



TUPPER SECONDARY – Weekly Student Bulletin

November 21 – 25, 2022 (Semester 1)

Weekly Cafeteria Lunch Menu:

Date	Entrée	Dessert
Monday November 21	Pasta Fusilli with Marinara Sauce and Caesar Salad	Cheese Scone
Tuesday November 22	Chicken Burger with Fries and Garden Salad	Apple Craisin Muffin
Wednesday November 23	BBQ Chicken with Roast Potato and Greek Salad	Raspberry Raisin Loaf
Thursday November 24	Vegetarian Samosa with Rice and Cole Slaw	Blueberry Crumble Cake
Friday November 25	Pro D day	

ROARS - Respect **O**wnership **A**ttitude **R**esponsibility **S**afety

FIT Schedule:

Tuesday FIT 1	Tuesday FIT 2	Thursday FIT 3	Thursday FIT 4
BLOCK 1 8:41AM - 9:37AM	BLOCK 2 FIT 9:44M -10:34 AM	BLOCK 3 12:15PM - 1:11PM	BLOCK 4 FIT 1:18PM - 2:08PM
BLOCK 1 FIT 9:37AM - 10:27AM	BLOCK 2 10:34AM - 11:30AM	BLOCK 3 FIT 1:11PM - 2:01PM	BLOCK 4 2:08PM - 3:04PM

NEW ITEMS:

FIT 1: Tuesday, Nov 22

Block 1 FIT

FIT 3: Thursday, Nov 24

Block 3 FIT

S1 Mid-Semester Reports: Thursday, Nov 24

S1 mid-point reports will be published in MyEd on Thursday, Nov 24.

Tupper Fall Fusion: Thursday, Nov 24

FALL FUSION! FALL FUSION! FALL FUSION! On Thursday, November 24th, the fine arts department is hosting Fall Fusion. Come at **6:30pm** to listen to live music while perusing art and photography and nibbling on baked goods. At **7:00pm**, watch drama and dance perform onstage. Come celebrate the arts!



Volunteer Experience: Friday, Nov 25

Hello Tupper students.....looking to volunteer or work in your community, the following training is a great first step.

High Five training

Join us for an interactive training to become a leader in your community. Learn how to engage and support children 4-12 through programming and out of school activities with the HIGH FIVE Principles and Design Guidelines. This is a great training to gain confidence, knowledge, and tools to lead children's programs.

After completion you will be certified and ready to add it to your resume. This is an excellent training to have for working with children in the community, for example at a Neighbourhood House or Community Centre.

High Five Training

Location: Tupper Cafeteria

Date: November 25

Time: 10:00-2:30 (come in at 9:30am to get some snacks)

Registration is required, deadline to register is November 21st

To register please pick up a registration form at the **CST office**, the **counseling** suite or email Ronja at rflugge@mpnh.org for a digital copy.

We are looking forward to seeing you there!

Kindly,

The Tupper community Youth Leadership Collaborative (Hillcrest and Mount Pleasant Community Centres, Little Mountain and Mount Pleasant Neighbourhood Houses and the Tupper Community School Team)

Pro-D Day: Friday, Nov 25

School NOT in Session.

Attention Grade 12s: Deadline is on Friday, Dec 2

Hey Grads! **Grad hoodies** are ready to order! Please review the list outside the office to make sure your preferred name will be spelled correctly on the back of the hoodie. Fill out the form on Teams to order. The deadline is December 2nd.

Basketball Tryouts:

Please see Ms. E. Wong in the Gym if you have any questions.

Juvenile Girls (Grade 9) Bball Tryouts:

Fri Nov 18 at 3pm

Mon Nov 21 at 3pm

Tue Nov 22 at 3pm

Bantam Boys (Grade 8) Bball Tryouts:

Wed Nov 16 at 7am

Fri Nov 18 at 7am

Mon Nov 21 at 7am

Bantam Girls (Grade 8) Bball Tryouts:

Thu Nov 17 at 7am

Mon Nov 21 at 3pm

Tue Nov 22 at 7am

Tuesday program at Hillcrest Community Centre:



OLD ITEMS:

CST After School Programs:

Homework Club:

In partnerships with Little Mountain Neighborhood House Tupper Homework Club is back. The program will run with staff, Stephanie and Isabella on **Tuesdays and Thursdays, 3:00-5:00pm in the cafeteria every week** throughout the school year. Come to the first day of program or the Community Schools Office for a registration form.

Neighborhood Crew:

In partnership with Mount Pleasant Neighbourhood House Neighbourhood Crew is back. Program will run on **Wednesdays, 3:00-4:30pm in the Staff Room every week** throughout the school year. Come say hello to Danielle, Laura and Shayan. Pick up your registration form in the Community Schools Office or during program.

HELPFUL RESOURCES:

Tupper Clubs List:

Tupper Clubs are running. Please see the complete clubs list on the school website.
<https://www.vsb.bc.ca/schools/sir-charles-tupper/Extracurricular/Clubs/Pages/default.aspx>

School Fees:

School fees can be paid online by visiting <https://vsb.schoolcashonline.com/>. If this is your first time using our online fee payment system, please register using your student's name. You can pay for school fees, course fees and workbook fees! Should you have any questions, please email tupper@vsb.bc.ca.

General Inquiries:

Please take a moment to visit and familiarize yourself with our school website, [Tupper.vsb.bc.ca](https://www.vsb.bc.ca) as we update our website daily. Should you have any general inquiries, please feel free to email us at tupper@vsb.bc.ca and we will respond to your email as soon as possible.

Having Problems with MyEd Family Portal:

Please note that access to the MyEd Family Portal is shared with the student and parents/guardians. If you have forgotten the password, you can reset your password through the below password recovery

link. https://www.vsb.bc.ca/Student_Support/General_Resources/MyEdBCStudentFamilyPortal/Pages/Account-Management.aspx

Please send an email to tupper@vsb.bc.ca if your MyEd account is disable.

Having Problems with Office 365:

Students are able to reset their own Office 365 passwords by clicking [here](#). Please note that you will require your birthday as well as your Personal Education Number (PEN) which you can obtain from your MyEd account or you can find it on a past report card. Should you require assistance logging into your Office365 account after resetting your password, [please click here for a step-by-step guide](#).