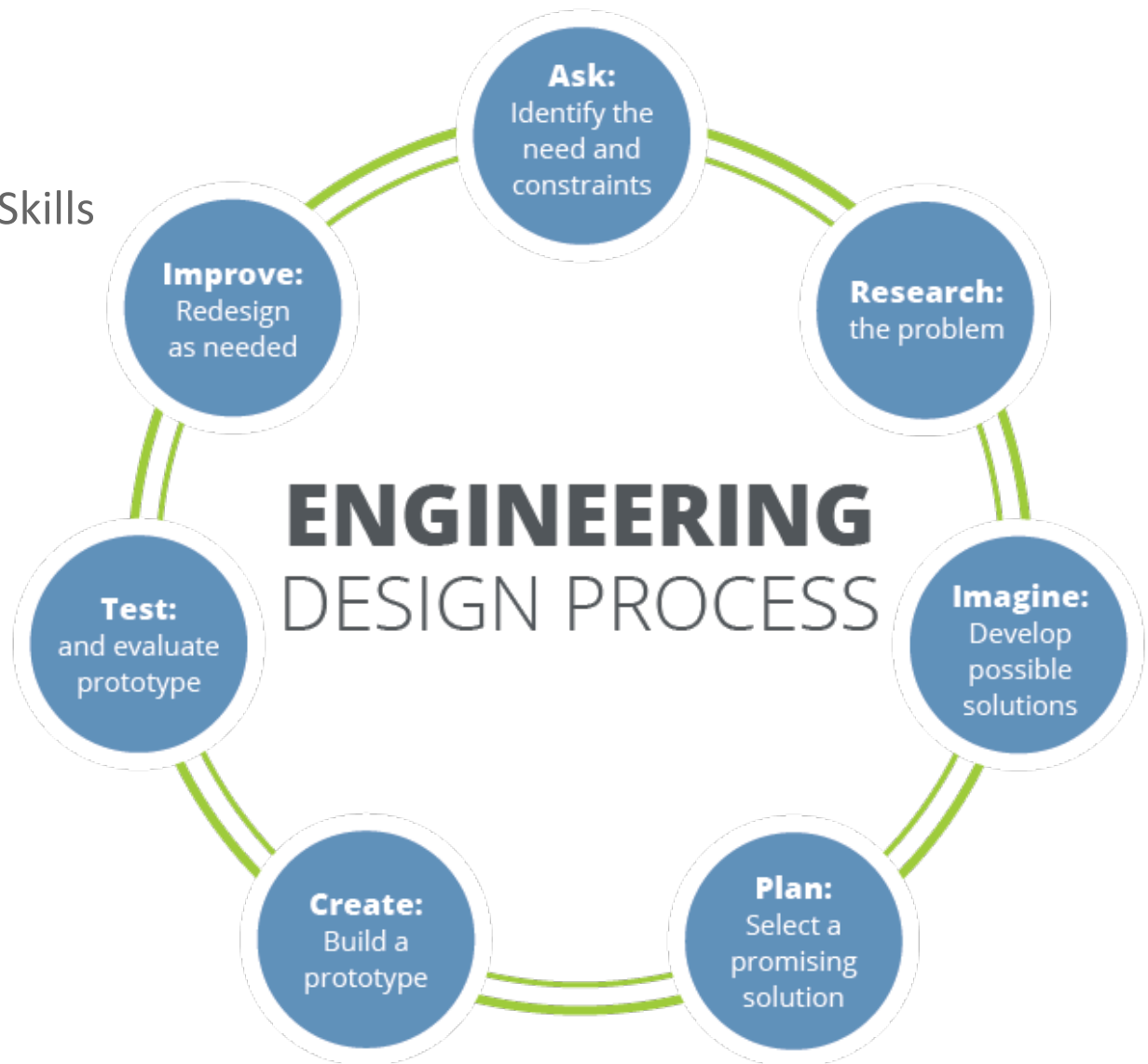


# Applied Design, Skills, and Technologies: Curricular Competencies

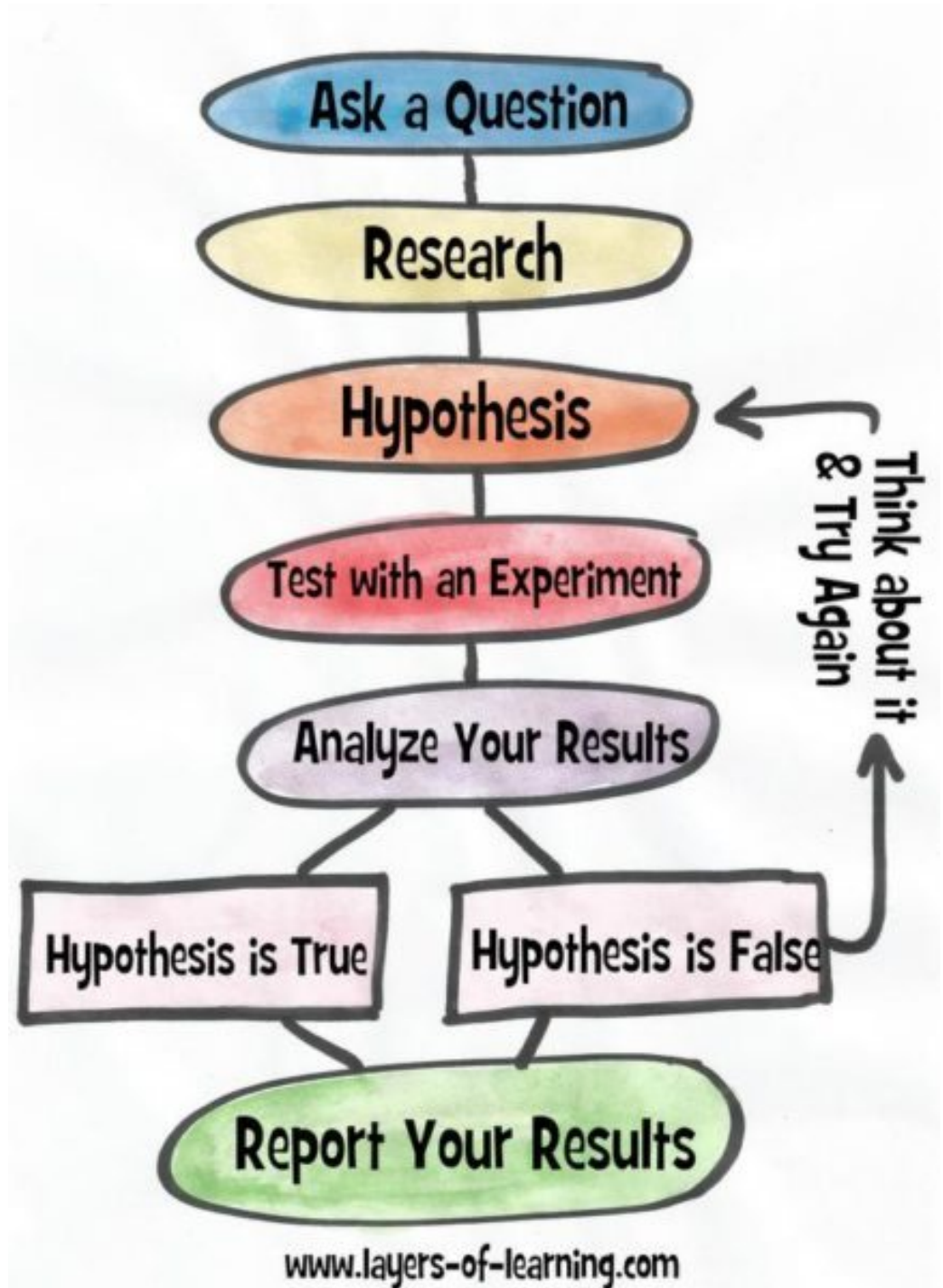
- Understanding Context
- Defining
- Ideating (Brainstorming)
- Prototyping
- Testing
- Making
- Sharing
- Applied Skills



# Science

## Curricular Competencies

- Questioning and Predicting
- Planning and Conducting
- Processing and Analyzing Data and Information
- Evaluating
- Applying and Innovating
- Communicating



# 10 Growth Mindset Statements



What can I say to myself?



INSTEAD OF:

TRY THINKING:

I'm not good at this.

1 What am I missing?

I'm awesome at this.

2 I'm on the right track.

I give up.

3 I'll use some of the strategies we've learned.

This is too hard.

4 This may take some time and effort.

I can't make this any better.

5 I can always improve so I'll keep trying.

I just can't do Math.

6 I'm going to train my brain in Math.

I made a mistake.

7 Mistakes help me to learn better.

She's so smart. I will never be that smart.

8 I'm going to figure out how she does it.

It's good enough.

9 Is it really my best work?

Plan "A" didn't work.

10 Good thing the alphabet has 25 more letters!

(Original source unknown)

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