



NIGHTINGALE NEWS

Principal: Angela Hughes
 Director of Instruction: Janis Meyers
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Dates to Remember in November

- Tuesday, October 31 ...Halloween Activities in Classrooms and Halloween Assembly
- Wednesday, November 1 ...Kindergarten Registration Starts
- Monday, November 6 ...Fire Drill (#2 of the year)
- Friday, November 10 ...Remembrance Day Assembly
- Monday, November 13 ...No School in Lieu of Remembrance Day
- Thursday, November 16 ...Photo Retakes
- Friday, November 24 ...Non-Instructional Day—Indigenous Focus Day—No School for Students

REPORTING STUDENT ABSENCES

If your child is sick and unable to attend school, please report your child’s absence:

Call 604-713-5159 school code 59#

Or via e-mail at

nigattendance@vsb.bc.ca

Report your child’s first and last name, division number, and teacher’s name. It is important that you do call this number, even if you have sent a message to your child’s teacher via e-mail. This will let the office know your child is absent so that we know they are safe at home. Teachers do not necessarily check their e-mail or they may be away themselves and we would not have access to the information. Thank you.

A Message from Ms. Hughes



I hope everyone has now had the opportunity to speak to their child’s teacher through the month of October during goal-setting conferences. This was a time for you to get a better understanding of how your child is progressing for the first part of the school year and what goals have been set by your child for the next part of the school year. As a reminder, if you have any questions about your child’s time at Nightingale, please do reach out to the classroom teacher.

“PROUD TO BE HAWKS”

Honest, Awesome attitude, Working hard, Kind, Safe

We would like to humbly acknowledge that we are learning, unlearning and relearning on the unceded, un-surrendered, and traditional territories of the xʷməθkʷəy̓əm | Musqueam, Skwxwú7mesh | Squamish & səliwətaʔ | Tsleil-Waututh Nations. With this acknowledgement comes the commitment to engage in ongoing acts of reconciliation.

Kindergarten Registration 2023-2024

With the opening of school kindergarten registration for the 2023-2024 school year on November 1, the registration process will have two steps:

- ◆ **Step 1:** Complete the online registration at vsbapplynow.vsb.bc.ca—print out the completed registration form
- ◆ **Step 2:** Phone the school to make an appointment to bring in your documents (604-713-5290). At the time of your appointment, bring the completed registration form along with the required documents to your catchment school. Thank you.

Supporting documents needed:

- Proof of residence in Vancouver
- Child's birth certificate
- Immigration documentation (if applicable)
- Immunization records
- Court orders/documents (if applicable)



NOTE: The registration process is not complete until you have completed both steps in the process. Priority registration for in-catchment students ends on January 31st. If we have more applications for kindergarten than we have available spaces, a draw will be held.

If you know families with children who were born in 2019, please remind them to register for Kindergarten.

Visit the [Student Registration Page](#) on the Vancouver School Board website for more information.

Nightingale PAC News

The PAC are an integral part of our school community and, as well as organizing fun events like the pumpkin patch, coffee morning and clothing swap that we enjoyed this month, they also contribute greatly to the programs and extra items that we are able to provide and purchase for the children in the school. The way that this is accomplished is via fundraising efforts. Thank you to all of those families who are able to contribute throughout the year to their fundraising efforts. Stay tuned for information about this year's Rise up HAWKS Direct Drive, coming soon.

Stay tuned for more information on a **PAC winter coffee morning**...Tuesday, December 6.

The Pie Hole Fundraiser—please see posters around the school. Pies can be ordered directly from florenceightingale.thepiehole.com

The next PAC meeting will be on Monday, December 4.



At Nightingale we love our school!

Cross Country Wrap Up

This year, we had 66 Nightingale runners at the District Cross Country Meet at Trout Lake. Though we started with a little rain, it didn't dampen our HAWKS spirit! From our youngest runners, this was their first time participating, to our older experienced runners, who come back every year, we are so proud of their determination and sportspersonship! Thanks again to all the parents and staff who helped and cheered on our amazing team!



Diversity Calendar

Listed below are some of the observances, holidays, celebrations and notable dates in November. *I extend my apologies if I missed an observance that your family recognizes, please do let us know!* This addition to the newsletter is *intended to be inclusive* and we welcome any and all additions. If you would like your family observances or celebrations to be acknowledged, please do let us know in the office and they can be added to the newsletters.

- November 4—[Lha Bab Düchen](#)—Buddhism
- November 8—Indigenous Veteran’s Day
- November 11—Remembrance Day
- November 12—[Diwali \(Festival of Lights\)](#) - Primarily Hindu, Sikh, Jainism

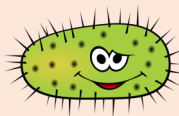
Grade 8 Transition and Mini School

The regular transition process for Grade 7 students going into Grade 8 starts in January. Students will receive information about registration and course selection after we receive it from the high schools. Mini-school information has already been shared with grade 7 families and this serves as a reminder that, if your child is interested in applying for a mini school program for Grade 8, that process has already started. Please take a look at [this link](#) if they are interested. Students need to complete both the District Registry process ([available from November 14 - December 21, 2023](#)), and then apply directly to the Mini School programs through Mini School program websites. It is not an expectation that children apply to mini school and, as mentioned above, regular grade 8 registration starts in January.



When Should I Keep My Child Home From School?

The Vancouver School Board recently published (with Vancouver Coastal Health) Version 11 of our [Communicable Disease Plan](#). Please remember, if your child is sick with any form of communicable disease, they should stay home until they are able to fully participate in regular school activities and have been fever free, have not vomited or had diarrhea for 24 hours without medicine.



WHEN SHOULD I KEEP MY SICK CHILD HOME FROM SCHOOL?

Things to consider if your child feels unwell:

1. The wellbeing of your child. Without proper rest, a child may have a hard time fighting an illness or be at risk for other illnesses.
2. The ability of your child to actively take part and learn at school.
3. The school staff cannot care for a sick child and give them the support that they may need.
4. The protection of other children.

Please keep your child home if they:

- Have a fever.
- Are too sick to take part in all normal school activities.
- Have a suspected or known communicable disease (i.e. strep throat, chicken pox, measles).
- Is vomiting or has diarrhea. It is recommended that students be symptom free at least 24 hours before returning to school.

Keep your child home until they are able to participate fully in normal school activities or as told by a health care provider.

Please let the school know your child's symptoms, as per the school's call back procedures.

If the school finds it necessary to send your child home because of illness, please make sure you have arranged an emergency contact if you are not available. [Inform your school of these arrangements.](#)

Where can I find more information?

- Health Link BC – By calling 8-1-1, you can speak to a health service navigator, who can help you find information and services, or connect you with a health professional. You can also find information online at <https://www.healthlinkbc.ca>
- Sneezes and Diseases – online at <https://sneezesdiseases.com/>
- BCCDC – online at [Schools \(bccdc.ca\)](https://schools.bccdc.ca)
- VCH – online at [Children, youth & schools - Vancouver Coastal Health \(vch.ca\)](#)



Communicable Diseases

The chart below outlines some communicable diseases that may be found in the community. Please take a look so that you might recognize symptoms as they arise.

The *Communicable Disease Prevention Plan* covers the following respiratory illnesses; all are present in the community at large to some extent. The risk level is determined by public health. Source: Gov. Canada with input from VCH

Illness	Status and Level of Incidence	Description of Symptoms
Common cold (viral)	Endemic, Moderate levels of incidence	Symptoms: fever; cough; runny nose and sneezing. Transmission: person-to-person via droplets, coughing, sneezing, or talking; sharing items; touching contaminated objects.
Influenza	Endemic, Moderate levels of incidence *Annual Vaccine Available	Symptoms: fever; cough; sore throat; runny or stuffy nose; muscle/body aches; headaches; fatigue; sometimes vomiting and diarrhea Transmission: person-to-person via droplets, coughing, sneezing, or talking; sharing items; touching contaminated objects
COVID-19	Pandemic, transitioning to Endemic, Moderate-high levels of incidence *Vaccine Available	Symptoms: fever, cough, sore throat, fatigue, shortness of breath and breathing difficulties. Transmission: Person-to-person via droplets, coughing, sneezing, or talking; sharing items; touching contaminated objects.
Pneumococcal Disease	Endemic, Moderate levels of incidence *Vaccine Available	Symptoms of pneumococcal pneumonia: fever and chills; cough; rapid breathing or difficulty breathing; and chest pain. Symptoms pneumococcal meningitis: stiff neck; fever; headache; photophobia; confusion. Symptoms of pneumococcal bacteremia: fever; chills; low alertness; transmission. Transmission: Direct contact with respiratory secretions, like saliva or mucus.
Chicken Pox	Endemic, Moderate levels of incidence *Vaccine Available	Symptoms: fever; cough; muscle ache; body rash. Transmission: Person-to-person via breathing, coughs or sneezes; contact with fluid of a chickenpox blister.
Measles	Disease under elimination *Vaccine Available	Symptoms: Fever; runny nose; watery eyes; red spots in mouth; red rash on face and body. Transmission: Person-to-person via droplets in air, coughing, sneezing, or talking.
Monkey Pox	Monitored, Low levels of incidence *Vaccine Available	Symptoms: A rash accompanied by any one or more of the following: fever, chills, swollen lymph nodes, headache, muscle pain, joint pain, back pain and exhaustion. Transmission: Person-to-person contact with infected person's lesions or scabs that may be found on the skin or mucosal surfaces.
Mumps	Endemic, Low levels of incidence *Vaccine Available	Symptoms: Swollen glands near ears or under jaw; fever; headache, ear ache. Transmission: Person-to-person droplets in air, coughing, sneezing, or talking; contact with saliva.
Rubella (German Measles)	Disease under elimination *Vaccine Available	Symptoms: Red or pink rash on face and body; swollen glands behind ears; slight fever; joint pain. Transmission: Person-to-person via droplets coughed, sneezed, or breathed into air; contact with discharge from nose.
Pertussis (Whooping cough)	Endemic, Moderate levels of incidence *Vaccine Available	Symptoms early stages: runny nose; low-grade fever; mild, occasional cough. Symptoms later stages: coughing fits followed by a high-pitched "whoop" sound; vomiting during or after coughing fits and exhaustion after coughing fits. Transmission: Person-to-person via droplets coughed, sneezed, or breathed into air in close spaces.
*Norovirus	Endemic, Low levels of incidence	Symptoms: upset stomach; vomiting; diarrhea; cramping, chills or mild fever. Transmission: touching contaminated objects/food and touching nose/mouth. (*Note: Not a respiratory disease. However, prevention measures for norovirus are the same as for other listed communicable diseases and norovirus is seasonally experienced in some K-12 schools.)

Celebrate Canada Music Day



The East Vancouver Community Music School invites you, to join them for the ninth annual Celebrate Canada Music Day festival on **Sunday, November 19th, 2023**. All events are free and held in-person at 303 East 8th Avenue. This is an opportunity not to be missed! The November 4 deadline to sign-up for any of the events at the Celebrate Canada Music Day festival is fast approaching! This is a great opportunity to meet, work with, and hear some of the best composers and performers in Vancouver. To save your seats for the concert or register for the workshop/masterclass or recital, visit their website:

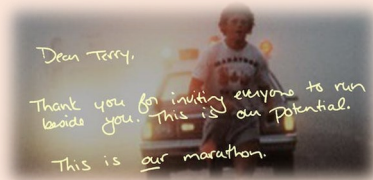
<https://evcms.ca/events.html>



At Nightingale we love our school!

Well Done HAWKS—Terry Fox Run

We are thrilled to announce that we surpassed our goal for fundraising for the Terry Fox Run. The Nightingale community raised \$1855 towards cancer research!



A friendly reminder...

If you have not already done so, please pay school fees online at:

[School Cash Online](#)



#DoSomething



Secret Path Week was October 17—22. On Monday, October 31, Nightingale will recognize and honour the legacy of Chanie Wenjack and the approximate 150,000 children who were taken to residential schools.



Everyone has their own reason to Walk for Wenjack. For some, it may be a moment to honour Chanie, while for others, it may be an opportunity to raise awareness of the true history of residential schools.

The event started in 2016 and retraced the steps of Chanie Wenjack starting at the Cecilia Jeffrey Indian Residential School in Kenora, Ontario and continued to Redditt, Ontario with a ceremony representing Chanie’s final resting place near Farlane, Ontario. Since 2016, thousands of Indigenous and non-Indigenous people have joined the movement. For more information about Secret Path Week and Walk for Wenjack visit DownieWenjack.ca.

After the Bell—Podcast

VSB: After the Bell, podcast season 2 dropped a few weeks ago!

Kicking off season 2 of [VSB: After the Bell](#), takes a deep dive into VSB’s first Literacy Framework – what literacy is, what the framework does and what it means for student learning. In this matter-of-the-month segment, attention is turned to Sexual Orientation and Gender Identity (SOGI) in the wake of recent anti-SOGI protests and talk about why SOGI education is still important today.

Podcast episodes are released at the end of every month. Subscribe to **VSB: After the Bell** on [Apple Podcasts](#), [Spotify](#) or wherever you listen to podcasts!

Don’t forget to visit the Nightingale [Website](#)! You can find our school calendar on the website with important dates including pro-d days, special events, etc.



At Nightingale we love our school!



The province recently announced that they will be funding online workshops for families on the topic of digital safety. These workshops will be facilitated by Safer Schools Together, the organization that Nightingale recently had at the school for staff, student, and parent presentations. The sessions are recommended for parents, caregivers, grandparents and youth ages 10 and up as a way to facilitate the conversation of safe and caring use of technology at home and in the community. The session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sexortion. Some of the most prominent concerns currently surrounding use of social media platforms, smartphones and artificial intelligence will be discussed. If you are interested in learning more about digital citizenship, cyberbullying, etc. and were not able to attend the parent session that we recently had via Zoom, please consider signing up for one of the family sessions:

- November 8, 2023 6:30—7:30 p.m. online—[Registration link](#)
- November 28, 2023 7:00—8:00 p.m. online—[Registration link](#)
- November 30, 2023 6:30—7:30 p.m. online—[Registration link](#)

Slow Down—School Zone Survey

The City of Vancouver wants to know what you think about the speed limit reductions next to Florence Nightingale. Take the survey here to share your opinion: <https://survey.vancouver.ca/s3/School-Slow-Zones-on-Arterials-Pilot-Survey>.

溫哥華市政府想知道您對Florence Nightingale旁邊，降低車速限制的看法。在此處參與調查，以分享您的意見：

<https://survey.vancouver.ca/s3/School-Slow-Zones-on-Arterials-Pilot-Survey>。

溫哥華市政府希望了解您對Florence Nightingale附近降低車輛限速有何看法。請在這裡參加調查問卷，分享您的意見：

<https://survey.vancouver.ca/s3/School-Slow-Zones-on-Arterials-Pilot-Survey>。

Pumpkin Patch

A **huge thank you** to the PAC for providing and organizing the Nightingale Pumpkin Patch. The children were excited to go outside in the soggy weather to gather that “just right” pumpkin!



For those who celebrate.....

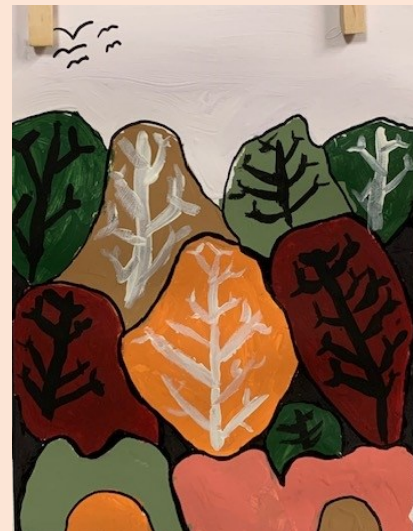
“PROUD TO BE HAWKS”



At Nightingale we love our school!

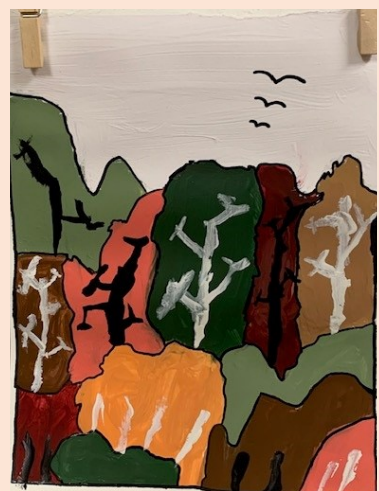
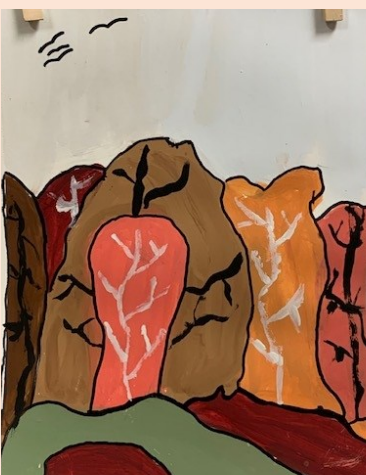
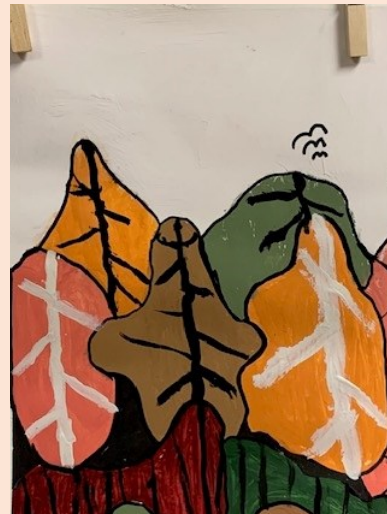
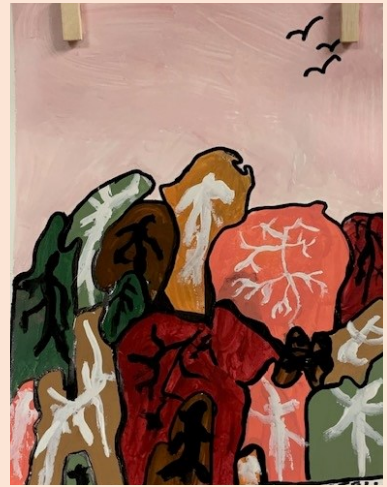


Nightingale Art



Trees in Fall by Division 5

Nightingale Art

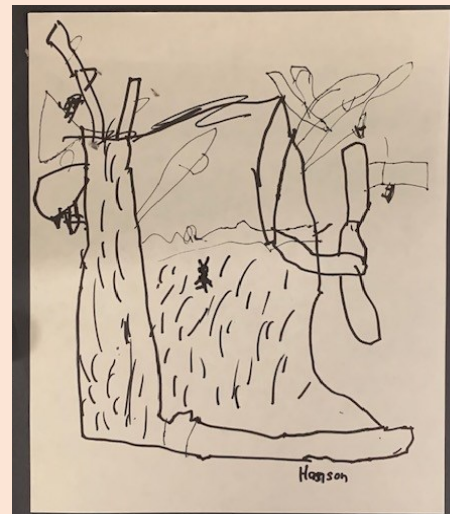
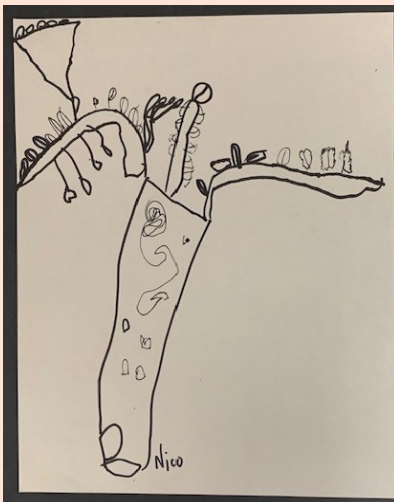


Trees in Fall by Division 5

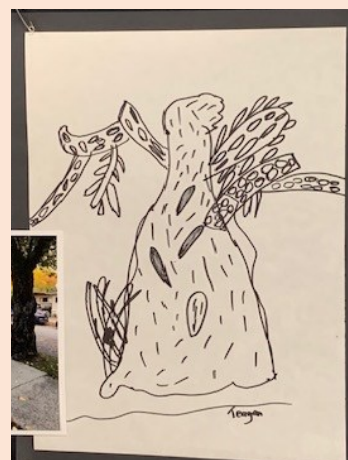
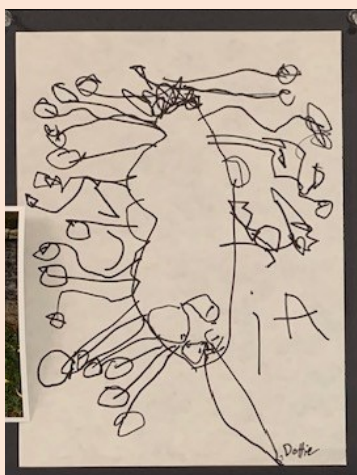
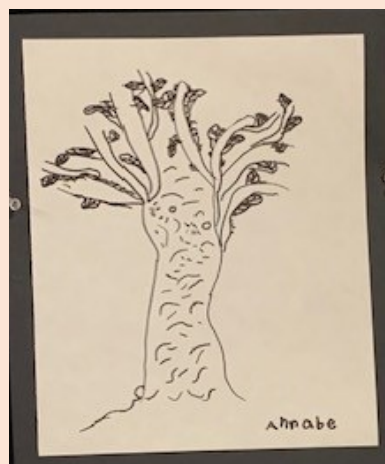
Nightingale Art

Artist In Residence Studio Program

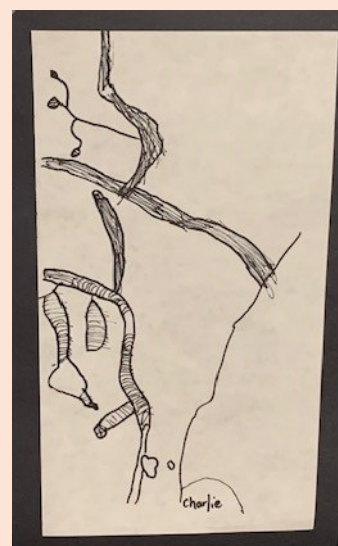
This year in the Art and Discovery studio, Maggie will be joined by filmmaker and somatic movement artist Reed Jackson. Our theme is **Befriending the Land**: an exploration of friendship in relation to the plants, trees and creatures that make their home in the precincts of Nightingale school. This project is intended to honor **Indigenous calls for reciprocity in our relation to the Land, on whose unceded territories our school sits. What if we slow down and move from knowing 'about' to an experiential knowing 'with' the Land?** Throughout the year, students will be invited into a series of material, embodied and somatic art practices in participation with the plants and trees that live on and around the school, corresponding with the gifts and changes of the seasons. The land will be our ink, canvas, muse and teacher, as we explore together the possibilities of co-creating together. The intention is to create spaces for closing the separation between land and body through listening, reflection and metaphoric connection towards a felt understanding of **our interconnectedness**. In the first cohort of classes, Division 4,5 and 6 have 'adopted' a tree and are creating a chronicle of relational experiences with their friendship tree. Parents are invited to view their child's work at the end of each cohort. We will also be hosting a final year-end exhibition and installation for all families after school on Wednesday, June 5 to experience our seasonal artmaking journey.



Nightingale Art



Each student in Division 10 has also chosen a special tree along 11th Avenue to connect with, learn about, and observe throughout the year. They started the exploration by sitting under the tree and drawing their new leafy friends!



Nightingale Art

