

VBE's INSIDE OUT: Stories of Identity Project

HOW TO MAKE WHEAT-BASED GLUE

HOW TO Videos:

- <http://www.jr-art.net/videos/inside-out-project-do-your-glue>
- http://www.youtube.com/watch?v=V9uwaGg_7NI

RECIPES

Medium pot:

Ingredients:

- 4 cups of Flour
- 6 cups of Cold Water
- 12 cups of Hot Water
- 1 cup of Sugar

Directions:

- Heat 12 cups of hot water in a pot until it boils
- Mix 4 cups of flour into a bowl with 6 cups of cold water (2 cups at a time). Stir mixture with a whisk until most of the lumps are smooth
- Add the 'pourable' mixture to the hot water (water does not have to be at full boil)
- Mixture will thicken quickly, stir occasionally to prevent burning on the bottom of the pot
- Once mixture begins to bubble, turn off the heat and allow mixture to cool (pour into large rectangular bins for quick cooling)
- Once mixture has cooled, add a cup of sugar

Large pot:

- 6 cups of Flour
- 9 cups of Cold Water
- 18 cups of Hot Water
- 1.5 cups of Sugar

Directions:

- Heat 18 cups of hot water in a pot until it boils
- Mix 6 cups of flour into a bowl with 9 cups of cold water (2 cups at a time). Stir mixture with a whisk until most of the lumps are smooth
- Add the 'pourable' mixture to the hot water (water does not have to be at full boil)
- Mixture will thicken quickly, stir occasionally to prevent burning on the bottom of the pot

- Once mixture begins to bubble, turn off the heat and allow mixture to cool (pour into large rectangular bins for quick cooling)
- Once mixture has cooled, add a 1.5 cups of sugar