



The Yoga Buggy &
Sir Wilfred Laurier Elementary



yoga club at Laurier



Movement ● Breathing Exercises ● Mindful Play



Jan 20, 2026 – March 10, 2026

Tuesdays 3:00 PM – 4:30 PM

Grades 3–4 Location: TBA

Cost: \$190 + \$40 for yoga mat

subsidies available



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