has missed a class at any time of the school day. To correct any errors, you must contact the teacher who marked them absent.

## Lost/Stolen Items

Students must make a concerted effort to watch over their own belongings AT ALL TIMES.

- Ensure that you have your valuables locked or secured with you at all times OR don't bring them to school.
- Do not expect your friends to watch over your things.
- Do not share lockers or combinations.

In the event of theft or loss, students are asked to report to the office and fill out a form for the lost item in case it is returned. Please be aware that there is no guarantee that your item will be found and returned. The school is not responsible for lost or stolen items.

## Killarney Mainstage Theatre Auditions- Actors and Backstage Leaders

Come one, come all.

Attention all students enrolled in our theatre/drama/photo/film/theatre crit/media arts classes.

This is your chance to shine! Come AUDITION and be a LEADER for backstage depts for this year's Mainstage theatre show.

**Acting Auditions will be taking place on Thursday September 26<sup>th</sup> @3pm in C105.**

Information and sign up will happen outside C105 or you can see Ms.

Mattock, Ms. Tuson or Mr. Rocchetta. Our classroom is C104,C105 and C106. Please pick up an information sheet and see information on bulletin board outside the room. **Please note: You MUST sign up and attend a Full Company meeting to get info on PLAY and BACKSTAGE LEADERS on Tuesday Sept 17<sup>th</sup> at LUNCH IN C105.**

Come be part of the theatre family and be involved as an actor/leader for this year's play. Auditions are open to students in grade 8-12. Bring a friend and be part of our theatre company. " We gotta a feeling – this we be an amazing year"

**If you want to volunteer (open to all students in grade 8-12) for our backstage club- more information regarding the crew will come out in October- stay tuned.**

## Athletics

MAKE SURE YOU SIGN UP TO REGISTER BEFORE TRYOUTS BEGIN

LINK: <https://forms.office.com/r/Lvvi6WsFzq?origin=lpLink>





Registration for our fall sports teams go live at the beginning of September. The following Fall teams are typically offered (if registration numbers are low, or if we cannot provide a coach, a team might be cancelled). You are allowed to tryout for a team of a higher grade than you are in when your grade does not offer a team.

- Aquatics (swim team hosted by another school see Mr. Westereng)
- Cross Country Running - Co-Ed
- Soccer – Boys
- Volleyball – Girls
- Volleyball - Boys Grade 10 Jr, and Grades 11/12 Sr (grades 8/9 play in the Spring)

## CURRENT FIRST TRYOUT/MEETING INFO

### *Volleyball*

- **Senior (Grades 11-12) Girls Volleyball:**
- **Junior (Grade 10) Girls Volleyball:** First Tryouts Sept 5th and 6th 3:10pm in Gym C. Coach is Mr. Koo - [jkoo@vsb.bc.ca](mailto:jkoo@vsb.bc.ca)
- **Juvenile (Grade 9) Girls Volleyball:** First Tryouts Sept 5th Gym B 3:15pm with Mr. Westereng [jwestereng@vsb.bc.ca](mailto:jwestereng@vsb.bc.ca)
- **Bantam (Grade 8) Girls Volleyball:**
- **Senior (Grade 11-12) Boys Volleyball:** First Tryout Wednesday Sept 4th from 5-7pm in Gyms A & B
- **Junior (Grade 10) Boys Volleyball:** Tryout/Practice Tuesday Sept 3rd, 4th, 5th, 6th 3:10pm in Gym A. Coach email: [kitakura@vsb.bc.ca](mailto:kitakura@vsb.bc.ca)

### *Soccer*

**Senior (Grade 10-12) Boys Soccer:** To be announced

**Juvenile (Grade 8-9) Boys Soccer:** To be announced

### *Cross Country*

To be announced

### *Aquatics:*

Contact Mr. Westereng @ [jwestereng@vsb.bc.ca](mailto:jwestereng@vsb.bc.ca)

## **Killarney Parents Advisory Council (KPAC)**

### *KPAC Meeting*

The next KPAC meeting will be held September 25<sup>th</sup> at 7pm in the school cafeteria.

## **September Days with Changes to the Regular School Schedule**

- Monday, September 3<sup>rd</sup> – Labour Day, school closed
- Tuesday, September 4<sup>th</sup> – Orientation Day, modified schedule
- Thursday, September 12<sup>th</sup> – PM Collaborative Day, early dismissal for students
- Friday, September 20<sup>th</sup> – Professional Development Day, no school for students
- Monday, September 30<sup>th</sup> – Truth & Reconciliation Day, school closed



# Killarney Cougar News

September 2024

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## Contact the School

Please contact the teacher, the counsellor, or the grade administrator if you have any questions or concerns about your child's progress with learning. This newsletter and my previous newsletters are posted under the Student Bulletin section of the Killarney website.