



NIGHTINGALE NEWS

Principal: Angela Hughes
 Director of Instruction: Janis Myers
 School Trustee: Suzie Mah

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Dates to Remember Next Week and in March

- Wednesday, **February 28** ...Pink Shirt Day
- Tuesday, March 12... ...Report Cards go Home
- Wednesday, March 13... ...3D Mind Map Installation of AIRS
- Thursday, March 14... ...PAC Coffee morning
- Friday, March 15... ...Last day of school before spring break
- Monday, March 18 -
- Friday, March 29... ...Spring Break
- Monday, April 1... ...Easter Monday—no School for Students
- Wednesday, April 3... ...Class and other group photos

A Message from Ms. Hughes



Spring break will soon be upon us and, with that will come all the beautiful spring flowers. Students are already seeing signs of spring in our garden and we look forward to planting season. I hope you had the opportunity to celebrate your child’s successes and learn about their goals during conferences this past month.

With continued determination, perseverance and hard work, they should make good strides towards meeting most of their goals in the final term of school.

For those of you who ordered seeds through the PAC Westcoast Seeds fundraiser, seeds will be delivered to the school on March 14 ready for pick up. Happy planting everyone and thank you for supporting the fundraising efforts of our PAC!



REPORTING STUDENT ABSENCES

If your child is sick and unable to attend school, please report your child’s absence:

Call 604-713-5159 school code 59#

or

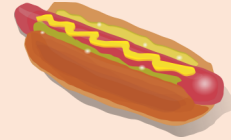
nigattendance@vsb.bc.ca

Report your child’s first and last name, division number, and teacher’s name. It is important that you do call this number, even if you have sent a message to your child’s teacher via e-mail. This will let the office know your child is absent so that we know they are safe at home. Teachers do not necessarily check their e-mail or they may be away themselves and we would not have access to the information. Thank you.

PAC Updates

Just a few updates from the PAC this month:

- Buy Low Foods hot dog fundraiser—Saturday, March 2 from 12:00—3:00 p.m.
Come and support the school and enjoy a hotdog, funds will go Directly back to our school.
- PAC coffee morning —Thursday, March 14 from 8:30—10:00 a.m.
West coast seeds orders can be collected at the coffee morning or after school at pick up time.
- HAWKS Night 2024—Thursday, June 13—save the date!



Salmonids in the Classroom

Nightingale is raising 55 coho salmon once again this year. In early January we had Bev Bowler

from the Department of Fisheries and Oceans Canada come by Division 8’s classroom to deliver the salmon eggs. The eggs have been carefully placed in our chilly 5-degree Celsius aquarium and will remain with us until our release date sometime in early May. The children will be raising the salmon through three phases of their life cycle, eyed egg, alevin, and fry. Once the salmon reach the fry stage of life, they will need time in their home stream to imprint the sounds, smells and taste of their new home before making their way to the ocean. At the end of their life cycle they will make their way back upstream to the very place they were released to lay eggs once again and continue the circle of life. We are now releasing in Renfrew Ravine Park in East Vancouver. The stream flowing through the ravine is a part of Still Creek which leads to Burnaby Lake and Deer Lake and eventually empties into the ocean. Still Creek has had returning salmon for a number of years now in large part due to the efforts of children releasing salmon in local streams. Nightingale has been part of this exciting effort for over 20 years now and by Mr. Canning’s estimates we must have released over 1250 salmon. Mr. Canning received recognition for running this program at the school for *so many years*. Well done!



Remember to put your clock forward **one hour**

on March 10, 2024 (or before you go to bed on Saturday)



At Nightingale we love our school!

Nightingale Website



As a reminder, pro-d dates, holidays, conferences and other events are all noted on the Nightingale website.

Save the Date—Spring Musical “It’s a Kid’s Life”

Mark your calendars, Nightingale will be having a spring musical on April 25th with a matinee performance at 1:30 p.m. and an evening performance at 6:00 p.m. Information about tickets will come closer to the date.



Diversity Calendar

- March 8—[International Women’s Day](#)
- March 11—[Ramadan](#) (Muslim) begins (ends on Tuesday, April 9)
- March 17—[St. Patrick’s Day](#) (cultural and religious celebration)
- March 19—[Naw-Ruz/Nowruz](#) (Baha’I New Year; Ismaili Muslim festival that starts the beginning of the Persian New Year and the first day of spring) - Spring Equinox
- March 21—[International Day for the Elimination of Racial Discrimination](#)
- March 23 (evening of)—[Purim](#) (Jewish celebration) through to the evening of March 24
- March 25—[Holi](#) (the Hindu Festival of Colours)
- March 29—[Good Friday](#)—Christianity
- March 31—[Easter Sunday](#)—Christianity

Listed to the left are some of the observances, holidays, celebrations and notable dates in March. *I extend my apologies if I missed an observance that your family recognizes, please do let us know!* This addition to the newsletter is *intended to be inclusive* and we welcome any and all additions.

If you would like your family observances or celebrations to be acknowledged, please e-mail [Angela Hughes](#) and they can be added to the newsletters. Click on the links to learn more about each event.



Are You Returning in September?



We are starting to prepare for next year and, although it is only the end of February, we do need to continue looking at the number of students that will be returning to prepare for our staffing. **If you are moving schools next year, please do let us know as soon as possible by completing this form.**

Please be reminded that, if you are moving or have moved, you should register your child at their new home school as soon as possible to ensure a space at that school in September. Thank you.

Lost and Found

As a reminder to families, if your child is missing some items (clothes, water bottles, etc.), please remind them to take a look in our Lost and Found in the basement to see if any of their items have made it back into the school.

Any unclaimed items at Spring Break will be donated to a clothing bank.



At Nightingale we love our school!



Hello Young Writers!

We are from the Dragon's Library Collection and we are inviting you to share your short stories with us!

We know you all have fantastic stories to tell and we would like to help you share that creative voice.

We invite all young writers at **Florence Nightingale Elementary** to write a short story that we will then include in a published book called *The Dragon's Library Collection Volume 2*.

Whether you have been jotting down stories in your notebooks for years about imaginary far off places and adventures, or courageously writing a short story for the very first time.

We welcome *all* writers from Kindergarten to Grade 7 who would like to submit a short story based around the theme of FRIENDSHIP.

Please click [here](#) to register your interest and visit us at www.dragonslibrarycollection.ca

Happy writing!

Submissions accepted
until April 8th, 2024.





Mount Pleasant Neighbourhood House



**P R E T E E N
PROGRAM** Join us for a weekly program for preteen (ages 10-12 / Grades 6 - 7) at MPNH.

Saturdays
01:00 PM - 03:00 PM
800 East Broadway
Mount Pleasant Neighbourhood House
Unceded Coast Salish Territories

Why this is for you:

- ✓ Safe hangout space
- ✓ Meet new friends
- ✓ Learn about high school
- ✓ Talk to your youth worker
- ✓ Get FREE snacks + bus tickets



For more info, visit: www.mpnh.org/our-programs/preteens-youth
Questions, contact Noora at nshirazi@mpnh.org or call at 604.879.8208 ext 325



FAMILY RESOURCE PROGRAMS
Children & Families



Food Skills
for Families



Food Sense
Healthy Cooking on a budget

FREE SIX WEEK HEALTHY COOKING PROGRAM

- Cook simple nutritious meals
- Learn to read nutrition labels
- Tour your local grocery store

CONNECTING: people in the kitchens.
TEACHING: fun hands-on cooking skills.
MAKING HEALTHY EATING: easy, enjoyable and affordable.

For more information email
Lina at laries@mpnh.org

Please register here:
<https://forms.office.com/r/DCY1fVBSJ1>
OR SCAN HERE



Join us!
Mount Pleasant Neighbourhood House
800 East Broadway, Vancouver
Unceded Coast Salish Territory
www.mpnh.org

Starting Feb. 22, 2024
Thursdays, 4:30 - 7:30 p.m.



Black-Capped Chickadees

Spring is in the air and you will soon be hearing the distinctive call of the Black-capped Chickadee. If you

have a bird feeder and haven't done so already, please take a moment to remove last year's nesting material and give your birdhouse a good cleaning. Rehang your birdhouse at a height of between 5 and 15 feet. If you didn't have success last year don't fret, we may have been a little late getting them up. We had four successful mating couples around the school last season and I had two reports from families that their birdhouses had mating couples as well. I'd love to hear from other families if they had any success last year. Black-capped Chickadees can nest as early as April and as late as July, but the couple will be looking for a suitable site to lay their eggs as early as mid-February. I just put mine up today, February 22, and as I'm writing this article I can hear the chickadees calling. You may recall that I gave you some wood chips to put in the birdhouses last year. This is not a requirement, but it can be helpful. None of the birdhouses on the school grounds had wood chips and we had success but if you would like to get some, I'm sure you could find them at your local pet store. I am experimenting with suet as a feed for the birds this year. I picked up a suet mix, which is essentially lard with seeds mixed into it, and it really seems to be attracting the song-birds. I will leave a link to the Bird Nerd on YouTube. This short 4 minute video has some close ups of the Black-capped Chickadee and the calls they make. Happy birding—Mr. Canning


[10 Black-capped Chickadee Calls and Sounds That Help Identify the Bird \(youtube.com\)](https://www.youtube.com/watch?v=10-Black-capped-Chickadee-Calls-and-Sounds-That-Help-Identify-the-Bird)



At Nightingale we love our school!

Report Cards

As you may be aware, learning updates (formerly known as report cards) will be going home on Tuesday, March 12. This is the second written learning update of the school year. There will be another written update in June. As a reminder, these updates are a snapshot of your child’s progress at this particular time in the year based on the subjects taught since the last learning update. The reporting order changed slightly in July and we are currently implementing the new order. You may notice a few changes as you read the learning updates. Every child has a place on the performance scale and, may move up and down that scale throughout the year depending on the topics being taught at any particular given time. If you have any questions about your child’s progress, please do reach out to the teacher for clarification.

|  | EMERGING | DEVELOPING | PROFICIENT | EXTENDING |
|---|---|--|---|--|
| | The student demonstrates an initial understanding of the concepts and competencies relevant to the expected learning. | The student demonstrates a partial understanding of the concepts and competencies relevant to the expected learning. | The student demonstrates a complete understanding of the concepts and competencies relevant to the expected learning. | The student demonstrates a sophisticated understanding of the concepts and competencies relevant to the expected learning. |

District Information

The district wants to hear from you!



It is that time of the year when the Vancouver School Board is planning for the 2024-2025 budget.

For more information about the process and how you can provide your input, please follow the [link](#).

Every Child Matters Flag Raising

Prior to the winter break, every school in Vancouver received an Every Child Matters flag for their school. At Nightingale, we acknowledged this important step towards truth and reconciliation by holding a flag-raising ceremony on Wednesday, January 31.



Students and staff participated in drumming, singing the Coast Salish Anthem, Ms. Snow sang Women’s Warrior Song written by Martina Pierre. Emma in Division 1, spoke about the significance of the flag and she also read the new VSB land acknowledgement.



At Nightingale we love our school!

Nightingale Art



"We are all stars in this galaxy. All of us. No one's greater than the other."
- Scatman Crothers (American Actor and Musician)

Artwork by Division 3

Nightingale Art



Karla



Karen S.



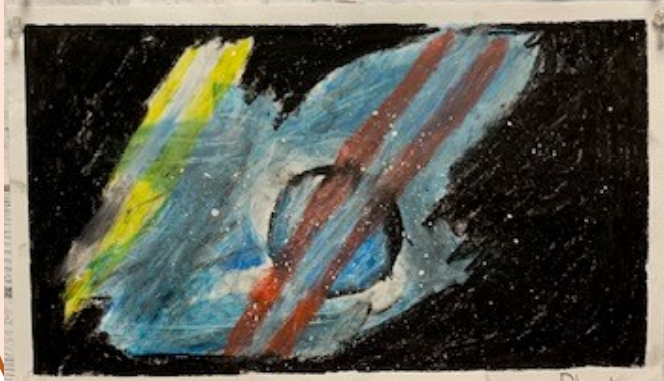
Sofia



By William



Clay



Drew

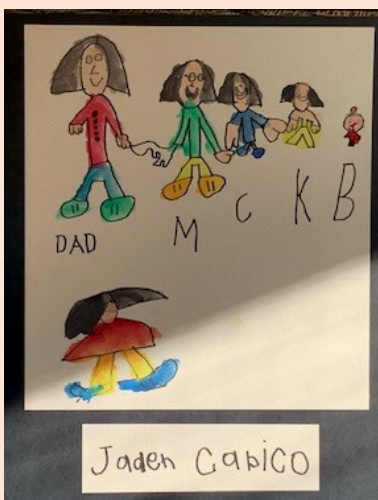


Benji

Nightingale Art



Nightingale Art



Our Families
Division 11—Kindergarten

Nightingale Art



Manzano Family



Nepal Family



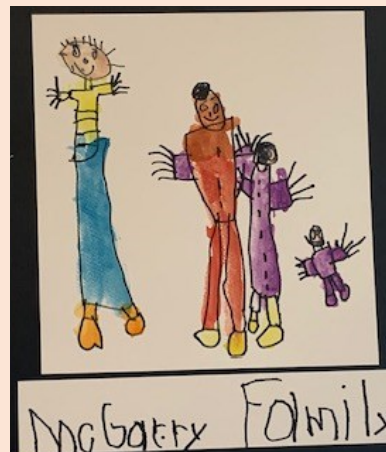
Marus Family



Dodd Family



Nguyen Family



McGarry Family



Huang Family



Division 10
Snowpeople