



NIGHTINGALE NEWS

Principal: Angela Hughes
 Director of Instruction: Shannon Burton
 Trustee: Suzie Mah

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Dates to Remember in September



- Tuesday, September 5 ...First Day of School for Students
9:00 a.m.—10:00 a.m.
...Kindergarten Children attend at 1:00 p.m.
- Wednesday, September 6 ...First Full day of School
- Wednesday, September 13 ...First Full day of School for Kindergarten
- Thursday, September 21 ...Meet the Staff 3:15—5:00 p.m. in your child’s classroom
- Friday, September 22 ...Professional Development Day—no school for students
- Monday, October 2 ...Statutory Holiday—National Day for Truth and Reconciliation



REPORTING STUDENT ABSENCES

If your child is sick and unable to attend school, please report your child’s absence:

Call 604-713-5159 school code 59#

Report your child’s first and last name, division number, and teacher’s name. It is important that you do call this number, even if you have sent a message to your child’s teacher via e-mail. This will let the office know your child is absent so that we know they are safe at home. Teachers do not necessarily check their e-mail or they may be away themselves and we would not have access to the information. Thank you.

A Message from Ms. Hughes



Welcome back to another school year and welcome to all of the new families that joined us this year. It is lovely reconnecting with everyone after the summer break and teachers were thrilled to have been able to receive their new classes late last week.

As outlined via e-mail last week, Divisions and Classroom Teachers for 2023 –2024 are as follows:

- Division 1—Mr. Hartwick—Grade 6/7
- Division 2—Mr. Davitt—Grade 6/7
- Division 3—Ms. Wong—Grade 4/5
- Division 4—Ms. Tufts—Grade 4/5
- Division 5—Ms. Janzen—Grade 3/4
- Division 6—Ms. Gelson—Grade 2/3
- Division 7—Ms. Hahn—Grade 2/3
- Division 8—Mr. Canning—Grade 1/2
- Division 9—Ms. Sutherland—Grade 1/2
- Division 10—Ms. Colleen—Grade 1
- Division 11—Ms. Locky—Kindergarten
- Division 12—Ms. Tooshkenig—Kindergarten

We are looking forward to a great year at Nightingale!

“PROUD TO BE HAWKS”

Honest, Awesome Attitude, Working Hard, Kind, Safe

We would like to humbly acknowledge that we are learning, unlearning and relearning on the unceded, un-surrendered, and traditional territories of the xʷməθkʷəy̓əm | Musqueam, Skwxwú7mesh | Squamish & səliwətaʔ | Tsleil-Waututh Nations. With this acknowledgement comes the commitment to engage in ongoing acts of reconciliation.

Optional Student Accident Insurance

The VSB is offering parents access to two voluntary student accident plans which offer coverage for students and their families against accidental injury, unexpected medical/dental expenses and critical illness. The two companies that are offering this product are the IA Family Accident Reimbursement Plan (FARP) and Study Insured.

Families can register online to purchase and participate in either of these optional insurance plans by using the URL's provided below:

<https://www.solutionsinsurance.com/aonbc>
<http://www.studyinsuredstudentaccident.com/>

Mindful Mondays and Wiggle Wednesdays

Mindful Mondays and Wiggle Wednesdays will be starting up again on Monday, September 18. Join Mr. Thomas every Monday morning from 8:45 - 8:55 am in the gym for ten minutes of mindfulness, grounding and soothing practices to help us all learn how to better self- and co-regulate. No experience required. The techniques we will learn are very simple and can be very effective. Parents, children and staff are welcome. Chairs will be provided for those that wish to have them. Wiggle Wednesdays will start again on Wednesday, September 20. Join Mr. Thomas in the gym at 8:40 a.m. to wiggle and jiggle your way into the school day.

Please collect a permission form from Mr. Thomas to participate in Wiggle Wednesdays. Thank you!



Nightingale PAC

The Nightingale Parent Advisory Committee (PAC) are excited to start another school year. All parents at Nightingale are members of the PAC. The first PAC meeting of the year will be in the Nightingale Library at 7:00 p.m. on October 3.

The remaining dates of PAC meetings for the year are December 4, February 5, April 8, June 3.

I would like to thank members of the PAC executive and all of the various committees, in advance, for their work throughout the year. Working together we can enhance the opportunities and experiences of all the children at the school.

We look forward to seeing you on October 3—All parents are welcome!

If you would like to reach out to the PAC please check out their [website](#).



At Nightingale we love our school!

Grade 7 Choice Program Information

It is that time of year that grade 7 students and families may be discussing applying for choice programs. Please see the links below if you are interested in applying for one of these programs. Regular high school registration and articulation happens later in the school year—usually in January. Please note, the first information session for choice programs is October 4.

[District Choice Program Brochure](#)

[District Choice Program Website](#)



Nightingale Website

As a reminder, pro-d dates, holidays, conferences and other events are all noted on the Nightingale website.



Technology and Toys in School



Please be advised, we ask that students do NOT bring personal electronics (i-phones, i-watches, i-pads, android devices, etc.) or other toys to school. If a teacher asks students to bring any items in for Sharing/

Show and Tell, they will communicate that with parents. Otherwise, we ask for no toys at school. Sometimes these items get lost or broken which results in disappointment or tears, particularly if the item cannot be repaired or found.

With respect to use of technology, students are easily distracted by their devices, particularly in the intermediate grades. If your child does not have a phone we would encourage you to try and hold off from getting them one.

There is a growing campaign to align parents in this mission called “Wait ‘till Grade 8.” For more information on this campaign and the research behind it, Google: Wait Till 8.

There is appropriate technology in classrooms and there will be no reason why your child needs a phone at school.

If your child is bringing a phone to school, it must remain in their bags at all times, keeping in mind we cannot be responsible for lost devices. It is not allowed out before school, after school, at recess, lunch or during school time. If a cellphone is seen by a staff member, we will be asking the child to hand the phone in for the day and we will require parent consent for it to be returned. If cell phones become a disruption to the learning environment, students may be asked to hand them in at the beginning of the day, they will be put in a secure location, and returned at the end of the day. We also ask that, if students need to call home during the day they do so from the phone in the office.

Thank you.



Staffing Updates

As you may have noticed, we have a new classroom teacher at Nightingale this year. Mr. Davitt joined us in late August and is teaching Division 2, Grade 6/7. Please join me in welcoming him to the school.

Starting on Monday, we have a new support worker starting at Nightingale—Welcome Allison! We are also looking forward to welcoming another new supervision aide later in the fall. In the meantime, I would like to welcome our two on-call supervision aides for the month of September.

Staff and students at Nightingale wish Ms. Paterson and Ms. Galay all the best as they leave our school.



Cross Country

We are excited to start Cross Country running again this fall!

Grades 1-7 are invited to join the team and permission slips have been sent home this week to children who are interested. Practices will be Thursday mornings at 8:15am and mini-meets will be Tuesdays afterschool. Thanks to our coaches Mr. Thomas, Ms. Moeko, Mr. Davitt, and Ms. Shan!



Dress for the Weather

As a reminder, as the weather starts to turn cooler and wetter, please ensure your child comes to school **ressed for the weather (rain jacket, rain boots).**

All recess and lunch playtime will be outside “rain or shine”. Younger children may be asked to also bring a change of clothes in the event that they have a bathroom accident or get very wet playing in puddles!

Children tend to find fun things to do regardless of the rain!



October 2 is a statutory holiday in lieu of National Day of Truth and Reconciliation. Staff and students will be learning about the origins of Orange Shirt Day throughout the week of September 25 and will be recognizing Orange Shirt Day on Friday, September 29. Please contact your child’s teacher for more information about what they will be doing in their class..

Back to School—How to Promote Resilience and Set Your Kids up for Success

Set the stage for success and well-being going into this new school year with some practical strategies for

parents supporting children and their emotional resilience in this blog post by Dr. Angela Low, [Back to School - How to Promote Resilience and Set Your Kids up For Success.](#)



At Nightingale we love our school!



Meet the Staff

Thursday, September 21, 3:15—5:00 p.m.

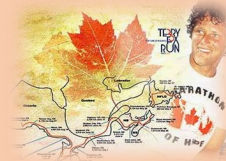
Classroom teachers will send more information to their families closer to the date.

Please come and meet your child’s teacher in their classroom to learn more about the program and the year ahead. We look forward to welcoming you!



Terry Fox Run

Our Terry Fox Run will be on Friday, September 29 in the afternoon. We will be running rain or shine so make sure you child is dressed appropriately. Nightingale is excited to raise funds for cancer research and treatments. Link to follow...



School Cash Online

Throughout the year there may be a variety of fees and activities that have a cost attached for participation. Please see the fee notice that was sent home this week and also e-mailed.

Nightingale Elementary, along with all other Vancouver schools collect money from families electronically. Thank you to those families who have already signed up and are familiar with SchoolCash Online. For new families or families who have yet to register, please click on the link below to register now. If you are having difficulty registering, please contact the office. Thank you.

Paying for school items just got easier!
Sign up to get started today.

What is SchoolCash Online?

SchoolCash Online is an easy to use and safe way to pay for your children’s school fees.
[Learn more](#)



Register

Sign In

Welcome Back!



Click [Here](#)

“PROUD TO BE HAWKS”



At Nightingale we love our school!

Nightingale Art

Throughout the year we will showcase art from around the school—enjoy!



Back to School Busses

Nightingale Art



Ms. Maggie installed our "Mending and Tending" project in the foyer of the school. Some classes went down to the foyer to reflect and dialogue about the project. Art is about looking, thinking, feeling, and making meaning through connections to our lives and experiences. Thank you Ms. Maggie for installing this in our school!