Florence Nightingale Elementary School Newsletter

Volume VIII, April 2023



NIGHTINGALE NEWS

Thursday, May 11

Tuesday, May 16

Thursday, May 18

Friday, May 19

Friday, May 26

Monday, May 22

Monday, May 29

Tuesday, May 30

Principal: Angela Hughes Director of Instruction: Janis Myers School Trustee: Suzie Mah

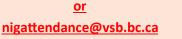
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REPORTING STUDENT ABSENCES

If your child is sick and unable to attend school, please report your child's absence:

Call 604-713-5159 school code 59#



Report your child's first and last name, division number, and teacher's name. It is important that you do call this number, even if you have sent a message to your child's teacher via e-mail. This will let the office know your child is absent so that we know they are safe at home. Teachers do not necessarily check their e-mail or they may be away themselves and we would not have access to the information. Thank you.

Dates to Remember in May

- ...Grade 6 and Kindergarten immunizations
- ...H2Whoa! Water Conservation Presentation
- ...Early Dismissal at 2:00 p.m. —Communicating Student Learning/Conferences
- ...Kindergarten Hearing Screening
- ...Victoria Day—No School
- ...Fire Drill/Jump Rope for Heart
- ...Saleema Noon Parent Presentation via Zoom
- ...Saleema Noon Student Presentations in school

A Message from Ms. Hughes

We are finally seeing the true signs of spring around the school. Our garden has many seedling sprouting and, at the end of April, we

picked up our seedlings that were donated by the Urban Roots Giving Gardens. Thank you!

Children are enjoying the outside more now that the weather is finally warming (and drying out ,hopefully). With all of the April rain we will surely have bumper harvests in the garden this year!

"PROUD TO BE HAWKS"

Thank you to classroom teachers, Ms. Bresweth and Mr. Thomas for all the extra work they have done this spring to get our garden up and running and looking GREAT!



Honest, Awesome Attitude, Working hard, Kind, Safe

We would like to humbly acknowledge that we are learning, unlearning and relearning on the unceded, un-surrendered, and traditional territories of the x^wməθk^wəỷəm|Musqueam, S<u>kwx</u>wú7mesh|Squamish & səlilwəta1 |Tsleil-Waututh Nations. With this acknowledgement comes the commitment to engage in ongoing acts of reconciliation.

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The PAC would like to give a tremendous thank you to Mr. Bonnell and all the teachers and staff that support his efforts—the musical was superb! To show your continued support for Nightingale's programs, please consider donating to the PAC's <u>Rise Up Hawks! Direct Drive</u>. For more information, please visit PAC's website at:

www.nightingalepac.com

 HAWKS Night 2023—Friday, June 16th—mark your calendar.
Please look out for more information about this event coming from the PAC in the next few weeks.

Together we are better!

Summer School

If you are interested in your child attending summer school this year, please take a look at the <u>VSB website Summer Learning Page</u>. Your child's teacher may also recommend a program for your child if they think it would be helpful.

For more information, visit:



How to Register <u>Program Information</u> <u>Student Status and Fee Information</u> <u>Frequently Asked Questions (FAQ)</u>

If you have any questions, please email the Summer Learning office at:

summerlearning@vsb.bc.ca

Class Placements for 2023-2024 and Parent Requests

As we begin preparations for the upcoming school year, I wanted to take a moment to address the topic of class placement requests.

We understand that each student is unique and has individual needs and preferences. As such, we welcome input from parents when it comes to their child's future needs. However, I would like to remind everyone that while we will take your requests into consideration, we must balance them with the needs of the overall student body and the academic program as a whole. Our experienced team of staff takes great care in placing students in the appropriate classes based on a variety of factors, including academic performance, learning style, and social and emotional development. Rest assured that we will continue to prioritize the best interests of all students in making these decisions.

While we cannot guarantee that requests will be accommodated, particularly around specific teacher requests, we are always willing to listen and have an open dialogue with parents. Please do not hesitate to reach out to your child's teacher if there are any specific *learning considerations* that you would like us to take into account when placing students into classes in the fall.



Nightingale Website



As a reminder, pro-d dates, holidays, conferences and other events are all noted on the Nightingale website.

Diversity Calendar

May 5—<u>Red Dress Day</u>—National Day of Awareness

May 8/9—Lag B'Omer—begins at sundown on the first day and ends at sundown on the second day—Jewish May 14—Mother's Day May 22—Victoria Day May 24—<u>Declaration of the Báb</u>— Baha'I May 25-27—<u>Shavuot</u>—begins at sundown on the first day and ends at nightfall on the last day—Jewish

Mindful Mondays and Wiggle Wednesdays

Mindful Mondays and Wiggle Wednesdays will be starting up again on Monday, May 1. Join Mr. Thomas every Monday morning from 8:45 - 8:55 am in the gym for ten minutes of mindfulness, grounding and soothing practices to help us all learn how to better self- and co-regulate together. No experience required. The techniques we will learn are very simple and can be very effective. Parents, children and staff are welcome. Chairs will be provided for those that wish them. Wiggle Wednesdays will also continue for the rest of the school year.

Listed to the left are some of the observances, holidays, celebrations and notable dates in May. *I extend my apologies if I missed an observance that your family recognizes, please do let us know!* This addition to

the newsletter is *intended to be inclusive* and we welcome any and all additions. If you would like your family observances or celebrations to be acknowledged, please e-mail <u>Angela Hughes</u> and they can be added to the newsletters. Click on the links to learn more about each event.

Free webinar with Dr. Chris Mattmann from NASA

Location: A meeting link will be provided when you register Speaker: Dr. Chris Mattmann, Chief Technology & Innovation Officer, NASA Jet Propulsion Laboratory

May 6, 2023: 1:00-2:00 p.m. <u>EST</u>

Dr. Mattmann will be chatting about:

- How to get hired at NASA
- Ways to break into the space and tech industry
- Skills to build for a successful career in space tech
- The future of space exploration and more!
- Register and find full information at: <u>https://tksworld.notion.site/</u> <u>tksworld/TKS-x-NASA-0fb0c8d0350b46e898561bda222f8c24</u>



At Nightingale we love our school!

Whole School Photograph

In the coming weeks you should be receiving a complimentary copy of your child's class photo. On the day we had those photos taken, we also had a whole-school photo. The whole school photo is available for purchase online. Please <u>click here</u>.

Password: FNEM23123RL

Emergency Preparedness Week

May 1—6 is Emergency Preparedness Week. In line with this, the VSB will be having the "Big one at Two" whole-district earthquake drill on

Thursday, May 4. This time around we will not be practicing a reunification.

Family Affordability Plan

We do still have funds available to help families through the government's Family Affordability Plan. Please reach

out to the office if you think it would be helpful to receive a gift card for groceries and/or clothing for your child.



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Earth Week and Neighbourhood Cleanup

Nightingale staff and students spent some time on Friday, April 21 cleaning up the neighbourhood in recognition of Earth Day on April 22.

Well done everyone—we collected many, many items of garbage around the neighbourhood to help keep our planet beautiful.



Saleema Noon Sexual Health Workshops for Students and Parents

Save the date!

Monday, May 29, 6:30 p.m. Zoom session for parents

Tuesday, May 30 In school workshops for all children Kindergarten—Grade 7

More information and Zoom link will be coming via e-mail closer to the date.



Little Mountain Neighbourhood House Summer Programs

Interested in registering your child for a one-week summer camp at Little Mountain Neighbourhood House or Hillcrest? Nightingale has 3 reserved spots at each location with costs ranging from \$120-\$165. Due to the limited space, your name will be chosen by a draw at which time you can be contacted and offered a registration form. Please explore what is being offered on their website, if you are interested, send an email to <u>Caird@vsb.bc.ca</u>. We will hold a draw for 6 spaces (total). If you are chosen, you will be notified. All requests are due by: **Friday, May 5th, before 4pm**. For more information about the Hillcrest Community Centre Camps, please visit:

<u>https://ca.apm.activecommunities.com/vancouver/</u> <u>Activity Search</u> and search by using the **Activity #**.

| Explorers Camp at Hillcrest | Activity | \$ Cost: |
|-----------------------------|----------|----------|
| Community Centre | #: | |
| Week 1 (July 4-7) | 446014 | \$ 132 |
| Week 2 (July 10-14) | 446031 | \$ 165 |
| Week 3 (July 17-21) | 446035 | \$ 165 |
| Week 4 (July 24-28) | 446037 | \$ 165 |
| Week 5 (July 31- Aug 4) | 446038 | \$ 165 |
| Week 6 (Aug 8-11) | 446041 | \$ 132 |
| Week 7 (Aug 14-18) | 446039 | \$ 165 |
| Week 8 (Aug 21-25) | 446044 | \$ 165 |



At Nightingale we love our school!

We would like to introduce you to this term's Nightingale Student Council (NSC). The Student Council takes leadership in the school community by representing their classmates. They take their ideas and work collaboratively to bring spirit and make a difference in our school community. They always welcome your ideas, so kindly let them know!

Voices from your Student Council as to why they joined and how they will make a difference in our school:

Ryleigh P. in Grade 7 in Mr. Hartwick's class: *"I wanted to join the Student Council just so I could help out around the school. I think I would be a good support because I believe I am a good helper."*

Kaye T. in Grade 7 in Mr. Hartwick's class: "I wanted to join the Student Council because I want to be able to help the school as much as I can and leave a lasting impression on my last year at Nightingale. I feel I would be a great support for younger children, as well."



Cameron N. in Grade 6 in Ms. Tufts' class: "I wanted to be on Student Council because I like to help. I think I could support the school with the ideas that I have."

Zoe R. in Grade 6 in Ms. Tufts' class: "I wanted to be on Student Council because I like to help. When I heard I was on Student Council, I was so happy. I think I could support the school with ideas that I have and make things fun."

Sayen P. in Grade 5 in Ms. Wong's class: "I love being helpful and I want to be a great support to Nightingale."

Fox C. in Grade 5 in Ms. Wong's class: *"I wanted to join Student Council and took this leadership initiative because I like helping."*

Mila H. in Grade 5 in Mr. Yuen's class: "I love to help with the school. This is the same reason that I joined Peer Counselling. I am not afraid to accept a challenge and I like giving back to the school community. It makes me very happy to support others."

Gabe A. in Grade 5 in Mr. Yuen's class: "I really wanted to join something at Nightingale and help out."



At Nightingale we love our school!

Jump Rope for Heart

Once again, Nightingale Elementary is participating in Jump Rope for Heart to raise money for the Heart and Stroke Foundation. Please see the information below and click on the page to register today and make a difference. Our event this year will be on Friday, May 26.



Dear Parents/Guardians,

Jump Rope for Heart is the school FUNdraising event that nobody wants to skip. Students discover fun ways to get active, practice healthy habits and learn about helping others while raising money to beat heart disease and stroke.

We recently hosted our Jump Rope for Heart kick-off assembly to launch this year's program. From now until our Jump Event, students will learn fun ways to get active for heart health while raising awareness and support for Heart & Stroke.

We love participating in Jump Rope for Heart because:

Students learn life-long habits:

Jump encourages kids to be active and live healthily. A lesson they will value for life!

Kids feel good by doing good:

Students learn the importance of giving back as they collect donations that help fund critical research that saves lives, prevents heart disease and stroke, and supports survivors and their families.

Fits any time, place and activity:

Kids can move their way by jumping, dancing, wheeling and more, on their schedule, at school or home.

Jump gives back:

Schools that raise a minimum of \$500 will receive 8% of their fundraising dollars back to put towards what they need most (think, sports equipment, or educational tools!) or can donate back to Heart & Stroke to make an even bigger impact.

Be Part of the Movement -Register Today!

Join our school and help Heart & Stroke save lives by jump-starting your fundraising. Here's how: Visit **jumpropeforheart.ca** and click "Register" and search for our school's name or copy and paste the school link below to register right from our school page! Help your child set up their fundraising page online. It's never been easier

School Page Link :

https://jumpropeforheart.crowdchange.ca/19037

Kids helping kids!

The funds kids collect supports research that helps other kids and families across the country.





art isn't beating was it should

Was born with congenital heart disease



Had a stroke before he was born.

Had a cardiac when she was five.







How Jump Works It's as easy as 1, 2, 3, 4!

> FUNdraise to help beat heart disease and stroke.



Jump into a fun-filled Event Day! Time to celebrate & redeem rewards!



At Nightingale we love our school!



The Easter Bunny—By Divisions 8 and 9

Nightingale Art























These Easter bunnies were created using the instructional practice of "directed drawing". Children listen and follow specific instructions from the teacher. All children heard the same instructions but each picture comes out with its own unique look. This is just one way for children to practice the skills of listening and following instructions.

Nightingale Art

























Inspired by Picasso—Division 6

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Nightingale Art















